

DUPONT CIRCLE VILLAGE

SHATTERING THE STEREOTYPE

ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

“I always wanted to be somebody, but now I realize I should have been more specific.”

—Lily Tomlin

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Welcome New Members!

Kristen Durfee
Mel Goldstein
Kay Marlin
Richard Saunders
Phillip Solano

Embracing the Beauty Around You—The Joshua Bell Experiment

Remember the Washington Post humor columnist Gene Weingarten? In 2007, he wrote the Pulitzer Prize winning article, *Pearls Before Breakfast*: Can one of the nation's great musicians cut through the fog of a D.C. rush hour? which became a global sensation. The popularity of this article has not diminished, and for over the past 16 years it has been featured regularly and in various forms on social media sites.

The popular article described a social experiment conducted with the world-renowned violinist Joshua Bell and the Washington Post. On Friday, January 12, 2007, in the middle of morning rush hour, Bell took out his 1713 Stradivarius violin and started playing just inside the entrance of the L'Enfant Plaza Metro. For 43 minutes, Bell performed six classical pieces, two from Bach, one Massenet, and one each from Schubert and Ponce.

Out of 1,097 people who passed Bell that morning, 27 gave money, and only seven stopped and listened for any length of time. Bell made \$52.17 for his performance, including a \$20 note from someone who recognized him.

A Google search reveals various descriptions of the incident:

"The experiment proved that the extraordinary in an ordinary environment does not shine and is so often overlooked and undervalued."

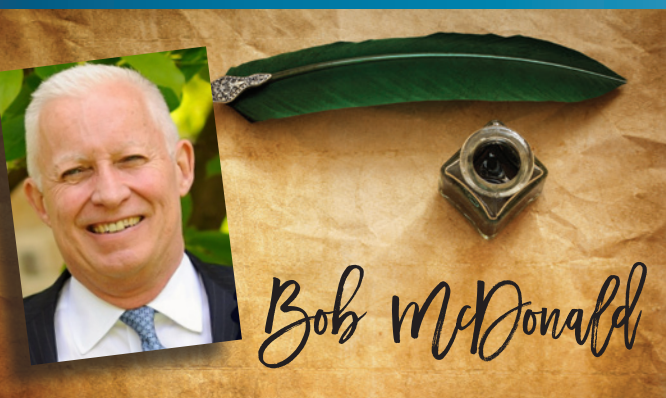
"The experiment was an affirmation of the presence of God all around us in bounteous yet unappreciated beauty."

"If we do not have a moment to stop and listen to one of the best musicians in the world playing the best music ever written, how many other things are we missing?"

Yes, how many things are we missing? When we are in familiar settings, focused on our tasks at hand, important moments can easily pass us by. By being more mindful of where we place our attention, we can expose ourselves to new experiences and delights and even share them with others. Let's take time to pause and enjoy the small things and acknowledge our fellow human beings. And who knows? Maybe you will even be one of the few who stops to listen to a world-class violinist in a metro station.

Joshua Bell will be back in DC soon. He won't be busking in a Metro station but will be at the Kennedy Center on September 15th and 16th.

President's Notes



Come to Live and Learn—September 18

Each of us joined the Village for a reason. It may have been because a friend was part of the Village. We may have been seeking something to do after retiring. The social events may have attracted us. We may have been looking for a sense of community because we did not feel connected to people in our buildings or in our neighborhood. The Village's volunteer services may have drawn us. And here we are—part of a vibrant community with an ever-expanding calendar of offerings and events.

As we continue to age, life can bring us additional challenges. Something unanticipated comes along: a health crisis, an accident, a hip or knee replacement, a new diagnosis, the illness or death of a loved one, a change in our abilities. As we age, our journeys are affected by more twists and turns than we would like.

You might be facing such a challenge now, or you might down the line. We want you to know that the Village is and will be with you. **We want to invite you to a very pertinent Live and Learn session on Monday, September 18 from 3:30 to 5:00 p.m.**

The session is titled: **"How to Stay Well So You Can Age at Home."** At this Live and Learn, you will hear from a panel of professionals and

other Villagers who will describe the work they do to assist our members. Each panel member will make a brief presentation on their work with Villagers, followed by time for Q&A and further discussion.

