



DUPONT CIRCLE

Village

Shattering the Stereotype

“Autumn is my season, dear. It is, after all, the season of the soul.”

— Virginia Woolf

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Welcome New Members!

Jean Holland

Why Autumn is the Best Season

Autumn has a magic that no other season can quite match. As the days shorten and the air turns crisp, the world transforms into a canvas of deep reds, golden yellows, and rich oranges. Nature puts on its most dazzling show, reminding us of the beauty of change. Many people say, “Autumn is my favorite color”.

The season also brings a comforting balance. After the intensity of this

past summer's heat, autumn's cooler temperatures feel refreshing rather than harsh. It's the perfect time to pull on a cozy sweater, sip a hot drink, and enjoy being outside without extremes. The weather invites leisurely walks, apple-picking outings, and hikes through forests alive with color.

Food and flavor also reach their peak during this season. Farmers' markets brim with pumpkins, squashes, crisp apples, and hearty root vegetables.

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President's Notes



David Schwarz

While “aging in place” is what most of us in the Village want, the unspoken caveat is “as long as possible”. So, although our mission is to support members’ living independently in their own homes, our Membership and Activities Committee has also offered numerous tours of nearby assisted living facilities, especially over the past two years. Indeed, a number of our current or former members have moved to such facilities, with more actively considering a move.

It is easy to see the attractions of such facilities, especially those offering a continuum of housing options and services. The idea is a bit like going on a cruise: you check-in once, and then your accommodation moves with the changing landscape—in this case the landscape of your physical and mental condition. Of course, the promise is that the advertised care and accommodation are what you will actually enjoy as the ship sails. But what we hear from some of our members is that the promise is not always fulfilled. Especially where more intensive personal/nursing care is needed, facility residents may come up against the realities of staffing shortages and/or unexpected up-charges for service. And then there are the often-cramped quarters, sanitary issues, mediocre food and social isolation—notwithstanding the lovely marble and chandeliers in the reception areas.

The alternative, then, is to stay in our homes and hire help. I have some experience with this, both for my parents and in caring for my partner. My parents started needing home care in their mid-nineties, after two back-to-back surgeries left my dad effectively bed ridden. Wanting to keep him at home, my mom clearly needed help. Luckily, she was able to find one caregiver through her network of friends—a woman who could prepare meals in the evening and sleep over. Through her next-door neighbor, a Philippine nurse, she found another woman, who could help her during the day, and a male home-health aide to focus on my dad’s needs. Together, that gave my parents almost 24/7 coverage, at a cost of around \$12K/month (in Chicago about 10 years ago).

For my partner, Stephen, I used caregivers from an agency, since I had no access to individuals I could hire on my own. In 2008, I started with just 20 hours a week, to cover times when Stephen would be home alone; I increased the hours as his Huntington’s Disease (HD) progressed. In the final two or three years of his illness, I had coverage of about 16 hours a day, 7 days a week—with one main caregiver during the day, and two or three alternates for evenings and weekends. The cost those last couple of years (2013 - 15) was about \$14K/month.

For Stephen, there really was no decent alternative to home care. To be sent away would have devastated Stephen, and, anyway, there was no facility in the DMV that could manage an HD patient. For my parents, there were more options, but I think their quality of life was immeasurably better being in their own home, living together, with caregivers who worked for them alone. And for the four years my mom lived on after my dad died, her caregivers became her little family, providing companionship (and home cooked meals) that I don’t think she would have enjoyed in any kind of facility.

The home care approach may or may not be more expensive than care in a facility. And, aside from issues of cost, it does pose certain challenges. In my mom’s case, her favorite caregiver started “borrowing” money—a situation I described in a newsletter last year. So, I had to intervene with the help of a social worker, and we had to scramble to find a replacement for the woman we fired. Because my mom’s neighbor, the Philippine nurse, was prepared to step in, things worked out...but they might not have otherwise. In Stephen’s case, working with a reputable agency – although more expensive – meant that I could generally count on their caregivers being vetted, and my presence in the house also probably helped keep people honest. However, some of the caregivers they sent me still had competence or attitude issues—and more than once I had to put up with the person until a replacement could be found.

