



DUPONT CIRCLE *Village*

Shattering the Stereotype

Adams Morgan • Dupont Circle • Kalorama

“Experience is merely the name men gave to their mistakes.”

— Oscar Wilde

What's Inside

- 1 Oh, What a Night!
- 2 President's Notes
- 3 May Calendar
- 4 April Birthdays
- 5 DCV Case Management
Six Ways to Avoid Healthcare Headaches
- 5 Launch of a New Program —
Flying Solo, Not Alone
- 6 Health & Wellness:
Am I depressed?
- 6 May Birthdays
- 7 Good Eats
- 7 Summary, Lena Wen "Want to
avoid dementia? Here's what
the science says"
- 8 Meet New Member,
Daniel Emberley
- 8 Planned Giving
Announcement
- 9 Out and About

Welcome New Members!

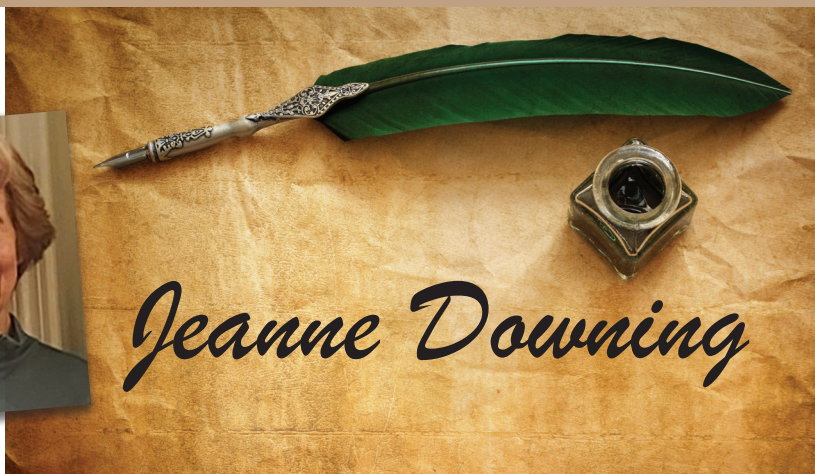
Carolinda Hales
Stuart Elliot & James Morrison
Lynne Klimmer
Lauren Lezell

Oh, What a Night!

DCV's sold-out Cinco de Mayo Gala! A fabulous new venue, delicious food, lively mariachis, meaningful awards, heartfelt speeches, and plenty of joy made for an unforgettable evening. Most of all, the night captured the true spirit of our Village — warmth, friendship, camaraderie, and a vibrant sense of community. It was a celebration of the wonderful people who make DCV such a special place.



President's Notes



A Good Death

Many end-of-life discussions grapple with the idea of a “good death.” This was a central topic of DCV’s My Way Program, as well as the title of the program’s capstone lecture given by my Chris Palmer. While Chris’s book offers practical advice for end-of-life planning, there can also be a tradeoff between what is practical and what makes us feel comfortable, at ease, and even happy.

In reflecting on the choices between what is practical or “safe” and what makes us feel comfortable and happy, I found myself thinking about the deaths of three members of my family—my grandfather, my father, and my aunt.

My grandfather lived in the country outside of Charlottesville, Virginia, in what seemed to me to be a rather large house, from which he ran a country store and the post-office of the tiny town of Easton. His life had been difficult: during the Depression, he struggled to find work and dreamed of going to a college he could never afford. Aside from reading, the great love of his life was his garden — a magnificent flower garden. After the death of his wife, he was left alone in this big house. My aunt worried about his safety and

urged him to move into her family’s home. After no small amount of cajoling, he agreed—reluctantly. But months before he died he told me how unhappy he had been and how much he missed his home and his beloved garden.

