



DUPONT CIRCLE *Village* Shattering the Stereotype

Adams Morgan • Dupont Circle • Kalorama

“Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing or learning to do.”

— Pelé

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Welcome New Members!

Peter Biche

Why Picking Up a Pen Still Matters

In a world of laptops, tablets, and smartphones, it may be tempting to think that handwriting is a relic of the past. Yet new research suggests that putting pen to paper may be one of the best things we can do for our brains.

By Eva M Lucero

suggests that putting pen to paper may be

Dr. Audrey van der Meer, a Norwegian neuroscientist, spent more than two decades studying how handwriting affects the brain. In a 2024 study, she and her team found that when people write by hand, multiple regions of the brain involved in memory, learning, sensory processing, and attention become highly connected and active. When the same people typed the same words on a keyboard, much of that brain activity disappeared.

Why the difference? Handwriting requires a complex series of coordinated movements involving the fingers, hand, eyes, and brain. Each letter has a unique shape, and the brain must continuously solve small spatial and motor challenges. Typing, by contrast, relies on repetitive keystrokes that engage far fewer brain networks.

Earlier research from Princeton University reached a similar



conclusion. Students who took notes by hand demonstrated better understanding and retention than those who typed. Because handwriting is slower, it forces us to listen carefully, identify key ideas, and put them into our own words—a process that strengthens learning.

For Villagers, this research offers a simple reminder: keeping a journal, writing letters, taking notes during a lecture, jotting down a grocery list by hand, or using an old-fashioned paper calendar can help keep the mind engaged and active. I am aware that some Villagers still rely on paper calendars, which may be another small example of how handwritten habits continue to have value.

Sometimes the old-fashioned way really is the smarter way.

President's Notes



Staying Safe at Home: New Programming to Support Independent Living

For most of us, remaining in our own homes as we age is a cherished goal. As part of our ongoing commitment to helping members live safely and independently, the Village is exploring a series of programs focused on home safety, including fire prevention, fall prevention, and access to emergency services.

Program ideas emerged from DCV's Fireside Chats—gatherings designed to engage more villagers in volunteer activities. Several participants expressed interest in the topic of home safety. At the same time, my personal physical therapist, who has experience in home health care, shared her experience conducting home-safety assessments. She volunteered to join a team of villagers—including a cardiologist, a retired physical therapist, and two organizers. Together, we visited the homes of five DCV members to assess potential safety concerns.

What emerged from these visits was quite different from what our home-assessment expert anticipated. Rather than simply identifying risks and recommending solutions, the team found themselves learning from the

creativity, resourcefulness, and lived experience of our villagers.

One topic that generated discussion was fire safety. What would you do in the event of a fire in your home? How would firefighters get in, and how would you get out? One villager living in an apartment building discovered that the building had neither overnight front-desk staffing nor an exterior firefighter access box. Not all apartment buildings in Washington have these boxes; requirements depend on a building's age, fire-protection systems, and the fire codes in effect when it was constructed. Even when firefighters can enter a building, they may not have access to individual apartments. After recognizing this vulnerability, the villager worked with fellow residents to place apartment keys in a secure firefighter access box.

Technology was another recurring theme. The oldest villager we met had strategically placed Echo devices throughout her home. Connected to Alexa, they remind her to take medications, place phone calls on command, provide weather updates, notify her when packages arrive, and can even call 911 in an emergency.

The system can also be linked to smart lights, thermostats, and locks, allowing many household functions to be controlled by voice. In addition, she carries an Apple Watch that can detect falls when she is outside the home. She recently installed an electronic door-entry system that allows her to admit visitors without navigating a flight of stairs. Her approach demonstrated how technology can extend independence while reducing everyday risks.

For those of us living in homes with multiple levels, we dream of technologies that could help us surmount the danger of stairs as we age. Residential elevators are becoming smaller, more efficient, and more affordable. New vacuum and shaftless designs eliminate the need for bulky equipment, making installation feasible in many existing homes. Emerging systems integrate with smart-home technology, allowing voice control, remote monitoring, and predictive maintenance alerts. Some even use regenerative energy systems that capture energy during operation and feed it back into a home's electrical system, reducing power consumption.

