

DUPONT CIRCLE VILLAGE

SHATTERING THE STEREOTYPE

ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

“Behold, my friends, the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love.”

— Sitting Bull

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Welcome New Members!

Alan Cohen
Geri Ferber
Susan Leighton

Enoteca Maria: Where Grandmothers Share Their Recipes—and Their Love

Tucked away in the St. George neighborhood of Staten Island, Enoteca Maria is not your average Italian restaurant. While its

By Eva M. Lucero,
Executive Director

cozy setting,
wine-lined walls,
and rustic menu
hint at traditional

Italian roots, what truly sets it apart is its soul: the nonnas.

Enoteca Maria was founded by Jody Scaravella, a Brooklyn native who opened the restaurant in 2007 as a tribute to his Italian heritage—and especially to his grandmother, Maria Scaravella had recently suffered the loss of his mother, grandmother, and sister in close succession, and in the midst of that grief, he sought healing through memory and food.

His idea? To staff the kitchen not with professional chefs, but with real grandmothers—women from around the world who brought their cultures to life through the dishes they grew up cooking. At first, it was just Italian nonnas, each taking over the kitchen for a day to prepare their family's recipes. But the concept quickly evolved.



Today, Enoteca Maria features grandmothers—"Nonnas of the World"—from countries like Argentina, Syria, Sri Lanka, Nigeria, Poland, and beyond. One night you might enjoy homemade gnocchi from a Roman nonna; the next, a spicy biryani from a Sri Lankan grandmother. The rotating international menu is handwritten, the food is deeply personal, and every dish carries the weight of memory, migration, and love.

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President's Notes



David Schwarz

This past month, I started DCV's excellent "My Way" program, developed by a group of our members to address the many issues of end-of-life planning. Arguably, such issues have as much to do with life as with death; in fact, a whole session of the program is devoted to "Defining a Life Worth Living to its Last Chapter." The suggestion is that choices we make can determine the quality of our final years—especially those choices that address the possible loss of autonomy through illness or sudden death. Still, for much of the time we have left, many of us will enjoy greater autonomy and independence than at any other time of our lives. So, at least for the relatively fortunate among us, the question of quality is also about how we choose to spend these final years.

One answer is the "bucket list" trope—the list of experiences to have or places to visit before we die—with our final years then spent checking off all the items we can. But for most people I know, the answer is not quite so simple. Of course, almost everyone says they have a bucket list, but that generally has little to do with how they actually spend most of their time. Rather, they seem to have many different, and not always compatible, parts to their lives. And the challenge is then trying to keep the parts in balance, or—failing that—to decide which are the most important.

In my own life, I can distinguish three parts. The first is playing—doing things just because I enjoy them. For me, many different things fall into this category. Travel is certainly at the front of the line here. So is seeing theater or concerts or opera—which combines well with travel, with theater trips to New York and London and opera trips to Santa Fe and Europe. Good food is up there, too; I love trying new restaurants, and even, occasionally, cooking. And that combines well with another pleasure, which is simply "hanging out" with friends. There are also books and book groups. And then there are games. In my old age, I have taken up bridge again—and between that and my other amusements, I could easily fill up my time.

But, for better or worse, something else gets in the way—the part of me that cares about accomplishments and expectations. Many of us, I suspect, have that unwritten book or story or article still rattling around in our heads—or some other kind of project that could provide a "last hurrah". For me, it is some unfinished academic research that I left behind when I changed careers, almost half a century ago. After I retired, I started picking up the pieces of that project with some limited success—conference papers and interesting correspondence. But I have not yet invested the time I would need to

push it through to publications. For the present, I can neither commit to this—with the likely sacrifice of other things I value in my life—nor resign myself to abandoning it. I guess procrastinating long enough will decide by default. Of course, I have other commitments that compete with this as well—with community involvement very high on that list.

Third, but not least, are the personal relationships in my life. I no longer have either a significant other or any remaining close family. When I did, they were at the very center of my life, but particularly near their end—when I found myself in the role of caregiver—their burden was almost all-consuming. Now I have a number of very close friends, to whom I devote as much of my life as I can. The question I still struggle with, though, is whether I still have the time and energy to look for another special relationship, or whether I can live the rest of my life without its intimacy.