My father had similar feelings to my grandfather about the balance between safety and comfort and happiness. In his early eighties, he was diagnosed with two cancers: early-stage prostate cancer and throat cancer—an exposure-related cancer stemming from a posting between Nagasaki and Hiroshima at the end of World War II. Both were successfully treated, but the treatments left lasting effects that seemed to blend into—or perhaps contribute to—his next diagnosis: multiple system atrophy. Despite his impairments, he went downhill skiing in Switzerland in his mid-eighties. At eighty-eight, he attempted a trip to the Galápagos Islands but fainted in the airport and spent eleven days in a Quito hospital (an experience he surprisingly enjoyed). By ninety, he could only get around with a walker. His wife created a comfortable “nest” for him in his bedroom and arranged for a home health aide during the day. Still, in the middle of the night, he would get up and fall—into a

mirror or in the shower—suffering injuries—a bloody face or bruises though never broken bones. Even so, he insisted that he wanted to remain at home. He was adamant: “I don’t want to be in a facility.” Having spent part of World War II in the Army teaching young men how to deactivate mines, falling into a mirror was a risk he was willing to accept.

My aunt, by contrast, died in a facility. Though a lovely and loving person, she was diagnosed in her late eighties with dementia. As the disease progressed, it left her with little agency over her life. Her husband, who—like my father—strongly opposed moving into a facility spent one night there and died (he was 100). Her children visited my aunt often and showed devotion beyond any expectation. Yet the last fifteen years of her life were consumed in an increasing fog of dementia, not quite knowing who was around her or where she was. She never had the chance to weigh safety against ease or happiness.

Taken together, maybe these life stories tell us that a “good death” is not a single, universal ideal, but a deeply personal balance between safety, autonomy, comfort, and meaning. For some, like my grandfather, the loss of place and independence overshadowed what my aunt defined as “safety.” For others, like my father, the willingness to accept risk was inseparable from the desire to remain fully himself, at home and on his own terms. And for my aunt, the progression of illness removed the ability to choose at all. As we think about our own plans, the challenge is not only to prepare practically, but to reflect honestly on what matters most to us—and to communicate those priorities clearly to the people who may one day be called upon to help carry them out.

May Calendar

Visit the DCV website [calendar](#) to find further information for each event listed below. REGISTER Online, or at admin@dupontcirclevillage.net, or contact DCV Office at (202) 436-5252

Cinco De Mayo Gala

Friday, May 1st, 6:00 – 9:00 pm
 Location: Friends Meeting of Washington
 2111 Decatur Pl NW
 Host: execdir@dupontcirclevillage.net
 202-436-5252

Flying Solo, Not Alone: Session 2 of 6

Monday, May 4th, 3:00 – 5:00 pm
 Location: FMW Assembly Room
 2111 Decatur Pl, NW
 Registration Deadline: Closed
 Host: abigailwiebenson@gmail.com, 202-492-7086
dalutenegger@gmail.com, (612) 269-4326

The Phillips Collection – Tour of the Miro and the United States Exhibit

Tuesday, May 5th, 11:30 am – 12:30 pm
 Location: 1600 21st Street, NW
 Registration Deadline: May 4th
 Host: Beth Merricks, (202) 288-8743

Home Social Hour – Price

Tuesday, May 5th, 5:00 – 6:30 pm
 Location: Home of Irene Price
 Registration Deadline: May 2nd
 Host: ipricedc@comcast.net, (202) 302-0369
nys2dc@gmail.com, (585) 469-1182

SAAM Tour of Grandma Moses: A Good Day's Work

SThursday, May 7th, 1:30 – 2:30 pm
 Location: 8th and G Streets, NW
 Registration Deadline: May 6th
 Host: bmerricks@msn.com, (202) 288-8743

DCV – Safe at Home Presentation (Virtual)

Friday, May 8th, 11:30 AM – 1:00 pm
 Registration Deadline: May 7th
 Location: Virtual
 Contact: deputydir@dupontcirclevillage.net
 202-436-5252

Film Noir Screening & Discussion

Saturday, May 9th, 2:00 – 4:00 pm
 Registration Deadline: May 8th
 Location: DCV Office, 2121 Decatur Pl NW
 Contact: patricia.baranek@yahoo.com
 (202) 812-4854



Spring Potluck Picnic – Heurich House Museum

Tuesday, May 12th, 11:30 am – 1:30 pm
 Registration Deadline: May 8th
 Location: Garden of Heurich House Mansion
 1307 New Hampshire Ave NW
 (enter on Sunderland Place)
 Contact: mikesilversteinusa@yahoo.com, (202) 746-7455