Despite the challenges, my own feeling is that the home care approach is preferable, at least where it is possible. But that possibility depends on being able to find and manage suitable caregivers, and these requirements may be daunting without the support of a partner or other family member. A question, then, is how to address those requirements as a solo ager—perhaps a topic for another discussion.

Why Autumn is the Best Season

Continued from page 1

Kitchens fill with the scent of cinnamon, nutmeg, and fresh-baked pies. From pumpkin bread to apple cider, autumn meals nourish body and spirit in ways that feel both grounding and festive.

Beyond nature and food, autumn carries its own rhythm of traditions and celebrations. The back-to-school energy sparks fresh starts and new routines. Holidays like Halloween and Thanksgiving bring people together, whether in playful costumes or around tables filled with gratitude. These rituals add warmth and meaning to the season, weaving community and memory.

Most of all, autumn teaches us to embrace transition. It's a season of letting go and preparing for rest, offering a pause before winter. Its beauty lies in impermanence, reminding us that every ending carries its own form of abundance. With its colors, flavors, and spirit, autumn truly is the best season.

October Birthdays



A very happy birthday to all Villagers celebrating October birthdays!

Stephan Dix, Geri Ferber, Jane Hauser, Nancy Hartsock, Sondra Cohen, Geri Nielsen, Joyce O'Brien, Lee Baker, Dianna Eshman, Wes Rivel, Don Symmes, Courtney Rogers, John Richardson, Lisa Duperier, Shubh Schiesser, Dennis Houlihan, Judi Lambart, Hambda O'Brien, Sue Heineman, Judith Meguire, Phillip Solano, Terry Walz, Lex Rieffel, Maria Higgins, Marily Vela and Kat Miller.



September Birthdays



Irene Price hosted the September birthday party in her lovely apartment. Celebrants included **Jon Parein, Karen St. John, Raquel Sussler, Sarah Burger, Pender McCarter, Dorothy Marschak** and Irene Price.

October Calendar

Visit the DCV website [calendar](#) to find further information for each event listed below.

REGISTER Online, or at admin@dupontcirclevillage.net, or contact DCV Office at (202) 436-5252

LGBT Friends Brown Bag Lunch & Discussion of Favorite Gay & Lesbian Literature

Wednesday, October 1st, 11:30 am — 1:00 pm

Location: DCV Office, 2121 Decatur Pl NW

Registration Deadline: September 29th

Contact: pmmccarter@aol.com or (202) 304-2237

Fall Picnic — Heurich House Museum Garden

Wednesday, October 8th, 11:00 am — 2:00 pm

Location: Garden of Heurich House Museum

1307 New Hampshire Ave, NW

Registration Deadline: October 3rd

Contact: mikesilversteinusa@yahoo.com or (202) 746-7455

Home Social Hour — Edmonds

Wednesday, October 8th, 5:00 — 6:30 pm

Location: Lucia Edmond's Home

Registration Deadline: October 3rd

Contact: lucia.edmonds@gmail.com or (202) 699-1594

Happy Hour — Dovetail Patio (Viceroy Hotel)

Wednesday, October 15th, 4:30 — 6:00 pm

Location: 1430 Rhode Island Avenue NW

Registration Deadline: October 14th

Contact: nys2dc@gmail.com or (585) 469-1182

DCV Board Game Day

Friday, October 17th, 2:00 pm until 4:00 pm

Location: DCV Office

2121 Decatur Pl, NW

Registration Deadline: October 16th

Contact: Eva M Lucero

execdir@dupontcirclevillage.net or (202) 390-8851 (c)

Sunday Soup Salon — Mindel & Lewis

Sunday, October 19th, 5:30 — 7:00 pm

Location: Home of Caroline Mindel and Lynn Lewis

Registration Deadline: October 16th

Contact: Co-Hosts

carolinejmindel@gmail.com or (202) 271-1760

lynnlewis940@gmail.com or (202) 365-7055 (c)