In an ideal world, these three parts of my life would align perfectly—what I find fun would be what I want to accomplish and would involve the people I care about most. In reality, I have to make tradeoffs among playing and working and personal connections, and there is no obviously right way to do this. My only hope is that, in the end, I do not have my own "Rosebud" moment—the feeling that something critically important has been lost.



Villager to Villager Support for Health and Wellbeing

By Roberta Milman, Charlotte Holloman
and Meaghan McMahon

Every member of our Village brings with them a lifetime of knowledge and experience when they join our community. Especially when it comes to lessons learned around health and wellbeing, we have a unique opportunity to help one another during times of need. If you have experienced a health or social condition and want to support other members facing a similar journey, please let us know! Common health and social conditions members face that could benefit from support include but are not limited to *alopecia, auditory issues, backaches, cancer, dementia, diabetes, digestive issues, feet problems, gall stones, grief, incontinence, insomnia, kidney stones, loneliness, osteoporosis, Parkinson's, rheumatoid arthritis, tachycardia, vision problems, widowhood.*

Support might come in the form of a casual conversation, providing clues about what to expect, offering ideas on where to find professional providers, outlining questions to ask and sharing helpful hints about managing a particular health or social condition and its treatment.

If you need support or are interested in providing support, please contact **Eva M Lucero** directly. She will introduce you to **Meaghan McMahon**, DCV's social worker who will connect you with members in need or members who can support you.

A personal anecdote that speaks to the benefit of this type of support comes from a Villager who suffered a bout of breast cancer that required an extensive treatment regimen. She indicates that Medstar Georgetown University Hospital paired her with a "mentor" (partner). Her mentor helped her to better understand what was happening to her and what would happen; helped her to validate that what she was feeling were "normal" responses; provided her with a shoulder to cry on and a listening ear; gave her practical advice about make-up, clothing and wigs, and even gave her a little gift. Her phone conversations with her mentor served to boost her morale throughout the treatment process.

Enoteca Maria: Where Grandmothers Share Their Recipes— and Their Love

Continued from page 1

The restaurant isn't just about the food—it's about preserving culture and oral history. Scaravella launched the nonnas of the World project, a growing digital archive where grandmothers share not only their recipes but their life stories, traditions, and lessons passed through generations.

In a world that often overlooks the elderly, Enoteca Maria offers them center stage. It's a celebration of matriarchal knowledge and the emotional power of cuisine.

And in the heart of Staten Island, under the warm lights of Enoteca Maria, every dish comes with a story—and every story tastes like home. For more information, please visit [Enoteca Maria's website](#).

A banner for April Birthdays. The top part has a blue background with the text "April Birthdays" in white. Below this is a collage of images: a birthday card with lit candles, a Hershey's Kisses box, and a yellow card with a red heart. To the right of the collage is a list of names.

April Birthdays

**Happy Birthday
to all Villagers
born in April!**

Robert Spiegel, Angela Elkins, Cathy Schneider, Janet McMahon, Audrey Nevitt, David Schwarz, Jane Pierson, Suzanne Charlick, Alice Tetelman, Joele Michaud, Nancy Duff Campbell, Patrick Wallace, Charlotte Holloman, Anita Gottlieb, Jan Vandevanter, Rebecca Milliken, Barbara Friday, Roy Wyscarver, Rose Darby, Dan Leathers, Mike Silverstein, Mirella Shannon and Jeanette Barker

April Calendar

Visit the DCV website [calendar](#) to find further information for each event listed below.