Happy Hour – Sixty Vines on Washington Circle (1 of 2)

Wednesday, May 13th, 3:30 – 5:00 pm
 Registration Deadline: May 12th
 Location: 2200 Penn. Ave., NW,
 Foggy Bottom Metro & GWUH
 Host: viernesbarb@yahoo.com, (202) 841-0695

Happy Hour – Perry's Rooftop (2 of 2)

Wednesday, May 13th, 5:00 – 6:30 pm
 Location: 1811 Columbia Rd
 Registration Deadline: May 12th
 Sam Liberto
 Host: Sjliberto@gmail.com, (607) 372-2881

Home Social Hour – LaVerda

Thursday, May 14th, 5:00 – 6:30 pm
 Location: Home of Nancy LaVerda
 Registration Deadline: May 11th
 Host: nlaverda@gwu.edu, (202) 731-0777,
nys2dc@gmail.com, (585) 469-1182

Saturday Movie Matinee – Seven Days in May

Saturday, May 16th, 2:00 – 4:30 pm
 Location: DCV Office, 2121 Decatur Pl NW
 Registration Deadline: May 15th
 Host: mlheppel@gmail.com, (856) 332-0916

Continued on page 4

May Calendar

Continued from page 3

Tour of National Building Museum Special Exhibits: A Better Life for their Children

TFriday, May 29th, 10:30 am – 11:30 am
Location: 401 F. Street, NW
Judiciary Square Metro, Across from F Street Exit
Registration Deadline: May 28th
cpw.delaware@gmail.com, (608) 712-7431

Film Noir Screening & Discussion

Saturday, May 30th, 2:00 – 4:00 pm
Registration Deadline: May 29th
Location: DCV Office, 2121 Decatur Pl NW
Contact: patricia.baranek@yahoo.com
(202) 812-4854

MONTHLY EVENTS

Men's Book Group

Monday, May 11th, 11:00 am
Location: 2121 Decatur Place NW
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Navigating the Path Ahead – Date Change

Tuesday, May 19th, 4:00 – 5:00 pm
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mystery Book Group

Friday, May 29th, 3:30 – 4:30 pm
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm and 3:30 pm
Location: DCV Office
Limit: 8
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Online Meditation

Mondays and Thursdays, 9:00 – 9:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Chair Yoga

(Pre-recorded sessions throughout May)
Tuesdays, 10:30 – 11:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Accessible Mat Yoga

(Pre-recorded sessions throughout May)
Mondays, 3:30 pm – 4:30 pm
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Coffee and Conversation

Thursdays, 10:00 – 11:00 am
Location: Annie's Paramount Steak House
1609 17th Street, NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Bridge Group

Thursdays, 1:30 – 3:30 pm
Location: DCV Office – enter at 2111 Decatur Pl NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mahjong

Thursdays, 2:00 – 4:00 pm
Location: hosted live by Bobbi Milman
RSVP: rmilman@comcast.net or (202) 667-0245

Knitting Group

Every other Thursday, 4:00 pm
Location: Online and in the DCV Office
RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday
8:30 am (Winter/Fall) – Starting October 13th
8:00 am (Spring/Summer)
Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am
Meet at northwest corner of Kalorama and Columbia
that borders Kalorama Park



Six Ways to Avoid Healthcare Headaches

By Meaghan McMahon and Lee Reed (DCV Case Management Team)

Navigating our complex healthcare system can be a frustrating and time-consuming process. Meaghan McMahon, LGSW, our Social Worker and Lee Reed, R.N., our Healthcare Navigator, have six (6) suggestions on how to efficiently and effectively avoid common obstacles.

- 1. Be Pleasant, Polite and Firm.** Many times, the first person you encounter is a receptionist who will be booking your appointment or assisting with paperwork. The receptionist is your friend! When you approach your conversation patiently and politely, they are more likely to advocate on your behalf when they speak to your doctor or specialist.
- 2. Avoid Mondays and Fridays.** Avoid calling during lunch hour or at the very end of the day.
- 3. Be Prepared** to be re-directed from one department to another/from one person to another. Write down the names of those you speak to.