The home-safety visits reminded us that there is no single solution to aging in place. Extending our ability to live independently in our homes could include technology, new home safety designs, and learning from each other. By sharing experiences and ideas, we can help one another remain safe, independent, and connected in the homes we love.

July Calendar



Visit the DCV website [calendar](#) to find further information for each event listed below.
REGISTER Online, or at admin@dupontcirclevillage.net, or contact DCV Office at **(202) 436-5252**

Home Social Hour — Groer

Monday, July 6th, 4:30 — 6:00 pm
Location: Home of Annie Groer
Registration Deadline: July 3rd
Host: anniegroer@gmail.com, (202) 489-4044 (p)

Home Social Hour — Wiebenson

Monday, July 6th, 5:30 — 7:00 pm
Location: Home of Abigail Weibenson
Registration Deadline: July 3rd
Host: abigailwiebenson@gmail.com
Phone: 202-492-7086

Tour — How Artists Celebrate Patriotism at the NGA

Tuesday, July 7th, 10:30 — 11:30 am
Location: NGA — West Building
6th and Constitution Ave NW
Registration Deadline: July 6th
Host: bmerricks@msn.com, (202) 328-0746

Tour — Capital Jewish Museum: Blacklisted: An American Story

Wednesday, July 15th, 10:30 — 11:30 am
Location: 575 3rd Street, NW
Registration Deadline: July 14th
Host: afgottlieb@gmail.com, (202) 441-1932

Happy Hour — El Secreto de Rosita

Wednesday, July 15th, 4:30 — 6:00 pm
Location: 1624 U St NW
Registration Deadline: July 14th
Host: nys2dc@gmail.com, (585) 469-1182

Live & Learn: Declutter for Good

Friday, July 17th, 2:00 — 3:30 pm
Location: DCV Office, 2121 Decatur Pl NW
Registration Deadline: July 15th
Host: depdir@dupontcirclevillage.net
Phone: 202-436-5252

Saturday Movie Matinee: Broadcast News

Saturday, July 18th, 2:00 — 4:30 pm
Location: DCV Office, 2121 Decatur Pl NW
Registration Deadline: July 17th
Host: mlheppel@gmail.com, (856) 332-0916

LGBTQ Friends Group Gathering: Gay Trivia Party — New Date

Tuesday, July 21st, 5:00 — 7:00 pm
Location: HER Diner, 2004 18th Street, NW
Registration Deadline: July 20th
Contact: tmsndc@gmail.com, (202) 487-5266

Home Social Hour — Logan

Wednesday, July 22nd, 7:00 — 8:30 pm
Location: Home of Marcy Logan
Registration Deadline: July 19th
Host: Email: logan.marcy@gmail.com, (202) 316-5329

Tour — SAAM Nick Cave Exhibit: Mammoth

Thursday, July 23rd, 11:00 am — 12:00 pm
Location: Smithsonian American Art Museum
8th and G Streets, NW
Host: bmerricks@msn.com, (202) 288-8743

Film Noir Screening & Discussion

Saturday, July 25th, 2:00 — 4:00 pm
Location: DCV Office, 2121 Decatur Pl NW
Registration Deadline: July 24th
Contact: patricia.baranek@yahoo.com, (202) 812-4854

MONTHLY EVENTS

Men's Book Group

Monday, July 6th, 11:00 am
Location: 2121 Decatur Place NW
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

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July Calendar

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Navigating the Path Ahead – Date Change