REGISTER Online, or at admin@dupontcirclevillage.net, or contact DCV Office at (202) 436-5252

Teens Teach Tech

Saturday April 5, 2025, 10 am — 12 noon
Location: DCV Office
Registration Deadline: April 4th
Contact volunteer@dupontcirclevillage.net
or (202) 436-5252

Home Social Hour — Rosenberg

Monday, April 7, 2025, 5:00 pm — 6:30 pm
Location: Bella Rosenberg's Home
Registration Deadline: April 4th
Contact DCV Office admin@dupontcirclevillage.net
or (202) 436-5252 or

Tour — Elizabeth Catlett at the NGA

Friday, April 11th, 11:00 am — 2:00 pm
Location: East Building, 4th St NW
Registration Deadline: April 10th
Contact Beth Merricks at bmerricks@msn.com
or (202) 328-0746

Home Social Hour — Karesh

Tuesday, April 15th, 5:00 pm — 6:30 pm
Location: Home of Arlene and Charles Karesh
Registration Deadline: April 12th
Contact DCV Office admin@dupontcirclevillage.net
or (202) 436-5252

Happy Hour — Vagabond Bar and Kitchen

Wednesday, April 16, 2025, 4:30 pm — 6:30 pm
Location: 1836 18th St. NW
Registration Deadline: April 15th
Contact Sam Liberto at Sjliberto@gmail.com
or (607) 372-2881

LGBTQ+ Friends Museum Tour and Pizza Dinner

Wednesday, April 16, 2025, 5:00 pm — 8:00 pm
Location: American Museum of Art, 8th and G St. NW
Registration Deadline: April 14th
Contact Arthur Fornari at fornari.art@gmail.com
or (917) 886-4445

Baking Class — Heppel

Thursday, April 24, 2025, 1:00 pm — 4:00 pm
Location: Home of Caroline Mindel and Lynn Lewis
Registration Deadline: April 21st
Contact Monic Heppel at mlheppel@gmail.com
or (856) 332-0916



Tour — Sultan Qaboos Cultural Center

Friday, April 25, 11:00 am — 12:00 pm
Location: 1100 16th Street NW,
Registration Deadline: April 24th
Contact Beth Merricks at bmerricks@msn.com
or (202) 328-0746

Sunday Soup Salon — Mindel & Lewis

Sunday, April 27, 5:30 pm — 7:00 pm
Location: 1760 Swann Street., NW
Registration Deadline: April 24th
Contact Lynn Lewis at lynnlewis940@gmail.com or
Caroline Mindel at carolinejmindel@gmail.com

Home Social Hour — Heineman

April 28th, 5:00 pm — 6:30 pm
Location: Sue Heineman's Home
Registration Deadline: April 25th
Contact DCV Office admin@dupontcirclevillage.net
or (202) 436-5252

Spring Picnic — Heurich House

Tuesday, April 29, 2025, 11:30 am — 1:30 pm
Location: 1307 New Hampshire Ave NW
Registration Deadline: April 25th
Contact DCV Office admin@dupontcirclevillage.net
or (202) 436-5252

MONTHLY EVENTS

Men's Book Group

Monday, April 7, 2025, 11:00 am
Location: 2121 Decatur Place NW
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

Navigating the Path Ahead

Tuesday, April 8, 2025, 3:30 pm — 4:30 pm
Location: Virtual
Register online DCV Office
admin@dupontcirclevillage.net or (202) 436-5252

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April Calendar

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Mystery Book Group

Friday, April 25, 2025, 3:30 pm — 4:30 pm

Location: Virtual

RSVP: Register Now or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm and 3:30 pm

Location: DCV Office

Limit: 8

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Online Meditation

Mondays and Thursdays, 9:00 am — 9:30 am

Location: Virtual

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Chair Yoga

Tuesdays, 10:30 am — 11:30 am

Location: Virtual

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Accessible Mat Yoga

Mondays, 3:30 pm — 4:30 pm

Location: Virtual

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Coffee and Conversation

Thursdays, 10:00 am — 11:00 am

Location: Annie's Paramount Steak House
1609 17th Street, NW

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Bridge Group

Thursdays, 1:30 pm — 3:30 pm

Location: DCV Office — enter at 2111 Decatur Pl NW

RSVP: Register Online or contact DCV Office
at (202) 436-5252 or admin@dupontcirclevillage.net

Mahjongg

Thursdays, 2:00 pm — 4:00 pm

Location: hosted live by Bobbi Milman

RSVP: Bobbi Milman, rmilman@comcast.net
or (202) 667-0245



Knitting Group

Every other Thursday, 4:00 pm

Location: Usually DCV Office

RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday

8:30 am (Winter/Fall)

8:00 am (Spring/Summer)

Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am

Meet at northwest corner of Kalorama and Columbia
that borders Kalorama Park



March Birthdays

Kathy Price hosted a lovely March birthday celebration. L-R Craig Howell, Rebecca Martin, Charlie Ellis, Caroline Mindel and Frank Walter.