My Way: Options for Celebrating Lives Well Lived (Session 6 of 6)

Monday, October 20th, 3:00 — 5:00 pm

Location: FMW Assembly Room

2111 Decatur Pl, NW

Registration Closed

Home Social Hour — Burger

Location: Sarah Burger's Home

Wednesday, October 22nd, 5:30 — 7:00 pm

Registration Deadline: October 19th

Contact: sgburger@rcn.com or (202) 319-2611

Home Social Hour — Parein

Thursday, September 18th, 5:00 — 6:30 pm

Location: 1642 Beekman Pl NW - Apt D

Washington, DC 20009

Contact: jonp@verizon.net or (202) 297-2877

Tour — LeDroit Park and Bloomingdale

Thursday, October 23rd, 10:30 AM — 12:30 pm

Registration Deadline: October 22nd

Contact: bmerricks@msn.com or (202) 328-0746

Halloween Home Social Hour — Friday

Friday, October 31st, 5:00 — 6:30 pm

Registration Deadline: October 28th

Contact: viernesbarb@yahoo.com or (202) 841-0695 (p)

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October Calendar

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MONTHLY EVENTS

Men's Book Group

Monday, October 6th, 11:00 am
Location: 2121 Decatur Place NW
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Navigating the Path Ahead (Date Change)

Tuesday, October 28th, 3:30 — 4:30 pm
Location: Virtual
RSVP: Register Now online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mystery Book Group

Friday, October 3rd, 2025, 3:30 — 4:30 pm
Location: Virtual
RSVP: Register Now online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Live and Learn: Medicare & Medicaid 2026

Monday, October 27, 2025, 3:30 pm until 5:00 pm
Location: DCV Office — 2111 Decatur Pl NW
Registration Deadline: Friday October 24
Contact: volunteer@dupontcirclevillage.net or (202) 436-5252

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm and 3:30 pm
Location: DCV Office
Limit: 8
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Online Meditation

Mondays and Thursdays, 9:00 am — 9:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Chair Yoga

Tuesdays, 10:30 am — 11:30 am
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Accessible Mat Yoga

Mondays, 3:30 pm — 4:30 pm
Location: Virtual
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Coffee and Conversation

Thursdays, 10:00 am — 11:00 am
Location: Annie's Paramount Steak House
1609 17th Street, NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Bridge Group

Thursdays, 1:30 pm — 3:30 pm
Location: DCV Office — enter at 2111 Decatur Pl NW
RSVP: Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Mahjong

Thursdays, 2:00 pm — 4:00 pm
Location: hosted live by Roberta Milman
RSVP: rmilman@comcast.net or (202) 667-0245

Knitting Group

Every Thursday, 4:00 pm
Location: Online and in the DCV Office
RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday
8:30 am (Winter/Fall) — Starting October 13th
8:00 am (Spring/Summer)
Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am
Meet at northwest corner of Kalorama and Columbia that borders Kalorama Park





How DC's State Health Insurance Assistance Program Can Help You with Medicare and More

By Phyllis Kimmel

Just as the changing of seasons from summer to fall brings Halloween candy in the grocery stores, so too comes another annual event: open enrollment season for Medicare. The small but mighty team at **DC's State Health Insurance Assistance Program (SHIP)** is working hard to make dealing with Medicare less frightening than headless horsemen and other Halloween monsters.

SHIP is part of **DC's Department of Aging and Community Living**. It is a federally funded program and provides "boots on the ground" counselors for Medicare beneficiaries in the District. SHIP counselors assist with Medicare enrollment, billing questions, changing providers, and provide guidance on what preventative services are covered. For DC residents with lower incomes who need extra help, SHIP counselors can assist beneficiaries with applying for the Qualified Medicare Beneficiary program that helps with cost sharing. SHIP can also provide information about Medicaid.

