



DUPONT CIRCLE

Village

Shattering the Stereotype

“The Holiday Season is a perfect time to reflect on our blessings and seek out ways to make life better for those around us.”

— Terri Marshall

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Welcome New Members!

Elisabeth J Groninger
Dan Hicks
John McCall

The Warm Heart of Iceland: Why Swimming Keeps You Strong—And Where to Dive In Around DC

Iceland may be famous for glaciers and geysers, but one of its most powerful wellness tools is surprisingly simple: swimming. Across the country, people slip into warm outdoor pools and bubbling hot pots not just to exercise, but to restore their minds, strengthen their bodies, and shake off the stress of the day.

By Eva M Lucero

Swimming provides a full-body workout without the strain of high-impact exercise. It boosts cardiovascular fitness, improves balance, increases flexibility, and helps keep joints limber—especially important as we age. The warm water promotes circulation, relaxes tight muscles, and supports better sleep. And because you move against the gentle resistance of the water, even a slow-paced swim or water-walking session strengthens core muscles and keeps the body stable and strong.

Here in Washington, DC, we may not have geothermal pools bubbling up from the earth, but we do have plenty of welcoming places to swim, exercise, float, or show off your



best sidestroke. Some great options around town include:

- **Wilson Aquatic Center (Tenleytown)** — One of the city's most popular pools, with lap lanes, a leisure pool, and warm-water areas.
- **Takoma Aquatic Center** — Bright, spacious, and perfect for water aerobics, lap swimming, and therapeutic water walking.
- **Marie Reed Aquatic Center (Adams Morgan)** — Close to many Villagers and great for short visits or steady lap routines.

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President's Notes



David Schwarz

Over the past couple of months, I've shared with you both the financial uncertainties our Village faces and also the need to increase our service capacity in line with growing membership. It will probably not be a surprise, then, when I tell you that the DCV Board has decided to increase membership dues in the coming year. The increase will be 25% for all categories of membership, likely implemented for payments beginning March 1.

Of course, such news is never welcome, but maybe three thoughts will help put it in a less unfavorable light. The first is that we have not raised dues in at least 10 years, while steadily increasing the services we provide and improving their quality. The second—at least for regular individual members—is that dues were actually lowered about four years ago, from \$500 to \$400. So, the 2026 increase will simply take them back to where they were four years ago. Third, and finally, where the increased dues create financial hardship, we are—as always—prepared to reduce the price of membership to what you can afford.

In any event, the immediate prompt for this increase is an expected \$30 K addition to our staffing expenses in 2026, which will total well over \$200 K—more than half of the proposed \$423 K budget. The \$30 K is to cover the

hiring of the deputy executive director that I mentioned in last month's Newsletter. Of course, the salary for this position will be substantially more than \$30 K, but we think we can find the remainder of the funds by streamlining operations and cutting unnecessary items from the current budget.

The increase also reflects a longer-term concern for DCV's financial sustainability. As I think many of you know, DCV has reserves of approximately \$1.4 M, thanks largely to a generous bequest from Linda Harsh in 2019. These reserves provide us with almost \$100 K of operating income annually. They also allow for deficit spending (exceeding income) when we need it, and last year we budgeted for a deficit of almost \$68 K. As it happens, lower than anticipated actual spending together with a better-than-expected stock market may zero out that deficit, but we cannot count on that every year.

So, we have wanted to lower our deficit "trajectory" going forward—and we think the increase in dues will help us do that. Currently, annual dues contribute \$80 K to our operating income, less than a quarter. The 25% increase will add \$20 K when fully implemented, enough to bring our anticipated deficit for 2026 down below \$50 K. We think that deficits at this level are sustainable. Ideally, we

would have no deficit spending at all. But, assuming a relatively normal financial environment, drawing down \$50 K per year still leaves us with \$600 K–\$900 K in reserves after ten years. In addition, the Board has some reason to think that within the next 10–20 years some new bequests will help replenish our reserves. Of course, in the interim, we will also look for new sources of funding.

In discussing the increase, the Board considered the alternative of spreading it in smaller increments over a number of years. However, the administrative overhead of changing dues is fairly high, so we concluded that it would be better for everyone to just raise them to the level we need all at once, and, hopefully, keep it there for at least another 5 years.