My Way has Launched!

By Leslie Sawin

DCV program **My Way: Preparing for the Inevitable: Plans and choices for the end of life** held its first session on March 10. This new program, underwritten by a grant, supports members thinking through the necessary end-of-life tasks we each need to consider. It starts with the premise from Compassion and Choices that "Everyone should have the information they need to make end-of-life decisions with knowledge, power, and support," My Way is a 6-session program. It encourages each participant to do things in their own way, on their own terms and at their own pace. This initial pilot program is limited to twenty participants who signed up to attend all 6 sessions.

Our first session, **Getting Your Life in Order**, focused on three basic tasks that represent the first step in our process:

- Getting your house in order: decluttering and downsizing
- Creating wills and/or trusts, powers of attorney and other legal documents
- Preparing a God Forbid list

The twenty participants gathered into four small groups. They worked with handouts for each task and talked



through what each task entails. The discussion was lively and substantive. Evaluation data indicated that the session was useful (4.43 out of five), informative (4.44) and the handouts were helpful, (4.81). Participants were also asked to complete an exit ticket: list three ideas that each participant will take away, one idea that resonated with them and ideas that they will think more about. Collated responses indicated that participants gained valued ideas, appreciated discussion time with one another and went away with a game plan.

The next session, **Defining a Life Worth Living in its Last Chapter**, will be held on April 21. It is our hope and expectation that some of the ideas and valuable information that comes out of these sessions will be shared in the future with the larger DCV community, as Live and Learn sessions or other outreach efforts.

Springtime in the Park



Patricia Ullman

DCV Meditation Instructor

By Tom Carmody

Patricia Ullman
has led weekly
meditation

sessions for Dupont Circle Village (DCV) members for the last two years. These virtual sessions are on Monday and Thursday mornings from 9-9:30, usually with 8-12 participants including a consistent group of regulars. All Villagers are welcome.

The sessions provide a great opportunity for the members to learn about and practice meditation, as well as connect with each other. Patricia gets them started with a body scan and some settling exercises, followed by some teachings and/or readings from notable meditation teachers. The sessions always include meditation instruction and a silent 10-minute period of self-guided mindfulness meditation.

While Patricia has lived in a variety of cities and countries, she is originally from the DC area. Born in Suburban Hospital in Bethesda, she was raised in Kensington by her Jewish father and Southern Baptist mother. In her early 20s, she began to ask herself "why are we here?" Her search for answers led her in the 1970s to find a Tibetan Buddhist teacher. She went on to study with him for decades, participating in various training workshops and retreats.

Patricia's current counseling work builds on her experiences as a lawyer, nonprofit executive director, and Buddhist meditation practitioner. A dual citizen of the U.S. and Canada, she received her Bachelor of Science degree from the University of Maryland and a JD from Dalhousie University in Nova Scotia. Her Master's in Counseling Psychology is from Yorkville University in New Brunswick, Canada.

Patricia raised two children, a son and a daughter. When the youngest went to college, she moved to an international Buddhist retreat center in France and served as the director of practice and education for 5 years. It was a very

good experience, as she met many different and interesting people while traveling around Europe teaching Buddhist programs.

She then returned to Nova Scotia to be the executive director of a similar retreat center. She considers Nova Scotia as "one of her homes" and, with her daughter and two grandchildren living there, aspires to return at some point in the future.

As her mother's care for her husband became more of a challenge, Patricia came back to the DC area in 2016 to help. While she knew she did the right thing to help her mother, it was a challenging move for her professional life. As she looked for work in the area, Patricia discovered the meditation environment to be quite different from her past experience. There were more opportunities in secular settings, including mindfulness studios, law firms, and other corporate environments. She also led groups in several departments of Sibley/Johns Hopkins Hospital and has continued since that time to lead a weekly group for the Sibley Senior Association.