- 4. Bump it Up.** If there is a “Practice Manager”, politely ask to speak with them.
- 5. Find Your Discharge Case Manager.** If you are at the hospital following surgery or an accident, and will be needing rehab at a local community, be sure that you or your advocate meet consistently with the discharge case manager to share your preferences and needs. Avoid Friday discharges.
- 6. DCV’s Professional Staff Can Help.** Our Village has two professional staff members who are familiar with how to navigate the health system. Are you having trouble getting what you need? Have DCV’s nurse or social worker call for you. As healthcare professionals we can sometimes get to the correct person more quickly.

To learn more about any of these suggestions, please contact Eva. She will connect you directly to our nursing and social service team

Launch of a New Program — *Flying Solo, Not Alone*

Phyllis Kimmel

DCV’s ***Flying Solo, Not Alone*** program kicked off the first of six in-person sessions on April 6. The program was created to meet the growing need of “solo agers” – including individuals who live without traditional support systems and those who, for a variety of reasons, must build alternative networks of helpers and advocates. With significant input from the Health and Wellness Committee, and inspiration from Iona Senior Services’ solo aging program, **Arlene Lutenege** and **Abigail Wiebenson** developed the six-session program. The first session set the stage for the lay of the land: creating your “flying solo” team and assessing your emotional well-being. Arlene and Abigail facilitated discussion among the 23 Villagers present, exploring what it means to be a solo ager, identifying and sharing

the most pressing worries about solo aging, and examining what an aging solo support system could look like (from inner circles of close family/friends to outer circles of casual acquaintances). One of the key takeaways provided in feedback was the realization, expressed by several, that their worries are shared with others; these shared concerns often revolve around health, finances and losing independence. Feedback from participants was positive, with many expressing appreciation for the warm and welcoming group—underscoring the “not alone” aspect of the program—and for the for the detailed and practical *Flying Solo, Not Alone* Planner. Session II, Financial Planning and Legal Matters, will be held Monday, May 8.



Am I depressed? Do you ask yourself this question after you've had a down day, felt lonesome, or had a good cry?

By Arlene Lutenneger

As we've aged, most of us have faced significant life changes, such as retirement; a move (either our own or someone close to us); the death of a loved one; or health challenges. Sometimes many of these happen at once, yet each change brings its own unique loss. As many of you know, I lost my husband just over a year ago. Since then I have struggled with periods of deep sadness that often appear out of nowhere. I've discovered that grief is sneaky: it will hijack me even when I'm having a pretty good day. Fortunately, these dark periods come in waves and are mixed in with times of joy, and frankly, relief.

When we retire, we lose our professional identity and the meaning and structure it gave our lives. When our children, close friends or family move away, we lose our role as parent or constant companion. Health issues may also render us less active – a big change for those of us who were independent all of our lives. And if the unspeakable happens – a spouse/partner dies, we become “widowed”, a new definition of who we are now. These changes often lead to a loss of confidence in ourselves both physically and emotionally as we make adjustments in our lives and worry and wait for the next “shoe to drop”.

Professionals use this working definition for clinical depression: a persistent low mood, loss of energy and interest in activities you once enjoyed. *Symptoms may also include feelings of emptiness, irritability, fatigue, changes in weight/appetite, difficulty concentrating, and physical aches and pains without a clear cause and lasting for more than two weeks.* Grief often mimics depression, but depression is more constant and pervasive and often not tied to a particular event.

After a deep loss, our task, I think, is to acknowledge the loss, and to find ways to talk about it, either with a trusted friend or professional. Journaling is another healing outlet as it helps order our thoughts and release strong emotions. Distraction can also work. For me, my spiritual community has helped a lot. For you, it might mean taking an art class, traveling, or making new friends. The hard but necessary part is to ask who we are now or want to be and how we can get there. In short, to adjust to this “new normal” by rediscovering or reinventing ourselves.