Tuesday, July 14th, 4:00 – 5:00 pm

Location: Virtual

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mystery Book Group

Friday, July 31st 27, 3:30 – 4:30 pm

Location: Virtual

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm and 3:30 pm

Location: DCV Office

Limit: 8

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Online Meditation

Mondays and Thursdays, 9:00 – 9:30 am

Location: Virtual

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Chair Yoga

Tuesdays, 10:30 – 11:30 am

Location: Virtual

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Accessible Mat Yoga

Mondays, 3:30 pm – 4:30 pm

Location: Virtual

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Coffee and Conversation

Thursdays, 10:00 – 11:00 am

Location: Annie's Paramount Steak House
1609 17th Street, NW

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Bridge Group

Thursdays, 1:30 – 3:30 pm

Location: DCV Office – enter at 2111 Decatur Pl NW

RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mahjong

Thursdays, 2:00 – 4:00 pm

Location: hosted live by Bobbi Milman

RSVP: rmilman@comcast.net or (202) 667-0245

Knitting Group

Every other Thursday, 4:00 pm

Location: Online and in the DCV Office

RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday

8:30 am (Winter/Fall) – Starting October 13th

8:00 am (Spring/Summer)

Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am

Meet at northwest corner of Kalorama and Columbia that borders Kalorama Park

July Birthdays



Happy Birthday to all members born in July!

John Hammer, Cathy McClannan, Kristin Durfee, Sandra Yarrington, Margaret Dunkle, Wendy Schumacher, Michael Speer, Helene Diener, Roger Foreman, Ann McFarren, Linda Ingram, Diane Perlman, Cynthia Williams, Naomi Ayala, Arlene Karesh, Helen Dye, Karen Franklin, Michael Seto, Nancy Diamond, Marie Marcoux, Bill Rogers, James Reese, Ceceile Richter, Sally Lesser, Claudette DuCran, Irv Rosenthal, Patrice Coss, Jean Holland and Stacie Marinelli.



Flying Solo, Not Alone: Continuing Thoughtful Discussions

By Phyllis Kimmel

Session II Financial Planning and Legal Matters

The second of six sessions of DCV's *Flying Solo, Not Alone* program was held on May 4. The program, developed by **Arlene Lutenecker** and Abigail Wiebenson with significant input from the Health and Wellness Committee, addresses the growing need of solo agers. The group shared some of their worries ("what keeps you up at night?"), ranging from the cost of continuing care, the complications of long-term care insurance, and budgeting for dental care and hearing aids.

Randy Nittoli, a financial advisor at Edward Jones, led a conversation and fielded questions about financial security during retirement. Envisioning what you want your retirement to look like is an important starting point. He recommended seeking help from three different types of professionals (1) a financial planner, (2) an estate attorney, and (3) a CPA for tax assistance (think of a three-legged stool helping to support you). Randy stressed the importance of having a financial fiduciary on your team—someone who is obligated to act in your best interests, versus a stockbroker whose goal is to sell investments or other financial products. And he urged Villagers not to be shy about asking financial advisors about their fees; the good ones will be transparent about this. Even among participants with knowledge in this area, feedback indicated that the session served as a wake-up call to begin setting up this three-legged stool. To help DCV solo agers with this daunting task, Arlene and Abigail developed and shared a simple questionnaire to use when talking with financial advisors.

Session III Where's the Best Place for Me to Live?

The third session was held on June 8, 2026. Before the start of the session, Abigail and Arlene provided a wealth of handouts on downsizing and decluttering, options for evaluating and disposing of possessions and paperwork, terms to know when choosing a retirement community, and questions to ask when evaluating assisted living and other facilities. Some of the most frequently used acronyms (and important to know) are **LOC**, which refers to the level of care a person needs, and **ADLs**, which are

the activities of daily living that one needs help with (such as bathing, dressing, eating and drinking, and transferring). Participants shared other ideas for questions to ask facilities: is the facility financially stable, how often does it raise rates, and is it for-profit or non-profit.

Participants shared questions and concerns with one another about how to decide whether to stay at home—some feel it may be safer to move to an apartment without stairs, for example. Others articulated a worry that their home may be too small to accommodate a caregiver should that become necessary. Conversely, some expressed concerns about moving out of their homes, due to high costs and a fear of giving up part of one's identity. There was a lively discussion about the concept of "pods," communal living for seniors, which could take different forms, including having several friends living nearby in the same apartment building.