As with many of us, the emergence of Covid forced several changes. As she had long entertained thoughts of becoming a psychotherapist, she took advantage of the downturn in work to pursue a master's degree. This helped establish her as a therapist and created the livelihood that she feels fits her best.

Patricia has written two books. Her first is entitled *Eight Steps to an Authentic Life: Ancient Wisdom for Modern Times*. Her intention in writing this book was to make the traditional teachings of the Buddhist "eight-fold path" more accessible to non-buddhists.

Her second book focuses on her teaching experiences in the DC area. Entitled *Entering the Mainstream: Mindfulness in Everyday Life*, her book includes a history and explanation of mindfulness, techniques on how



to practice mindfulness, and many techniques and guided meditations for both teachers and students of meditation. There is also advice on overcoming obstacles such as boredom and mental distraction, guidance on cultivating loving-kindness and compassion, techniques for working with sickness and pain, and many other helpful topics. There are chapters focusing on mindfulness for activists, families, children, and seniors.

Patricia encourages everyone to consider practicing mindfulness. As she says in her book:

What scientists call our "default mode" is our usual wandering mind, with which we spend a disproportionate amount of time talking to ourselves and ruminating on past and future hopes and fears. Our minds are not aware of this present moment in which we are actually alive; our bodies are in one place but our minds are somewhere else entirely. When we think this habitual wandering mind is the only alternative, we live our lives largely on automatic, reacting rather than responding and often feeling overwhelmed by the endless barrage of thoughts and emotions. We miss so much of our lives in this way.

Mindfulness meditation shows us an alternative, a way of freeing ourselves from our own endless cycle of conditioned thoughts, emotions, and actions. Mindfulness meditation and other mindfulness-based techniques are simple and skillful methods for cultivating this ability and developing it into our natural way of being.

From the Life of a Slave Comes an Annual Gift to Dupont Circle Village

By Lucia Edmonds

Each year to raise money for the Village, DCV auctions off a week's stay at a cottage in Falmouth Massachusetts. The owner of the property is the great-great-grandson of Adam Plummer, an enslaved man who toiled much of his life at the Riversdale Plantation located just six miles from Dupont Circle. We don't often think of DC as having been an active slave community, but it was, and as an act of retaliation for a failed runaway plan, Adam's wife, Emily Saunders Plummer, and three of their children were tragically sold at auction to Mary Ann Tolley Thompson, of Meridian Hill—now a part of DCV's catchment area. Someday after a stroll through Meridian Hill Park, cross the street to the east side of the park and you will find a stanchion that includes a photo of Emily Saunders Plummer and a statement acknowledging her enslavement in the area.

I have long been fascinated by the life of Adam Plummer. First, his great-granddaughter, Dr. Jewel Plummer Cobb, was my sister-in-law and best friend. Second, she was the first Black person I knew who could trace her ancestry back to her great-great-grandfather, (I knew my maternal grandfather, but no one beyond that.) And third, I watched as she frequently held a copy of his published diary, only to put it down in frustration, saying, "It makes me so mad." I would pick it up, captivated by the story of a man who endured slavery and survived to experience freedom, and build the community of Mount Rose, near Hyattsville Maryland.

What follows is the story of Adam Plummer, as documented by the historians of Riversdale House, once a plantation and now a Museum.

"Adam Francis Plummer: The Story of a Remarkable Man and His Family"

"Born at George Calvert's Mount Albion, Adam Francis Plummer was taken to Riversdale Plantation when he was 10 years old. He appears to have had a personal relationship with George and Rosalie Calvert's second son, Charles Benedict Calvert, who assumed control of the estate after his father's death. Charles allowed Plummer to use three or four acres of land, along with a horse or mule for plowing and hauling. Plummer sold the produce from this plot and kept the profits. In addition to general farm labor, he was a skilled carpenter who could build almost anything.

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MONTHLY MEAL

Bella Rosenberg suggested the following recipe, originally published by the International Rescue Committee. She suggests upping the amount of cardamom.