The SHIP team fields questions about traditional Medicare, Part D (prescription drug coverage), Medicare Advantage plans, and MediGap plans. SHIP can also help answer questions about federal retiree health benefits and provide information on coverage of durable medical equipment. One of the most challenging aspects of

the DC SHIP Team is meeting the diverse and often urgent needs of DC's Medicare beneficiaries—navigating complex coverage questions, appeals, and transitions—all within a system that serves thousands across the District.

The DC SHIP program is free and all discussions are confidential. All advice provided by SHIP counselors is intended to be unbiased but informative. Help from the DC SHIP Team is available by phone at 202-727-8370, and by email at ship.dacl@dc.gov. Their website is <https://dacl.dc.gov/service/health-insurance-counseling>.

The Village is fortunate that DC SHIP's program manager, Tommy Ballard, will spend time at DCV's upcoming Live and Learn session, sharing information and answering questions about the upcoming Medicare open season (October 15 — December 7). Tommy stepped into the role of program manager of SHIP nearly a year ago, having previously worked in operations management at academic hospitals in the region and as a program manager at DC Health, with the Office of Emergency Preparedness and Response.

To learn more and have your questions about the Medicare open enrollment season answered, join DC SHIP **at Live and Learn on Monday, October 27 (3:30 — 5 p.m. at DCV's office)**.

MONTHLY MEAL

Minestrone Soup

What better way to celebrate the cooler autumn weather as well as October's Italian Heritage Month than a pot of homemade minestrone soup? This is an easy recipe from momsdish.com. It makes four servings and can be frozen.

Ingredients

- 1 medium carrot
- 1 medium zucchini
- 1/2 of a medium onion
- 2 stalks of celery
- 1 clove of garlic (minced)
- 2 teaspoons of olive oil
- 15 oz can diced tomatoes
- 2 cups of vegetable broth
- 15 oz can of beans (kidney, cannellini, or great northern)
- 2 teaspoons dried oregano
- 2 teaspoons dried basil
- 1/4 cup dried pasta (elbow, bowtie, or ditalini)
- 1 cup of water

Chop vegetables. Sauté them over low/medium heat for about 10 minutes. Add the garlic during the last minute.

Add everything except the pasta and simmer for 10 minutes. Add pasta and simmer until the pasta is cooked. Add more water if it's too thick.

If you plan to freeze some, put half into your freezer container before adding the pasta. This keeps the pasta from getting mushy. Just use 1/8 cup with each batch.

DCV Meditation Class Offers Calm to Members

By Steve Kittrell

Meditation is recommended by experts to help lower blood pressure, promote better brain function as we age, reduce stress, and slow memory loss (among many other benefits). We are fortunate that DCV offers 30-minute biweekly Meditation classes taught by Patricia Ullman on Zoom. Patricia has studied and practiced meditation for almost 50 years with Tibetan Buddhist teachers.

I recently decided to give the DCV meditation class a try. The class has quickly become a period of calm for me in our chaotic times. Here is what other DCV members say about the Meditation class:

Caroline Mindel: "I love the meditation class. It is a wonderful way to start the morning and Patricia is truly special. I am not a great meditator but, with Patricia, I can truly meditate."

Michael Speer: "I appreciate the class because it happens predictably and dependably. Patricia offers us an excellent mix of physical and mental relaxation techniques as well as short readings on mindfulness meditation. The classes are a wonderful part of my week."

Susan Doolittle: "New to meditation, I was pleased to learn so quickly the techniques for a calm, focused, and caring life. I am grateful for our instructor, Patricia, whose teachings always bring a smile."

The DCV Meditation class is one of many benefits that DCV offers members at no additional cost. I encourage other members to sign up for Meditation on the DCV Calendar and see for yourselves.

Your Digital Legacy Plan

By T. Carter Ross

In When developing or reviewing an estate plan, the usual focus is on assets: property, financial accounts, art, mementos, and so forth. Less commonly considered are digital assets, including social media and other online accounts. Not only can dormant accounts be compromised by bad actors, but it can also be upsetting and confusing for someone to pop up in friend suggestions or reminders years after they have passed away.