Even with the increase, DCV dues will be less than those for our sister villages with professional staff. And our basic regular membership will still provide access to all of DCV's resources—volunteer services, our social worker and geriatric nurse, and the various exercise and meditation classes we offer—all with no added fees. Since none of us knows when we will want or need such resources, we think it is important to make them available to all of our villagers for the price of a still-reasonable membership. We think this is essential to supporting the aging-in-place that defines our mission.

The Warm Heart of Iceland: Why Swimming Keeps You Strong—And Where to Dive In Around DC

Continued from page 1

- **YMCA Anthony Bowen (U Street)** — A warm and inviting pool with structured classes and open swim times.

Each of these spots—much like Iceland's beloved hot pots—creates space for movement, relaxation, and everyday connection. And that's exactly the kind of wellness magic that keeps communities thriving.

At DCV, we see the same spirit in our fitness programs, walking groups, and friendly gatherings. Iceland's example reminds us that staying healthy doesn't require anything exotic: just a welcoming place, a supportive community, and a regular routine that strengthens both body and spirit.



November Birthdays



Kathy Price hosted the November birthday party. Villagers celebrating include **Carmela Vetri, Harlan Rosacker, Jim Chamberlin, Sandy Desautels, Michaela Buhler, Judith Kirvan** and **Martha Rosacker**.



The Greek Spot — “Great Casual Mediterranean Food!”

Consider some excellent and inexpensive Greek food at The Greek Spot. Located just off U Street at 2017 11th Street NW, The Greek Spot has been serving the U Street neighborhood since 2005.

My personal favorite sandwiches are the Falafel Pita and the Chicken and Hummus Pita. Sometimes, as an alternative, I combine a few of their excellent sides to create a meal: Tzatziki, Dolmodika (stuffed grape leaves), their Greek Seasoned Fries and/or Spanakopita (spinach, cheese pastry). A trusted friend also recommends Pork Souvlaki and Orzo Pasta! And, treat yourself to dessert with their excellent Baklava or Rice Pudding!

While I have enjoyed eating a pita during nice weather on their outside patio, The Greek Spot also has indoor seating. The staff are very nice and the place is always clean. Given the modest number of indoor seats, I suspect the majority of their business comes via online ordering and delivery through Uber Eats, Grub Hub and Doordash.

Check out the menu: <https://www.greekspotdc.com/menus>. Open every day except Sunday. Sorry, no alcohol served!. Google gives it 4.6 stars with nearly 500 reviews!

— Enjoy, Tom Carmody

December Calendar

Visit the DCV website [calendar](#) to find further information for each event listed below.

REGISTER Online, or at admin@dupontcirclevillage.net, or contact DCV Office at (202) 436-5252

Live and Learn:

Benefits of Library Membership

Wednesday, December 3rd, 11:00 — 12:30 pm

Location: DCV Office, 2121 Decatur Pl NW

Registration Deadline: December 3rd

Contact: volunteer@dupontcirclevillage.net or (202) 436-5252

LGBTQ Friends Group — DC LGBTQ+ Community Center Tour & Lunch

Wednesday, December 3rd, 11:00 am — 2:00 pm

Location: 1828 Wiltberger St, NW
(Shaw-Howard & U St Metros)

Registration Deadline: December 2nd

Contact: fornari.art@gmail.com or (917) 886-4445

Home Social Hour — Wiebenson

Wednesday, December 3rd, 5:00 — 6:30 pm

Location: Home of Abigail Wiebenson

Registration Deadline: November 30th

Contact: abigailwiebenson@gmail.com or (202) 332-6857

Tour — Arts Club/Monroe House with Concert and Lunch

Friday, December 5, 2025, 11:00 am — 1:00 pm

Location: 2017 I St NW

Registration Deadline: December 4th

Contact: bmerricks@msn.com or (202) 328-0746

Holiday Movie:

The Shop Around the Corner (1940)