Expanding Support Systems

Continuing the threads from the earlier sessions, at the beginning of Session III, the 20 participants broke into small groups and shared with each other what has been going well in identifying and expanding support systems, and in financial planning. A recurring theme articulated by several Villagers was a concern that their friends and family have moved away, and that they do not want to be a bother to others. Abigail and Arlene continued to urge Villagers to take small steps to build on their "relationship circles" and support teams and offered suggestions for small steps to take, such as signing up for just one new DCV activity.

When asked to identify one thing they went away with after the third session, participants shared that they realized they have more options than they previously thought; they are thinking more about the levels of care; but ultimately, that there is no easy answer. While there is certainly no one right or easy answer, the resources provided, thoughtful discussions, and the connections made at the Flying Solo, Not Alone program, are all invaluable tools to help get there.

The final three sessions of Flying Solo will be August 31 (healthcare concerns), October 5 (end-of-life planning), and November 2 (wrap-up).



Perry's Drag Brunch — "The Most Fun Brunch Ever!"

If you are interested in a fun Sunday activity with your good friends; if you enjoy nonstop laughing, clapping, and giggling; and if you enjoy a great brunch with all your favorite foods,

I strongly suggest you consider **Perry's Sunday Drag Brunch** in Adams Morgan!



My "Going Out" regulars, Sarah and Tom, plus the Village's own **Eva M. Lucero** and two more good ones, Melinda and Robert, made for a great group of 6. While we had all attended the Brunch previously, we each admitted it had been a few years. All were ready to compare memories and revisit.

Doors opened promptly at 1:00 pm, and we were immediately shown to our table. The buffet line formed quickly as everyone wanted to be in their seats before the show started. All seats were taken with about 150 persons in attendance.

While I am pretty sure the audience was there for the show, the buffet was very good! A classic American spread with sweet rolls, scrambled eggs, bacon, toast, potatoes of various sorts, salads, fruit, and even fried chicken. I particularly enjoyed the pastries and sweet potato fries. Fruit juice and coffee are included, and a full bar is available. And, seconds and thirds are very possible.

As soon as the initial buffet line dwindled and everyone found their seat, the show began. The drag queens were, in a word, spectacular! Each more spectacularly dressed than the prior, each belting out classic dance tunes from your favorite disco performers. (I admit my age when I jumped up for "I Will Survive" by Gloria Gaynor and "Hot Stuff" by Donna Summer.) Within seconds, each performer had the crowd clapping and singing along. I don't think I have ever seen a room of 150+ people laugh, smile, and clap so much! Bring lots of \$1 bills and be ready to tip, tip, tip! In all, I think I counted 6 performances spread over about 90 minutes. A very special "shout out" to the father recognized by the queens for celebrating his birthday while accompanied by his young daughter dressed in a princess outfit. She was a clear favorite of the queens, and I am pretty sure she had been to the Drag Brunch before.

While Perry's is open 7 days a week for dinner, their Drag Brunch happens only twice a week, 10:00 am and 1:00 pm on Sundays. Reservations are absolutely required and made through Resy Events links and require a \$20 deposit per guest. The cost of the performance and breakfast buffet is \$39.95 + tax + service charge. Beverages are not included, but a full bar is available for purchase through your server. The \$20 deposit will be credited to your final bill.

Birthdays, anniversaries, and engagements are popular reasons to attend. I also suspect I saw several instances of DC locals bringing their out-of-town relatives and friends to get a taste of the DMV.

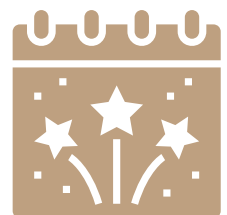
— Enjoy, Tom Carmody

Save the Date!

Get ready for our Interactive Celebration of DCV and our **Legacy Giving Program!** It will inspire, delight, and remind you why our community is so extraordinary. This is one night you absolutely cannot miss!