When it comes to digital assets, there is not one process you can take. Many assets, such as eBook libraries and digital music and music, are legally leased, not owned. Social media platforms have terms and conditions that specify who and how accounts may be accessed. Social media platforms also often have policies in place, once they've been credibly notified of a person's death, to lock an account, which can make it harder to remove information. Once locked—or "memorialized" to use term most platforms use—an account no longer can accept (or remove) contacts, and reminders about birthdays or to connect are no longer sent. However, it may still be possible for people to leave memories or messages of condolence on the site.

Facebook has a unique system where you can designate a "[legacy contact](#)," someone you choose to monitor your account after your passing. They will have access to much of the account, can curate tribute/memorial comments, change privacy settings, and update your profile picture. A legacy contact can also request an account's closure, if that's what you desire.

The British [Digital Legacy Association](#) recommends creating a "[social media will](#)" that makes clear what you would like to happen to any social media accounts, online photos or videos, and other digital assets. As part of this, they recommend documenting each online account, including user names and passwords, and keeping the list updated.

The association also has [step-by-step guides](#) (scroll down to the "Social Media Guides" section) for planning for how to handle your Facebook, Twitter, Instagram, LinkedIn, Google, and Snapchat accounts, as well as for hardware devices and other online accounts.

Unless an account has been locked, it is possible (though technically a violation of sites' terms of service) for a designated heir to use your username and password to log into accounts to save or remove information in line with your wishes

My Way: Reviewing Session Five

By Leslie Sawin

DCV program **My Way: Preparing for the Inevitable: Plans and choices for the end of life** held its fifth session, **Preparing for a Preferred. End of Life for Myself** on September 15, 2025. Starting from the *Compassion and Choices* premise that “Everyone should have the information they need to make end-of-life decisions with knowledge, power, and support,” My Way offers six sessions to introduce the steps necessary to make decisions based on personal goals and preferences and to achieve these in a personal way.

The sessions are interrelated and synergistic, building upon each other. Our first session, **Getting Your Life in Order**, focused on three basic tasks that represent the first step in our process: getting your house in order: decluttering and downsizing, creating wills and/or trusts, powers of attorney and other legal documents; and preparing a God Forbid list.

Session Two explored the nature of and process for making end-of-life decisions using **My End-of-Life Decisions, An Advance Planning Guide and Toolkit** provided by Compassion and Choices. Donna Smith from Compassion and Choices was our guest speaker. The twenty participants worked with the Compassion and Choices booklet to talk through what decisions need to be made and how best to think about them.

Session Three was held on May 19. The session focused on roadblocks or challenges that people face in having their end-of-life wishes followed and how to increase your odds of having the kind of death you want. Amy Thomas was the guest speaker. Again discussion and handouts were seen as very helpful. Responding to concerns in previous evaluations about needing more discussion time, adding an additional half hour to the sessions was important.

Session Four, **Awareness of and Planning for Physical and/or Cognitive Decline** explored the additional legal and personal challenges that arise in facing the end of life in the event of cognitive impairment. The guest speaker was Susan Flanders who shared her experiences and recommendations when cognitive decline becomes an issue. Session four seemed to fully meet most participants needs It was very well received and was thought to be very useful (4.71 out of 5), informative (4.85) and the handouts were found to be very helpful (4.78). The speaker was highly rated (5 out of 5 with 14 respondents. The topic itself was energizing and engaging for everyone. The topic of dementia seemed to resonate with everyone. Increasing the timing is clearly a benefit.



Session Five was held on September 15, 2025. The topic for this session was *Preparing for a Preferred. End of Life for Myself*, a challenging issue to consider. The topic was intense and difficult to work with but was engaging for most of the audience. Dixcy Bosley was our guest speaker and used a very effective slide presentation to focus conversation. The discussion was again lively and substantive. Session five seemed to meet participants expectations (4.5), to be informative (4.5) and helpful. Dixcy Bosley's slides were an enormously success. Many participants requested copies of the slides which will be sent to all participants. Two participants were not as satisfied with the presentation but requested copies of the slides. All in all, a very successful session for most folks

It is our hope and expectation that some of the ideas and valuable information that come out of these sessions will be shared in the future with the larger DCV community as Live and Learn sessions or other outreach efforts.