Saturday, December 6th, 2:00 — 4:00 pm

Registration Deadline: December 5th

Location: DCV Office, 2121 Decatur Pl NW

Contact: patricia.baranek@yahoo.com (202) 812-4854

Sunday Soup Salon — Mindel & Lewis

Sunday, December 7th, 5:30 — 7:00 pm

Registration Deadline: December 4th

Location: Home of Caroline Mindel and Lynne Lewis

Contact:

lynnlewis940@gmail.com or (202) 365-7055

carolinejmindel@gmail.com or (202) 271-1760

Tour of Mexican Cultural Institute

Tuesday, December 9th, 10:30 — 11:30 am

Location: 2829 16th Street NW

Registration Deadline: December 8th

Contact: cpw.delaware@gmail.com or (608) 712-7431

Happy Hour — Teddy and the Bully Bar

Wednesday, December 10th, 4:00 — 6:00 pm

Location: 1200 19th Street NW

Registration Deadline: December 9th

Contact: viernesbarb@yahoo.com or (202) 841-0695

Wine Sampling

Thursday, December 11th, 4:00 — 6:00 pm

Location: DCV Office, 2121 Decatur Pl NW

Registration Deadline: December 9th

Contact: spydupont@aol.com or (202) 486-6226

Home Social Hour — Berlin & Stuebing

Thursday, December 18th, 6:30 — 8:00 pm

Location: Home of Lois Berlin and Larry Stuebing

Registration Deadline: December 15th

Contact: lois.berlin@gmail.com or (202) 483-4183

7th Annual Holiday Cookie Exchange — McFarren

Friday, December 19th, 1:00 — 3:00 pm

Location: 1879 Wyoming Ave. NW, # 603

Registration Deadline: December 16th

Contact: mcfarrenann@yahoo.com or (202) 387-7763



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December Calendar

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Home Social Hour — New Years Themed — Galaty and Shuck

Wednesday, December 31st, 9:00 pm — 12:00 am
Location: Home of Carol Galaty and Ken Shuck
Registration Deadline: December 28th
Contact: carolgalaty@gmail.com or (202) 232-7259

MONTHLY EVENTS

Men's Book Group

Monday, December 8th, 11:00 am
Location: 2121 Decatur Place NW
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Navigating the Path Ahead

Tuesday, December 9th, 3:30 — 4:30 pm
Location: Virtual
RSVP: Register Now online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mystery Book Group

Friday, December 5th, 3:30 — 4:30 pm
Location: Virtual
RSVP: Register Now online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm and 3:30 pm
Location: DCV Office
Limit: 8
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Online Meditation

Mondays and Thursdays, 9:00 am — 9:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Chair Yoga

Tuesdays, 10:30 am — 11:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252



Accessible Mat Yoga

Mondays, 3:30 pm — 4:30 pm
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Coffee and Conversation

Thursdays, 10:00 am — 11:00 am
Location: Annie's Paramount Steak House
1609 17th Street, NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Bridge Group

Thursdays, 1:30 pm — 3:30 pm
Location: DCV Office — enter at 2111 Decatur Pl NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mahjong

Thursdays, 2:00 pm — 4:00 pm
Location: hosted live by Roberta Milman
RSVP: rmilman@comcast.net or (202) 667-0245

Knitting Group

Every Thursday, 4:00 pm
Location: Online and in the DCV Office
RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday
8:30 am (Winter/Fall) — Starting October 13th
8:00 am (Spring/Summer)
Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am
Meet at northwest corner of Kalorama and Columbia
that borders Kalorama Park

Recovering at Home with Support

By Lee Reed and Meaghan McMahon

Following a trip to the hospital, whether it was a planned event or an unexpected one, there are questions you will have about how to recover successfully at home. You may find a need for assistance with your “Activities of Daily Living” (ADLs). ADLs include bathing, dressing, using the restroom, preparing meals, taking medications, doing laundry, etc. Our nursing and social services support team, Lee Reed, R.N. and Meaghan McMahon, LGSW, are here to connect you with resources that will make this time of recovery as smooth as possible.

Resources may include:

- **Home Health Agency Services** — after an assessment by a Registered Nurse, this support can be a 24/7 Certified Nursing Assistant (CNA), Geriatric Nursing Assistant (GNA) or Home Health Aide (HHA)
- **Private Duty Nurse or Private Duty Aide** — the Private Duty Nurse could be a Registered Nurse (RN) with 2-4 years of educational background or Licensed Practice Nurses (LPN) with 12-18 months of educational

background. The Private Duty Aide could be a CNA or GNA.