Iraqi Shakar Lama (Cardamom Cookies)

Ingredients:

1 cup softened butter
(or vegetable shortening)
1 ½ cups superfine sugar
2 cups all-purpose flour
½ tsp. ground cardamom
(I'd be inclined to use more)
Pinch of salt
Almonds or hazelnuts for garnish
(optional)

Preparation:

1. Reheat oven to 375 degrees F
2. Mix the butter and sugar in a small bowl, using an electric mixer, for 2 minutes or until light and fluffy.
3. Blend in the dry ingredients, mixing carefully to incorporate.
4. Using a spoon, form the dough into 25 walnut-size balls, placing and flattening each on a greased baking sheet. If garnishing, place a single nut in the center of each cookie.
5. Bake for 10-15 minutes.
6. Allow cookies to cool completely on the baking sheet before moving to a plate.



From the Life of a Slave Comes an Annual Gift to Dupont Circle Village

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In 1839, Plummer met Emily Saunders, an enslaved cook at Three Sisters Plantation in Lanham, Maryland. She came to Riversdale to care for an ailing aunt, and after a two-year courtship, they were married on May 30, 1841, at New York Avenue Presbyterian Church in Washington, D.C. That day, Adam Plummer began keeping a diary. For the next 10 years, he was permitted to travel from Riversdale to visit Emily at Three Sisters—eight miles away—every Sunday evening, returning to work Monday morning.

The Plummer family planned to escape to a free state or to Canada. In 1845, recognizing the rarity of a legally recognized marriage among enslaved couples, they intended to use their marriage certificate as proof of freedom. However, one of

Tolley Thompson of Meridian Hill in Washington, D.C. The remaining two children stayed behind at Three Sisters. Plummer was permitted to use a wagon to help transport Emily's belongings. That day, he wrote in his journal, *"Oh wretched man that I am! Who shall deliver me?"* Despite the increased distance, he continued visiting his family at least every two weeks.

Four years later, Thompson relocated to Mount Hebron, near Ellicott Mills in Howard County, Maryland, taking Emily and their children—Henry, Julia, Nicholas Saunders, and infant Margaret—with her. Plummer wrote to his wife, *"I am myself very much downhearted to see the children scattered abroad, and you and me far apart, to see the little children shed tears for the loss of their father."*

pen in Alexandria, Virginia, and sold to a master in New Orleans. She later wrote to her family: *"I am writing with much grief. My heart is full of sorrow, and I can do no better. I hope you will not grieve after me, but in the good Providence of God, I hope we will meet to part no more."*

With the signing of the Emancipation Proclamation in 1863, word spread quickly among the enslaved community. Seeing an opportunity for freedom, Emily Plummer and her children fled to Baltimore, but they were arrested as runaways. Because the proclamation only freed those enslaved in Confederate states, they remained legally bound to their owner. Unable to afford the fees for their release, their master abandoned them, and a judge ordered their discharge. After a search, Adam Plummer found them and took them to Riversdale, where they both lived as enslaved people until Maryland officially ended slavery with the state's new constitution in 1864.

After the Civil War, the Plummers' eldest son, Henry Vinton, traveled to New Orleans to bring Sarah Miranda home. Her return marked the first time in decades that the entire family was reunited. That same year, the Plummers, now free, founded the community of Mount Rose and St. Paul's Baptist Church, which remains an active place of worship until this day. "

Through the generosity of his great-great-great-grandson, Dr. R Jonathan Cobb, the legacy of Adam Plummer lives on. His contribution to Dupont Circle Village is more than just a donation—it is a testament to resilience, family, and the power of giving back.

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Emily's aunts betrayed their plan to Sarah Ogle Hilleary, the mistress of Three Sisters. In response, Emily was removed from her house duties and sent to work in the fields. As further punishment, Hilleary put Emily and her four children up for sale in 1849. Ill and caring for a newborn, Emily was spared, but her sister was sold in her place.

After Hilleary's death in 1851, her heirs sold Emily and three of the Plummer children to Mary Ann

Now needing a travel pass from his master, Plummer made the long journey by train to see his wife. He documented one particularly painful departure: *"I saw you shed tears at the cars (train) for the last sight of your husband. I looked out the car window and saw you as long as I could, very loath to part from you, but this is the way we must go!"*

In 1860, Sarah Miranda, the Plummers' eldest daughter, was taken from Washington to Levi Hurdle's slave

Out and About



▲ Historian and DCV member, **Bill Kloss** led a tour for Villagers of the Dutch Masters at the National Gallery of Art (NGA).