See you there!

Friday, October 16th
Inspir Embassy Row
2100 Massachusetts Ave NW,
5:00 PM to 6:30 PM



Dr. Tin Lok Wong

George Washington University Hospital Geriatric Medicine Fellow

By Tom Carmody

In May 2026, **Dr. Tin Lok Wong** spent a week with Dupont Circle Village as part of his Geriatric Medicine rotation at George Washington University Hospital. His very full week included an overview from **Eva** on the Village, meeting several members, observing a vaccination clinic, meeting with the DCV case management team and sitting with me for this profile!

Tin was introduced to the DC Village Network by the head of his Geriatrics and Palliative Care Department, Dr. Elizabeth Cobbs. Dr. Cobbs is very familiar with the senior village concept and encouraged Tin to reach out to the DC villages. Tin reached out to three villages—Capitol Hill, Dupont and Foggy Bottom—and arranged time with each to learn of their services and meet their members. His goal is to further understand the target population of the village network and how he, as an aspiring future Geriatrics Specialist, can better serve them.

As a medical doctor aspiring to specialize in providing health services to seniors, Tin was keenly interested in learning more about the village network and the services it provides to its senior members. He mentions his close family, particularly his parents and grandparents, as well as his Hong Kong culture, for his longtime motivation for working with seniors.

Tin immigrated to the States with his family from Hong Kong when he was 13 years old, settling in Montgomery County. Tin grew up in Rockville and went to school in the area. He has nice memories of summer family vacations at Ocean City!

His first encounter with the medical profession came as a volunteer Emergency Medical Technician with Montgomery County. This experience led to medical school at Lake Erie College of Osteopathic Medicine at their Florida campus. Confessing to being a bit homesick, he chose Inova Fairfax Hospital in nearby Virginia for his residency.

Tin's current placement at GWU is as a National Health Service Corps Scholar. In exchange for his studies, Tin is committed to four years of service. Following his residency at GWU, he plans to work at the Southwest Clinic of Unity Healthcare, a federally-funded healthcare center for low-income patients in SW DC. He will spend four years there as primary care physician. Again, he hopes to focus on geriatrics as part of his work.



Having a strong knowledge of the operation and benefits offered by a senior village, Tin says he will be much better placed to work with senior patients. He acknowledges that, while a medical doctor can address many health issues, there is a wide collection of helpful services that can contribute to a senior's wellbeing.

While he is very familiar with the US system of senior living facilities, he also knows how much seniors wish to reside in their homes as long as possible and that living at home, even with some supplemental assistance, is far less expensive than living fulltime in a

senior living facility.

After his residency at the SW Clinic, Tin aspires to open a geriatric practice offering full services to seniors. Within a single practice, he plans to provide basic healthcare, more advanced screening and testing, counseling on navigating Medicare and health insurance, an onsite pharmacy, easy access to physical therapy and more. Whatever health services a senior might need under one roof! (Sounds pretty good to me!)

Tin's vision comes from a collection of experiences he has gathered over the years. Growing up and listening to his family's stories, he appreciates the benefits of Hong Kong's universal health care with pharmacies located within the health clinic as well as easy access to testing facilities such as MRIs, Xrays or CT scans as well as needed specialists onsite. He also cites the Canadian system as having some positive aspects to possibly replicate in the US system.

When he isn't studying and practicing medicine, Tin enjoys cooking for his wife and friends. As a poorly paid medical student, he became skilled in seeking out affordable ingredients to cook for himself and his friends. While he started with familiar and favorite Asian dishes, his time in the States has added a fondness for American barbecue. His favorite restaurant is 2Fifty Texas Barbecue and he aspires to have his own smoker and barbecue!

Tin also enjoys the outdoor spaces in the DC area. Hiking in the Shenandoah, West Virginia and Harper's Ferry areas are favorites as well as in Rock Creek Park in the District.

Please join me in wishing Tin all the best in his medical career and sending him a big "thank you" for his passion for working with us seniors!