Generational beliefs complicate the grief process. Many of us who are Baby Boomers or part of the Greatest Generation would rather characterize grief symptoms as health concerns rather than expressing feelings directly

or to ask for help. So we go to the doctor complaining of various health ailments, hoping for a medical treatment to rid ourselves of these uncomfortable symptoms. This process of having our thoughts and feelings show up in our bodies is called somatization and is a normal expression of pent-up emotions. (At this point, I want to emphasize how important it is to seek medical care to rule out any underlying medical conditions.)

But what do we do if the doctor can't find a medical reason for our malaise? The expression that “time heals all wounds” is only partially helpful here. The journey from experiencing a loss to moving toward a new identity is difficult (think one step forward and two steps back as you enter new territory), but very rewarding. You may experience skills you didn't know you had, take up an interest that you left behind many years ago, and make new friends along the way. For me participating in all that the Village offers has helped me to feel more confident and to increase the days that I feel joy!

May Birthdays



A very happy birthday to Villagers born in May!

Nancy Gamber, Anna Greenberg, Mike Higgins, Pete Klempay, Lynne Klimmer, Don Krumm, Louise Krumm, Margaret Long, Barbara Meeker, Beth Merricks, Yvonne Mishler, Bob O'Boyle, Diane Quinn, Kenlee Ray, Dwayne Rieves, Joy Rodman, Max Salas, Leslie Sawin, Karen Schneider, Pat Scobie, Ken Shuck, Peggy Siegel, Gail Snider, Charles Timbrell, Joan Treichel, Sue Trent, Holly Van Fleet and Rosemary Winslow.





Parkway Deli & Restaurant — “Great Family-Owned Deli in Silver Spring”

To While I typically focus on good restaurants in the Dupont Circle / Adams Morgan area, I couldn't resist including Parkway Deli & Restaurant, one of my all-time favorites! My friend, Tom, suggested it after our last restaurant visit, and I said, “Absolutely!” As part of my ongoing personal quest to discover great family-run local spots, Parkway is a standout. Opened in 1963 by Lou Gurewitz, it is now run by his 2 grandsons, Danny and Gary.

Parkway's 5-page menu can overwhelm. Sandwiches—clubs, wraps, paninis—lead the options, with the BLT and Reubens as my favorites. Breakfast is served all day. Classic Jewish fare—chopped liver, stuffed cabbage, potato pancakes, lox—is also available.

My two co-conspirators, Sarah and Tom, joined for their first visit. Naturally, we started with a trip to the “Pickle Bar” for a sampling of sweet and dill pickles, some sauerkraut, and, my favorite, jalapenos. Tom enjoyed a Roasted

Brisket Sandwich and Matzoh Ball Soup while Sarah had the Falafel Platter and a Garden Salad. (Big bowl of soup!) I ordered a favorite, Roasted Turkey Reuben. We split a side of fries as well! All reports were positive!

My only regret was ordering too much food. I should have saved room for carrot cake. Several cakes are available, but carrot cake is the best. One slice is big enough for the table. And don't forget to visit the deli on your way out. You never know when you'll need chopped liver or cheesecake for a late-night nosh!

Located at 8317 Grubb Road, Silver Spring. (Sorry but no great bus connections.) Open every day 8:30 am – 9:00 pm, weekends open at 8:00 am. Happy Hour Monday-Friday 3:00 -6:00 pm! Check out [Parkway's menu](#) here. Also available to create a party platter. Google gives it 4.6 stars with nearly 3000 reviews! Yelp gives it 4.2 stars with nearly 1000 reviews!

— Enjoy, Tom Carmody

Summary, Lena Wen “Want to avoid dementia? Here's what the science says”

By Lynn Lewis

You probably know that sitting in front of the TV or mindlessly scrolling on social media isn't great for your mental or physical health, writes Lena Wen (WaPo 4/8/26)

New research suggests that these mentally passive habits might increase your risk of dementia. But simple changes can improve your long-term mental health. Wen cites a recent study finding that those who spent more time in mentally passive activities had higher risk of developing

dementia, while those who engaged in more cognitively active pursuits had lower risk. Even small changes in daily activities can help. The effects of mental engagement seem more pronounced in older adults: the study supports the positive effect of lifestyle factors, including social connection. Perhaps the most beneficial: those that combine interpersonal interaction with mental stimulation and physical exercise.... which can open the door to new friendships and renew a sense of community and purpose. Relevant to our Dupont Circle Villagers!

