



Meaghan McMahon and Lee Reed In Their Own Words

It is a pleasure to serve DCV members as the social worker in partnership with Lee, our Health Care Navigator.

I attended the University of Michigan School of Social Work as part of the Geriatric Scholar program and in 2011 earned my Master of Social Work degree. Since December 2023, I have been a Licensed Graduate Social Worker in Washington, D.C.

In my role, I help connect DCV members with important resources to help them age in place successfully. Topics include:

- How to complete a Supplemental Nutrition Assistance Program (SNAP) application
- Caregiving for individuals living with Alzheimer's disease and related dementias
- Support for Solo Agers, those living on their own without a spouse or children

As a Gerontologist, I have been working through this new concept of Registered Nurse Healthcare Navigator

since March of 2023. As a graduate of the Aging & Health Master's Program from Georgetown University, I have utilized both my academic and practical experiences.

In my role, I simply assist Villagers to traverse through our complicated Healthcare System. For example:

- Medication Management and Reconciliation
- With you at the helm, help with pre & post hospitalization concerns incl. appropriate rehabilitation communities, and local programs.
- Accompany villagers on physician/specialist appointments

It is very rewarding working with our social worker, Meaghan to come up with innovative solutions to help villagers to age in the environment of their choice – most often their own homes.

To be connected with Lee and Meaghan for support, please contact Eva M. Lucero directly.