Session 1: Getting Your Life in Order
Session 2: Defining a Life Worth Living in its Last Chapter
Session 3: Planning to Ensure a Good Death for You
Session 4: Awareness of and Planning for Physical and/or Cognitive Decline
Session 5: End of life options
Session 6: Options for Celebrating Lives Well Lived

The program began on March 24th. It has met on April 21st, May 19th, June 16th, September 15th and the last session is October 20th.

Meet Member Victoria Boehm

By Tom Carmody

Vicki Boehm joined Dupont Circle Village about two years ago. She had been aware of the Village for some years, following and enjoying the daily cartoons. She remembers attending the Village's Annual Gala, courtesy of a friend's ticket, and had a great time!



At the Gala, she sat with Camay Calloway Murphy, daughter of Cab Calloway, and kept her chatting and occupied. Vicki thought the Gala attendees were exactly her "crowd". A bit later, Vicki attended a dinner hosted by a Village member for prospective new members and finalized her decision to join the Village!

An avid reader, Vicki belongs to the Village's mystery book club as well as another book club outside of the Village. She also volunteers, practicing her very limited Arabic language skills to assist an Arabic-speaking Village member with reading the various Village announcements, newsletters and events.

Vicki was born and grew up in Alexandria with her parents, and her older brother and sister. Her father made torpedoes for the Navy at what is now the Torpedo Factory Art Center in Alexandria. She moved to DC in 1966 after her father died. Her first DC address was The Chastleton on 16th Street NW. She lived in DC until she married and bought a house in Virginia. She returned to Dupont Circle in 1973 after a divorce and has lived here ever since. She watched the filming of scenes from "All The President's Men" in front of her apartment building.

She retired in 2012 after a long career with Booz Allen Hamilton as a data nerd. Vicki laughs when she describes conducting focus groups and pouring over survey data to produce reports that may or may not be read. She loves analyzing data!

Vicki enjoys her Dupont Circle neighborhood very much. While she sadly notes the closure of each bookstore and movie theatre in the area, she is thankful for the many restaurants within blocks of her apartment.

Vicki will always be grateful to the Village when, after having spent 108 days in an ICU, cardiac care unit, and nursing home recovering from an illness, she returned to her apartment and an empty refrigerator shortly before Thanksgiving. The Village's Meal Mavens saved the day, delivering Thanksgiving dinners to Vicki and her friend. The Village also helped during her recovery with a wheelchair that could fit in the interior doorway of her apartment and delivered Xmas presents as well!

Some fun facts about Vicki...

- **Favorite Museum?** The National Gallery of Art, which must include seeing the "Ginevra de' Benci", Leonardo da Vinci's only painting in the Western hemisphere! However, she does wish they displayed some of their pre-Raphaelite collection.
- **Favorite Restaurant?** Sitting next to the fire at La Chaumiere in Georgetown.
- **Favorite Ice Cream?** Butter pecan from Baskin Robbins!
- **Favorite Book?** "Daughter of Time" by Josephine Tey, about the mystery surrounding Richard III. She has read the book multiple times but one particularly memorable occasion was while housesitting on St. Peter Mountain in the US Virgin Islands when she discovered Richard Plantagenet's obituary in the New York Times, nearly 500 years after his death!
- **Favorite Movies?** "Love Actually", particularly at Xmas time, and "Dear Frankie", a 2004 film with Gerard Butler and Emily Mortimer.
- **Favorite Actor/Actress?** Owen Cooper, recent Emmy award winner for his role in the "Adolescence" series.
- **Bucket List Travel Destination?** Ukraine, to retrace her grandfather's origins and find the site of the haberdashery he owned with his brothers.