The Story Behind the DCV Men's Book Group

By Eva M Lucero

The DCV Men's Book Group has been bringing Villagers together through books and conversation since its founding in 2018. The group was the vision of the late **Peter Vandevanter**, a retired journalist and dedicated DCV member who believed that reading could be a powerful way to build friendships and strengthen community among Village men.

At the group's organizational meeting on December 10, 2018, Peter shared his experience starting an electronic book club at a Presbyterian church in Denver. Reflecting on that experience, he told attendees, "A book group is really about camaraderie." When he asked the nine men present why they had come, every one of them gave the same answer: camaraderie.

Peter observed that while women at Village gatherings often knew one another well and easily connected, many of the men arrived as strangers with little common ground for conversation. The Men's Book Group was created to provide that starting point—a place where friendships could develop through thoughtful discussion and shared reading.

The group quickly agreed on a mix of fiction and nonfiction titles. Their first selection was *Bad Blood* by John Carreyrou, the gripping account of Elizabeth Holmes and

the rise and fall of Theranos. It proved to be an excellent choice, sparking lively discussion as the story continued to unfold in the national news.

Over the years, the group has read dozens of books and returned repeatedly to favorite authors, including Amor Towles, David McCullough, Erik Larson, Candice Millard, Ernest Hemingway, and Nicholas Ludlow.

Today, only two participants from that first meeting remain active members of the group: **Lex Riefel** and **Bob Hirsch**. The group also benefited from the early support of **Kathy Cardille**, who represented the Activities Committee and worked tirelessly to help launch the program.

As of today, **Bob Hirsch** has maintained a record of the group's reading history. Since its founding, the Men's Book Group has read 71 books (list below). The titles are identified as either Fiction (F) or Nonfiction (NF) and are listed in approximately reverse chronological order, with the most recently discussed books at the top and the earliest selections at the bottom. The group meets monthly on a Monday at 11:00 AM at the DCV office and then most of those present go out for lunch somewhere in the neighborhood. Anyone interested in joining can contact Bob Hirsch (rmhirsch49@yahoo.com) to find out about the date of the next meeting and the book being discussed.

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June Birthdays



Abigail Wiebenson hosted the Villagers born in June. L-R Laurie Calhoun, Patty Zwiebel, Stephan Benzel, Joan Rogliano, Art Fornari, Judi DuBerrier and Bob Hirsch.

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Dupont Circle Village Men's Book Group – Books read from 2018 - 2026

This is a fairly accurate list of the books that have been read by the Dupont Circle Village Men's Book Group from its founding in December 2018 through June of 2026. It is possible that a few books have been missed here, and there may be one or two listed that I read but were not for the Book Group. In some cases, I've added a few extra words in parenthesis to give a little clue to what the book was about. They are listed as being either Fiction (F) or Non-Fiction (NF). They are roughly in reverse chronological order (newest at the top, oldest at the bottom). There are 71 books on the list. Compiled May, 2026 by **Bob Hirsch**.

Title	Author	
The End of Men, and the Rise of Women	Hanna Rosin	NF
All the Kings Men	Robert Penn Warren	F
Careless People (Facebook)	Sarah Wynn-Williams	NF
Plainsong (Eastern Colorado)	Kent Haruf	F
Peacemaker (biography of U Thant)	Thant Myint-U	NF
Girlfriend on Mars	Deborah Willis	F
1776	David McCullough	NF
The White Ghost (mystery: WWII south Pacific)	James R. Benn	F
The Demon of Unrest (start of Civil War)	Erik Larsen	NF
Out Stealing Horses	Per Petterson	F
A Sand County Almanac	Aldo Leopold	NF
James	Percival Everett	F
Other Rivers (modern China)	Peter Hessler	NF
Bruno, Chief of Police (French, murder mystery)	Martin Walker	F
The Big Burn (1910 fire in Idaho and Montana)	Timothy Eagan	NF
The Old Man and the Sea	Ernest Hemingway	F
An Unfinished Love Story (JFK & LBJ history)	Doris Kearns Goodwin	NF
The Worlds I See (Autobiography, leader of AI)	Fei-Fei Li	NF
The Heaven and Earth Grocery Store	James McBride	F
The Quiet American (US in Viet Nam)	Graham Greene	F
On Dupont Circle (famous former residents)	James Srodes	NF
Demon Copperhead	Barbara Kingsolver	F
Brave New World	Aldous Huxley	F
Riders of the Purple Sage	Zane Grey	F
Differ We Must (Abraham Lincoln)	Steve Inskeep	NF
Prisoners of Geography	Tim Marshall	NF
Harlem Shuffle	Colson Whitehead	F
Sapiens	Yuval Noah Harari	NF
The Catcher in the Rye	J.D. Sallinger	F
Dancing at the Rascal Fair (Western Montana)	Ivan Doig	F
The Lemon Tree (Israel/Palestine)	Sandy Tolan	NF