▲ A large group of family and friends of DCV Villager **Janet Welsh Brown** gathered on March 15th at the Levine School of Music in Van Ness DC to celebrate Janet's consequential life, including Villagers **Judith Neibrief** and **Pender M. McCarter**. Janet's son, daughters and granddaughter recalled her contributions combating homelessness; championing rights of women, minorities and handicapped; and protecting the environment.



▲ **Carol Galary** and **Ken Shuck** spent an afternoon in Austin Texas in the hot, beating 80-degree sun watching their youngest granddaughter, Haven, play soccer, then re-dressed to attend the engagement party for their oldest Austin granddaughter, Paige, to Aidan!

After Janet's death on April 9, 2021, her son, Ian Brown, wrote: "Janet grew up in Brookline, Mass.; jobs started when she was 11. She paid her way through Smith College. Travelled on her own through southeast Asia, where she got news that she had received a Fulbright Fellowship. She lived in Rangoon, Burma (Yangon, Myanmar), for a year. Then she headed back to the US, sailed on a freighter for transportation, took a boat up the Nile, ended in Scotland to visit relatives. Graduated from Yale with her Masters; was a professor at Columbia, Sarah Lawrence, Howard University, Federal City College (later, UDC)."

Ian added: "Janet's superpowers were organization and networking. We always had checklists to gargle, take aspirin, nap, read when we stayed home sick. We had our chores list, created by her but self-managed by us kids, with negotiations, strategizing and maneuvering. She taught us to cook and bake. She resorted to knitting to occupy her hands during faculty meetings after she quit smoking, and made each one of us wool cable-knit sweaters. She taught us hand and machine sewing. She taught us to be stubborn and tenacious in our caring for our families, our friends, our environment, our world."

Janet's husband, Norman L. Brown, passed away on November 7, 2015; Dr. Brown's family also celebrated his life at the Levine School shortly thereafter. In 1943, he served in Los Alamos on the Manhattan Project with J. Robert Oppenheimer; was a civil rights, community, environmental and peace activist; and a self-taught cabinet maker, plumber, carpenter, electrician and musician.

Out and About



▲ **Bob McDonald** and **David Insinga** recently visited Australia, where one of the highlights was David fulfilling his bucket-list dream of seeing the Sydney Opera House.



▲ Volunteer and DCV member, **Frank Walter** enjoys a weekly walk with member, **Shubbh Schiesser**.



▲ Marveling at the intricate craftsmanship of Swedish folk weavings from the 18th and 19th centuries, collector **Wendel Swan** shared their history and cultural context to an attentive Village audience at our March Soup Salon.



▲ **Carol Galaty** and **Ken Shuck** ventured North, and seemingly into the past with flocks of wild turkeys roaming the streets of downtown Cambridge as in colonial days. They also visited Smith College in Northampton and Amherst where **Abigail Wiebenson** and **Stephen Grant** first met and sang together in the early 1960s.



▲ 25 members of the LGBTQ+ friends group gathered at Annie's on St Patrick's day for corned beef and cabbage and camaraderie.

Out and About



▲ **Sarah Burger**, hosted another in-home concert in March. The guest pianist was DCV member, **Charles Timbrell**. Charles has appeared widely in the United States and Europe. Critics have praised his performances as “masterly, with real insight”; (London Times) and “beautifully conceived and technically assured”; (Washington Post).



▲ DCV continues to offer seasonal vaccination clinics in a safe and accessible location (our office) where members can receive vaccines to protect against infectious diseases.

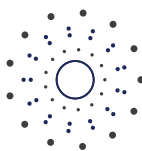


Out and About



DCV is happy to host two Tai Chi programs. Both are on Tuesday afternoons in the DCV office. Tai Chi not only improves balance and coordination but enhances flexibility and strength.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



DUPONT CIRCLE VILLAGE
SHATTERING THE STEREOTYPE
ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

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