Out and About



DCV Members **Pender M. McCarter, Michaela Buhler, Lindsey Holaday, and Arlene Lutenecker** joined an intergenerational and eclectic group of more than 100 DMV residents, plus a caller and the 25-member "Supernacular" live band, for weekly Friday night contra dancing on September 12th at the Glen Echo Park in Bethesda. The four Villagers attended a first timers' class prior to the main event; their parting reactions ranged from "comfortably woke" and "everybody came to have a good time" to "once is enough."



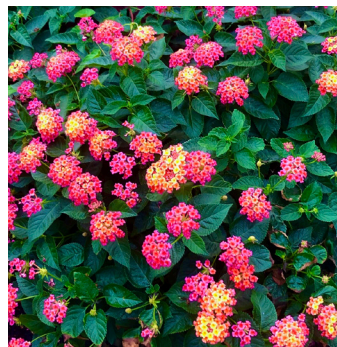
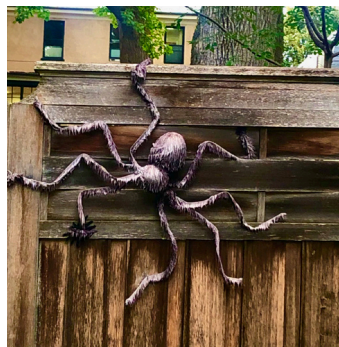
Sheila Lopez and her daughter, Jessica, at a pre-performance dinner at the Copenhagen Opera House.



Members enjoyed a tour of the The Clara Barton Missing Soldiers Office Museum. A small museum in DC that preserves the offices Clara Barton used just after the Civil War to help locate Union soldiers who were missing, and to notify families of those who had died.



Mike and Davye Gould enjoying time with family and friends in North Haven a town and island in Knox County, Maine, on Penobscot Bay.



Jim Chamberlin shares some photos he took walking around the Dupont Circle neighborhood.

Out and About



▲ **Sarah Burger** and Omar Ortez during a small celebration after Sarah returned from Albuquerque, NM. Omar and his wife Carmen were dear friends to Sarah's daughter, Hilary, and escorted her to Albuquerque.



▲ Villagers enjoying an outing to the Meridian House on Crescent Place NW where they toured the Meridian House and White-Meyer House.



▲ Photo taken at the NYC book launch party for **Anna Greenberg's** daughter Valerie's book, *You've Been Validated: A Playbook for Confidence and Connection*. Pictured: son Keith, daughter Valerie, and Anna.



▲ **Judith Neibrief** had a fine time in August on a group trip through the Baltic states, moving north from Vilnius, Lithuania.



▲ Longtime DC resident and Villager **Pender M. McCarter** found the following signs posted around town in September—from Mt. Pleasant to U Street to Dupont Circle — perhaps capturing the uneasy feeling of a city occupied by the federal government.

Out and About



▲ **Mark Goldstein** and **Michael Speer**, enroute from Rome to Barcelona, visit the Ephrussi de Rothschild Villa in Cap Ferrat, France.



▲ Ten villagers enjoyed a tour of the Woodrow Wilson house. Wilson lived in the S Street NW house after leaving the presidency until his death in 1924. His wife Edith lived there until 1961.



▲ **Karen St. John** traveled to Malta in September. She enjoyed their history, food and the beautiful Mediterranean.



▲ **Abigail Wiebenson** enjoying a tour of gorgeous Grindstone Island on the mighty St Lawrence River with her college friend Liz.

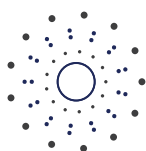


▲ **Kenlee Ray** and **Jeanne Downing** were one of many DC Villagers who attended the 2nd annual DC Villages Collaborative celebration *The Expansion of the Village Movement*.



More than 50 smiling faces gathered in September for DCV's sweetest tradition — the annual Ice Cream Social.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



DUPONT CIRCLE VILLAGE
SHATTERING THE STEREOTYPE
ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

Dupont Circle Village
2121 Decatur Place NW
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202-436-5252

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