- **Geriatric Nursing Assistant (GNA)** — this is someone with a high school diploma or GED who has completed a state certification as a CNA with additional specialized training with a geriatric focus.
- **A DCV Volunteer Companion** — someone to help get your mail, pick up prescriptions, grocery shop, water plants and/or schedule friendly check-in visits by phone or in-person.
- **Telemedicine** — technology can also support your recovery at home. The National Council on Aging recently published a helpful article on this topic: <https://www.ncoa.org/article/getting-the-care-you-need-via-telemedicine/>

We all need help at one point or another. Our DCV nursing and social support services can be a useful tool when navigating a recovery at home after a hospital stay. To use this resource, please contact Eva directly.

Village Wisdom

Putting On My “Big Girl Pants”: Learning to Meet Tension With Grace

By Dr. Lucia Edmonds

At 95, I thought I had settled into my ways — especially when it came to conflict. For most of my life, when tension appeared, my instinct was simple: be polite, step back, and quietly withdraw. I assumed that handling hard conversations well was something other people had mastered, not something I would ever learn at this stage of life.

Recently, though, I’ve felt a surprising tug. Maybe it’s age, maybe it’s clarity, or maybe it’s the richness of the relationships I have now. Whatever the cause, I’ve realized I don’t want to walk away so quickly anymore. I don’t want discomfort to close doors. I want to stay present, even when it’s hard — to put on my “Big Girl Pants” and meet difficult moments with a little more courage and grace.

With a bit of guidance, I’ve been practicing a simple framework that helps me stay grounded during uncomfortable conversations. I share it here in case it supports someone else in our Village who, like me, has spent a lifetime avoiding conflict.

1. Pause Before Reacting

When something stings, I take one breath and tell myself: “Let me slow down before I speak.” That pause alone shifts everything.

2. Name What’s Really Going On

Often the true feeling is being overlooked, dismissed, unappreciated, or simply tired. Beneath that feeling is usually a need — to be understood, valued, or to protect my dignity.

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Village Wisdom Putting On My "Big Girl Pants": Learning to Meet Tension With Grace

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3. Consider More Than One Path

Instead of choosing between silence and confrontation, I now consider other possibilities: speak gently now, speak later when clearer, ask a curious question, set a boundary kindly, or let the moment pass without storing resentment.

4. Choose What Honors Both Truth and Connection

I ask myself: Does this keep me honest? Does it keep me gracious? Does it keep me steady?

5. Speak From "I," Not "You"

Saying "I felt..." instead of "You did..." softens tension and opens the door for understanding.

6. Remember There Are Always Two Stories

My feelings are real — and theirs may be real too. Agreement isn't required; understanding is enough.

7. End With Clarity and Kindness

A simple closing goes a long way: "Here's what I need going forward..." or "I care about our connection."

At this stage of life, I'm not trying to become someone I'm not. But I am still growing — and I want that growth to deepen my relationships. For anyone in our Village who has ever avoided a hard framework offers a bit of courage. Sometimes all it takes is one breath, one pause, and the willingness to stay.



Happy Thanksgiving

DCV continued its tradition of providing Thanksgiving meals to all Villagers who wanted one. Thanks to the many Villagers who volunteered their time and culinary talents, DCV served 46 complete meals—turkey and all the trimmings—including three vegetarian options.



The Holiday Tapestry and Self-Care

by Bob McDonald

As the holiday season commences, our senses begin to experience the sights of twinkling lights and trees; the smells of pine and cinnamon; the sounds of bells, crackling fires, and traditional music; the tastes of nutmeg, cider, and tasty baked goods; the lighting of candles. It is a tapestry of wonder and awe. Our culture typically communicates to us that this is a time of joy and good will, a time for families and friends to gather in happy celebrations, a time to be happy and merry.

At the same time, our calendars become crowded with obligations and expectations. Homes need to be decorated. Feasts need to be prepared. Family gatherings need to be navigated. Gifts need to be bought. Cards need to be sent. Party RSVPs need to be made. Such tasks can nurture our lives by embracing fond traditions and memories. They can lead us to experience happiness as they help connect us to one another. But these quests for the joy of the season can simultaneously cause stress, sadness, and weariness. Such opportunities and obligations are intricately woven together in the holiday tapestry of the season. Understanding the interplay of commitments and the nurturing of our own well-being is key.

The challenges of the season can be intensified for us seniors. The holidays are difficult for those who have lost loved ones, especially if traditions revolved around them. Feelings of loneliness and isolation can be intensified if we live alone, are away from family, or we do not get the party invitations that previously came our way. Physical limitations may hamper our participation in festivities. We may face financial stress. Perhaps we can no longer host the gatherings that were so dear to us.