Meet New Member, Daniel Emberley

Daniel Emberley had heard of the Dupont Circle Village for several years before deciding to give it a try last year. Having lived in the Dupont Circle area for 35 years, and having a good network of local friends, his thinking was “maybe I’ll give it a try one of these days”. So, as he and his partner approached 65, they joined last year.



education was a huge leap for Daniel as he moved away from the Boston area and his family for the first time. After graduation, he moved back to Cambridge and started looking for a job.

After some years with the Boston Company, he applied for a position with the National Academy of Sciences in Washington, DC and, somewhat unexpectedly, got the job. He moved to Dupont in 1991 and is still pleased with his choice.

His initial thought was to volunteer. Inspired by his 90-year-old mother’s many years delivering Meals on Wheels in his hometown, he thought this might be a way to jump in. But, as he doesn’t have a car and hasn’t driven in years, this was not a good match.

Daniel and his partner have enjoyed the Village’s social events, particularly the Home Social Hours. Besides providing a great venue to meet other Villagers, Daniel likes that the HSHs provide a great chance to see inside the many interesting buildings in the Dupont Circle area. (I agree!) He and his partner have also joined a few walking tours organized by the Village.

Daniel’s enjoyment of working with textiles translates nicely to becoming a member of the every-other-Thursday Knitting Group. He enjoys the sessions and appreciates making new friends. (He modestly admits that his skill level has him crocheting and quilting without needing a pattern! Impressive!)

Daniel and his partner currently live in a rather creative arrangement, residing in 3 separate condominiums on 2 levels in a single building. One unit serves as a dining/living room and office, another as a bedroom and 2nd office and the third, while currently being leased out, will become a future bedroom. A bit different but it works for them!

He grew up in Waltham, Massachusetts, just outside of Boston. Choosing the University of Chicago for his higher

In 2006, he created his own business providing services to small companies. While he describes himself as a “bookkeeper”, he provides a range of services – payroll, inventory management, recruiting/hiring, and more. He is inching his way towards retirement, having whittled his client list from 12 to 1.

While DC provides a long list of possible restaurants and activities, Daniel finds himself most interested in organizing evenings with friends either on 17th Street or hosting at home. (He admits wishing for better Italian food selections in DC!)

Daniel and his husband have a serious travel agenda, beginning with a map of the United States and strategically traveling to all the States. They just returned from Hawaii, their 49th state visited. Only North Dakota to go! (Daniel asks for suggestions for things to do in North Dakota.)

Beyond the States, several international trips are in the works. The first will probably be to southern England with stops in Oxford and Bath. And, another trip in development is to Venice and the Veneto in Italy. Daniel visited 30 years ago and is eager to see what’s new and different.

Please send Daniel your suggestions for North Dakota!

Planned Giving Announcement

May is Legacy Giving Month and DCV is marking the occasion in a big way!

We are proud to introduce the next chapter of the DCV Legacy Giving Program, which provides a lasting investment in our Village, and we want you there to celebrate!

Join us Friday, October 16, for our inaugural event: a joyful party to honor DCV’s legacy and its powerful impact on all our lives.

Save the date and Stay Tuned. This is one you won’t want to miss!

Out and About



▲ A large group of Villagers joined member, **Craig Howell**, on a walking tour of Alexandria highlighting the area during the Civil War Era.



▲ **Ken Shuck** and **Carol Galaty** attended their granddaughter's "Cowboy Wedding," in Austin Texas, complete with hats, boots, the "two step" and, hopefully, no hidden guns!



▲ **Sarah Burger** hosted the April house concert. A lovely trio from the DC Concert Orchestra Society performed for 22 Villagers.