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Dupont Circle Village Men's Book Group – Books read from 2018 - 2026

Hamnet	Maggie O'Farrell	F
Lessons in Chemistry	Bonnie Garmus	F
The Story of Russia	Orlando Figes	NF
In the Heart of the Sea	Nathaniel Philbrick	F
River of the Gods (the source of the Nile)	Candice Millard	NF
Dark Voyage	Alan Furst	F
The Accidental President (Truman 1945)	A.J. Baime	NF
The Last Trial	Scott Turow	F
There is Nothing For You Here	Fiona Hill	NF
The Dutch House	Ann Patchett	F
Red Roulette (recent China biography)	Desmond Shum	NF
The Lincoln Highway	Amor Towles	F
Wildland: The Making of America's Fury	Evan Osnos	NF
Montana 1948	Larry Watson	F
The Code Breaker (biography: Jennifer Doudna)	Walter Issacson	NF
A Promised Land (autobiography)	Barack Obama	NF
Beyond the 100 th Meridian (bio: John Wesley Powell)	Wallace Stegner	NF
The Splendid and the Vile (Churchill, Battle of Britain)	Erik Larsen	NF
1947	Elisabeth Asbrink	NF
Utopia For Realists	Ruter Bregman	NF
The Overstory (eco-radicals, tree huggers)	Richard Powers	F
A Farewell to Arms	Ernest Hemmingway	F
Ikigai (Japanese guide to aging)	Hector Garcia	NF
Sea of Poppies (Opium Wars)	Amitav Ghosh	F
Our Man: Richard Holbrook, End of the American Century	George Packer	NF
Rules of Civility	Amor Towles	F
The Silk Roads	Peter Frankopan	NF
Destiny of the Republic (bio: James Garfield)	Candice Millard	NF
Lost Girls of Paris (1946)	Pam Jenoff	F
Fascism: A Warning	Madeleine Albright	NF
Palace Walk (Cairo, early 20 th Century)	Naguib Manfouz	F
A Thief of Time	Tony Hillerman	F
Marjorie Morningstar	Herman Wouk	F
Bad Blood (bio: Elizabeth Holmes and Theranos)	John Carreyrou	NF
A Gentleman in Moscow	Amor Towles	F
Johnstown Flood	David McCullough	NF
The Path Between the Seas (Panama Canal)	David McCullough	NF
The Boys in the Boat (1936, U of Washington Rowing Team)	Daniel James Brown	NF
The King of Kalorama	Nicholas Ludlow*	F
Crossing Florida in Seven Seconds	Nicholas Ludlow*	F

Out and About



▲ **Bob McDonald** and **David Insinga** recently traveled to Japan. This photo is a dinner event with Maikos



▲ **Abigail Wienbenson** pulling members of the Friday walking group to Sycamore Island for a perfect summer evening picnic.