The good news is this: the "holiday blues" can be managed. Here are a few strategies to deal with the stresses of the season through a practice of self-care:

- **Recognize and Respect Your Limits:** Be aware of what your body and mind are telling you. Know when to say "enough" or "no." Focus on what is most important to you and what you like to do. Small successful experiences are better than over-extending yourself.
- **Avoid Known Triggers:** Holidays can be a time of painful memories or experiences. If you know that some people or activities or interactions are triggers for you, avoid or minimize them. Find other experiences and people that nurture and fulfill you.
- **Set Reasonable Expectations:** It is easy to have high expectations and hopes for the holidays. Everything around us tells us that "it's the most wonderful time of the year." Unrealistic expectations lead to disappointment. Identify and reframe your expectations by focusing on connecting with others and being grateful rather than striving for perfection. Identify what is truly a priority for you and make conscious efforts to achieve it.
- **Create New Traditions:** Some holiday traditions may no longer be possible, due to the absence of loved ones, lessened abilities, or other factors. You can create new holiday traditions. Some Village members shared with me how they transformed large family Thanksgiving feasts (often characterized by family angst) into smaller potluck gatherings with friends who really care for one another.
- **Focus on Rituals of Self-Care:** Be kind to yourself. Take time to meditate. Go for a walk. Read your favorite book. Listen to music that inspires you.
- **Give of Yourself:** A Villager pointed out that, at this point in our lives, many of us are downsizing. Rather than buying gifts for others, perhaps we give away something we cherish that another might need or love. Give our time to another person or an organization. We all have the experience of not being in contact for a while with someone we care for. Make a call or write a note to that person.

Also, it is good to keep in mind that other people do not necessarily experience or celebrate the holidays as we do. Be mindful of those whose experience differs from ours because of their religion, culture, history, or family background. Be sensitive to these differences.

May our holidays be a tapestry of joy, self-awareness, connection with loved ones, and above all, gratitude.

Meet Member, Geri Ferber

By Tom Carmody

Geri Ferber joined Dupont Circle Village about a year ago, as both a member and a volunteer. She had heard good things about it from friends after she moved here in 2016 to be close to her son's family and twin grandchildren. And, as her grandchildren became teenagers, giving her more time to explore other activities, she thought it was a good time to join the Village.



As a volunteer, she makes good use of her car and driving skills to assist Villagers. She has made "grocery runs" for Village neighbors recovering from surgery. Geri is also interested in assisting with driving to/from doctor's appointments on the days that she doesn't have school pickups.

As a Village member, Geri enjoys the social activities as a great way to meet neighbors. She has attended various home social hours and reports good things about the Sunday Soup Salons with guest speakers. She has also enjoyed various tours organized by the Village, specifically mentioning the recent tour of the LeDroit Park neighborhood.

Prior to moving to DC, Geri lived for many years in Cambridge, Massachusetts. She greatly enjoys her current home in the Dupont Circle area as it reminds her of her Cambridge neighborhood, keeps her close to her grandchildren and makes school pickups easy and fun. "Fun Fridays", with the grandchildren getting out of school early, always provide an excuse for a chance to explore the City with a visit to a park, checking out a museum or taking a boat tour on the Potomac.

She continues to work as a psychologist, having shifted recently to focus on fellow seniors and our adjustments to aging.

Many afternoons, Geri can be found at the ThreeFifty Bakery and Coffee Shop at the corner of R and 17th. *(Editor's Comment: Please take note as Geri is the 3rd Villager to mention this as a favorite spot!)* Walking her dog, Cocolatte, each afternoon provides another great chance to explore.

Favorite DC activities include going to the Avalon on upper Connecticut to see movies. Like many Villagers,

Geri takes advantage of DC's live theater scene, particularly enjoying the Studio Theatre, the Keegan Theater and the theater at the Jewish Community Center, all within walking distance.

She claims no favorite restaurants but (like me!) enjoys the nice variety on 17th Street in the Dupont/Adams Morgan area. Special appreciation to the many shops that have dog treats!

Geri smiles when describing some excellent vacations to Ireland, New Zealand, Italy and Tanzania. Of all her great destinations, her favorite has been Alaska, where she witnessed a rare session of whales feeding.