▲ **Nancy Turnbull** hosted a spring social hour in her home. Members attending included L-R **Geri Ferber, Arlene Lutenegger, Jeanette Barker, Kristin Durfee, Bob Spiegel, Sue Trent, Olga Hudecek, and Mike Seto.**

April Birthdays



Irene Price hosted the April birthday celebrants in her lovely apartment. L-R **Mike Silverstein, Barbara Friday, Roy Wycarver, Anita Gottlieb, Mirella Shannon, Jeannette Barke** and **Bob Spiegel.**

Out and About



▲ In April the Village's intrepid wine samplers took on white wines from Australia and New Zealand. The winner was Frenzy, a 2025 Sauvignon Blanc from the Marlborough region of New Zealand. It was purchased for \$17 from Cairo Liquors. L to R **Charlotte Baldwin, Ceceile Richter, Sandra Yarrington, Monica Heppel, Barbara Sloan, Bella Rosenberg and Marie Matthews.**



▲ **Gretchen Ellsworth, Carol Galaty and Daisy,** enjoyed a beautiful, sunny day at the bend in the Potomac River, snacking and mesmerized by the flowing water as it meandered from to Key Bridge, passed the boat house where Gretchen used to crew and serve as coxswain, continuing down the river passed what was known as the Kennedy Center on its way to the Chesapeake Bay and the ocean.



▲ **Steve Kittrell and Susan Hattan** met Steve's sister in Chicago and then went to South Dakota.



▲ Signs of spring in the neighborhood. Photos by **Jim Chamberlin.**

Out and About



A Villager becomes a US Citizen. Lucky us!

By Abigail Wiebenson

More than a dozen Villagers witnessed the very moving naturalization ceremony on April 14th when **Peggy Long**, a native of Canada, became a US citizen. A couple of aspects of this event stood out. One was that all the speakers and Judge Mehta were proud immigrants. They each spoke in some way about, as one put it, “the golden key of possibility and opportunity” of US citizenship.

Kara Swisher, former tech writer for the Washington Post, New York Times and the Wall Street Journal and now a well-followed podcaster, was the featured guest speaker. She pointed out that the highest levels of leadership in the US tech industry are immigrants from China, India, and South Africa, noting that entrepreneurship and risk-taking are immigrant qualities. She also stated that our country is “built together with diversity” and admonished, “Don’t pay attention to cynics... We are a stone soup where all contribute equally.”

We also were struck — and heartened — by the extraordinary array of countries from which the soon-to-be-citizens came. In addition to Peggy’s Canada, the list includes Argentina, Bangladesh, Belarus, Brazil, Cameroon, Chile, China, Columbia, Egypt, Ecuador, El Salvador, Ethiopia, France, Georgia, Germany, Ghana, Guatemala, Honduras, India, Ireland, Italy, Jamaica, Mexico, Peru, Portugal, Russia, Sweden, Tunisia, The UK, and Vietnam.

After the ceremony, Peggy treated her naturalization posse to champagne and delicious food from the local restaurant, ala delivered to **Judi Lambert’s** house. There were toasts and tears of joy and gratitude as well as much laughter and delight as we rejoiced with and for Peggy. She characterized the day as “unexpectedly great.” It was certainly that for all of us.



Thank You to Our 2026 Online Auction Individual Contributors

Sarah Burger, Ellen Carpenter, Jonathan Cobb, Issa Lara Combs, Daniel Emberley, Karen Franklin, Carol Galaty, Annie Groer, Jim Hambuechen, Sue Heineman, Monica Heppel, Craig Howell, Rebecca Martin, Pender McCarter, Michele Molotsky, Joyce O'Brien, Joan Rogliano, Leslie Sawin, Macavoy Tyree, and Abigail Wiebenson



Thank You to Our 2026 Online Auction Business Contributors



5 Element Wellness
achieve balance with shiatsu, reflexology and essential oils

Out and About



▲ April's Soup Salon attracted a full house of Villagers to hear guest speaker **Anna Eleanor Fierst**, great-granddaughter of President Franklin and First Lady Eleanor Roosevelt, share first-hand family stories about the Roosevelt's early Washington days as well as how Eleanor's pioneering efforts for human rights and women's empowerment influenced Anna's own decisions to honor that legacy as an activist.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



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