▲ The June Soup Salon featured local author and native **Bob Dover**, who uses the city's bridges as an index of the times, tracking the District's growth, decay and rebirth from the 1750s to today. "Bob's passion for bridges was contagious," remarked Villager **Peggy Siegel**. "His knowledge on the subject, coupled with his ability to share interesting stories, offered us an invaluable history lesson: Literally, bridges connect our diverse communities. Metaphorically, they are what binds us together. A compelling message for our challenging times."

August Birthdays



A very happy birthday greeting to Villagers celebrating August birthdays!

Ilene Ellenbogen, Olga Hudecek, Susan Doolittle, Lolita Ellis, Suzanne Rosenthal, Gene Gibson, Sheila Lopez, Caroline Harlow, Steve Kittrell, Roberta Milma, Jeanne Downing, JoyceLiberto, Yannick Chevalier, Sheldon Katz, Gloria Valle, Larry Stuebing, Lucia, Edmonds, Robert Finkel, Charlie Bien, Oana Luca, Pat Baranek, Charletta Cowling, Tom Carmody, Serena Lo, Brookstley Born, Monica Heppel, Sam Liberto, Rob Nevitt, Mel Goldstein and Bill O'Brien.

DUPONT CIRCLE
Village
Shattering the Stereotype

Out and About



▲ **Art Fornari** hosted the first art-themed home social in his apartment in Georgetown.



▲ **Alice Day** and **Pender McCarter** enjoying Tea Time at ching, ching, CHA.



▲ **Lois Berlin** and **Larry Stuebing** in a Slovakian Village - Vlf - on their way to Krakow, Poland.



▲ **Ken Shuck's** Genealogy Conference finally took place in Lancaster, Pa with a focus on the Amish and Mennonite Pennsylvania Dutch, their old-world German customs, lives, foods, beliefs, history, dress, quilts, music, jokes, and descendants. The countryside is one of the most beautiful in the world. **Carol Galaty** and Ken were mesmerized by the miles and miles of rolling hills, covered by green, green fields, periodic large picture perfect farms surrounded by colorful flowers, fat healthy black and white cows, with elegant trotting horses drawing black and gray Amish and Mennonite buggies trotting along the winding black tarmac roads.

Out and About



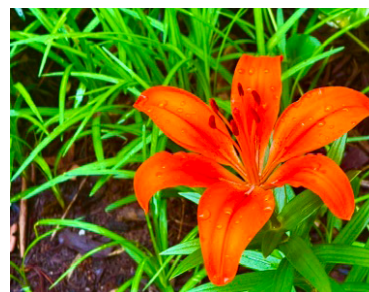
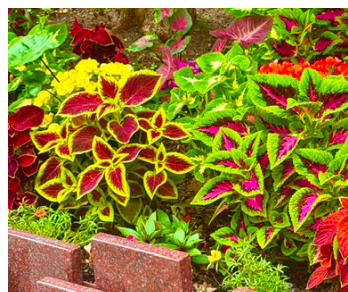
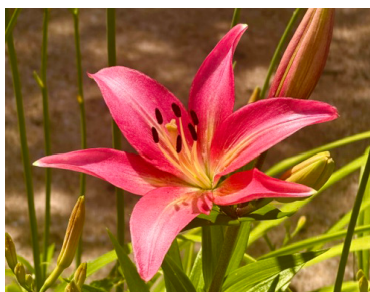
◀ Villagers toured the Department of the Interior Building which features more Public Works Administration (PWA) artwork than any other Federal building and has the second most PWA artists represented.



▲ Villagers enjoying the landmark exhibition titled ***A Better Life for Their Children: Julius Rosenwald, Booker T. Washington, and the 4,978 Schools that Changed America*** at the Building Museum.



▲ DCV hosted a pizza party/happy hour at Protest Pizza in celebration of Pride month!



▲ **Jim Chamberlin** sharing vibrant photos from the neighborhood.

Out and About



DCV was proud to host a table at the 17th Street Pride Celebration, where we enjoyed many meaningful and engaging conversations with community members throughout the day. The event provided a wonderful opportunity to share information about Dupont Circle Village, our mission of helping older adults age in place, and the many ways Villagers support one another.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



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