She also wanted to take advantage of our writeup to mention she would be very interested in discussing group international travel with other Villagers. Geri is also open to meeting other Villagers interested in dancing, slow tennis and yoga, activities she loves but is always looking for more partners!

December Birthdays



A very happy birthday to all Villagers born in December!

Amelia Shachoy, Susan Lindahl, Ron Wilson, Barbara Nielsen, Bob Harlow, Deirdre O'Neill, Victoria Boehm, Matt Abrams, Mary Jean Collins, Gregory Bolton, Marianne Thomas, Ann Talty, Peter Luciano, Loretta D'Eustachio, Maria Clements, Mary Conway, Geraldine McCann, Bill Kloss, Helene Scher, Peg Simpson, Leslie Carothers, Richard Saunders, Davye Gould, Nancy Turnbull and D Wilson.



Out and About



▲ **Carol Galaty** and **Ken Shuck** took a break from unpacking to take part in a great family reunion in San Francisco. Then, taking a break from the reunion, found time to walk up the hill from their son's house to Alamo Park with its spectacular view of the city and the quintessential painted ladies, as well as an excursion to the relatively new "Tunnel Park" to walk and watch the Golden Gate Bridge disappear and reappear in the fog... can you find both of the bridge towers in the fog?



▲ Villagers **Joan Rogliano, Joy Rodman, Beth Merricks, Carol Morgan, Cynthia Williams, Marie Matthews, and Mel Goldstein** enjoy Caroline Day's guided tour of the L'Enfant Gallery and lunch at Osteria Mozza, in a meetup organized by **Pender McCarter** in Georgetown on November 2nd; Caroline's mother, **Alice Day**, is a longtime Village member.



▲ **Shubh Schiesser** shares a family photo taken at her son, Amit's, wedding in November.



▲ From Bhutan, **Lois Berlin** and **Larry Steubing** traveled to Japan where they enjoyed a hike in the Japanese Alps and a lucky clear day trip to see Fuji San!

Out and About



▲ Villagers attending the Textile Museum and viewing the exhibit: "Enduring Traditions: Celebrating the World of Textiles." This exhibit covers 60 masterworks and explores the cultural significance of treasures from the collection. From royal robes to ceremonial carpets, colorful blouses, and a beautiful wedding sari, "suzani" cover, and kimono, exceptional textiles reveal the traditions and values of communities across continents.



▲ A DCV group of amateur wine enthusiasts gathered to taste and rate several "turkey-compatible" white wines. Their varying personal tastes resulted in all eight of the wines sampled receiving at least one vote as a top-three choice (and not by the Villager who contributed it). But one wine came out on top: a 2023 Pouilly Fumé, Domaine Marcel Langoux, Loire Valley.



▲ **Sue Heineman** hosted a social hour for the Villagers. In addition to the good food, drinks, and camaraderie, Sue—principal bassoonist of the National Symphony Orchestra—treated her guests to a fascinating explanation of the bassoon, including melodic riffs, and learning Sue's journey to becoming the principal bassoonist.



▲ DCV was delighted to host **Allie Hutchinson**, principal ballerina with the Dance Theatre of Harlem, for our November CelebSalon. Allie shared a wonderful overview of her career and how it all began. The event also served as a heartfelt thank-you to the many Villagers who supported her when she volunteered in the office ten years ago. We couldn't be happier or prouder to celebrate her extraordinary success.

Out and About



▲ Over 40 Villagers attended a CelebSalon featuring **Dr. Michael Kimmage**, a leading scholar on U.S.-Russia relations. He talked about how diplomatic history can help us decode the origins of the Ukraine-Russia conflict and navigate a new era of global instability.



▲ Longtime Villager **Susan Meehan** reads one of her poems, "Irish Secrets," from *The Color of Truth*, while on a November 14th excursion to Montrose Park in Georgetown with Villagers **Jon Parein** and **Pender McCarter**.

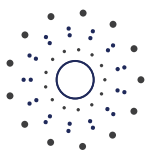


▲ **Sarah Burger** hosted a small gathering so her friends could meet **Carmen Henriquez** and **Omer Orteiz**—lifelong friends of her daughter Hilary, whom Sarah lovingly considers part of the Burger family.



▲ Jim Chamberlin sent photos from around the neighborhood. Tis the Season!

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



DUPONT CIRCLE VILLAGE
SHATTERING THE STEREOTYPE
ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

Dupont Circle Village
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