Here is a listing of the agenda and the panelists:

- The Health and Wellness Committee: its work and mandate
Sarah Burger, Chair
- The Role of the Village Case Manager / Social Worker
Barbara Scott, LICSW
- The Role of the Village Health Care Navigator
Lee Reed, RN, BSN, MS
- Navigating the Path Forward: monthly support group
Tim Rogers, Facilitator
- The Referral Process: how the Village directs you to the help you need
Eva M. Lucero, Executive Director
- Care Groups: their purpose and how they work
Ann McFarren, RN
- The Members of Concern Group: its purpose and how it works
Bob McDonald, President

While all of these resources have been made known to the Village, the human tendency is not to pay attention until we actually need them. This is an opportunity for you to increase your awareness, understand how you can access resources, and give you reassurance of the Village support that will be there when you need it.

This session will be held both in-person and virtually on Zoom. If you are able, I recommend that you attend in-person to get the most benefit from the interchange.

I hope to see you there!

Volunteer Accolades

Dear Jane and Ellen, and all DCV Volunteers, "Thank you so very, very much. I am touched by your warmth and generosity and deep kindness." *HF 1/19/23*

"Thanks so much!! Wonderful news, Adrian. It would be great to have a ride and help, and company to shop for a new chair. I'm a ditherer but I shouldn't take a long time." *JK 2/17/23*

"Wonderful—that's the only adjective I can think of—to describe the DCV volunteer service and the help that Craig gave us today!" *EE 7/2023*

"Many thanks for suggesting Phyllis to help me proofread my manuscript! She was an expert and helped in reading my verse. Unfortunately, my computer didn't start, and I was desperate. My work was completed on Phyllis's laptop. *SS 7/12/23*

"BTW Michael has been by two times already and has been a big help." *RM 7/14/23*

"Meaghan, thank you so much for your help setting up the sale site for me. You saved the day! I'll monitor the site daily and let you know when we get responses." *AM 7/17/23*

"I had a pleasant and productive afternoon shopping with volunteer Michael! Thank you." *AH 7/18/23*

Monthly Calendar



DCV Home Social Hour

Wednesday, September 06, 2023,

5:00 pm–6:30 pm

Location: 1852 Columbia Road, NW, #602

Limit: 10 Members

Register online or contact DCV Office

Genealogy Group

Thursday, September 7, 2023, 1:00 pm–2:30 pm

Location: Virtual

Register online or contact DCV Office

DCV Ice Cream Social

Thursday, September 7, 2023, 3:00 pm–5:00 pm

Location: Friends Meeting of Washington

2111 Decatur Place NW (Upstairs terrace)

Register online or contact DCV Office

Older Adult Block Party Showcasing Transportation Options (DCV is a sponsor)

Saturday September 9, 2023, 12:00 pm–2:00 pm

Location: Dupont Circle Fountain

No RSVP needed.

Navigating the Path Ahead

Tuesday, September 12, 2023, 3:30 pm–4:30 pm

No Limit

Location: Virtual

Register online or contact DCV Office

National Gallery of Art—East Building Architectural Tour

Wednesday, September 13, 2023, 11:00 am–12:00 pm

Location: 150 4th Street NW

Limit: 20 Members

Register online or contact DCV Office

DCV Happy Hour

Thursday, September 14, 2023, 5:00 pm–6:30 pm

Location: Code Red, 2440 18th Street, NW

Limit: 16

Register online or contact DCV Office

LIVE AND LEARN:

How to Stay Well so You Can Age at Home

Monday, September 18, 2023, 3:30 pm–5:00 pm

Location: Hybrid (DCV Office or by Zoom)

Limit: 10 in person

Register online or contact DCV Office

DCV Home Social Hour

Thursday, September 21, 2023

5:00 pm–6:30 pm

Location: 1838 Calvert Street, NW

Limit: 8 Members

Register online or contact DCV Office

Fall Vaccination Clinics

Friday September 29, 2023

12:00 pm–3:00 pm

DCV Office

Registrations begin Mid-September

Friday October 13th

12:00 pm–3:00 pm

DCV Office

Registrations begin Mid-September

RECURRING EVENTS

Tai Chi for Arthritis and Fall Prevention

Tuesdays, 2:00 pm

Location: DCV Office

Limit: 8

RSVP: Register online or contact DCV Office

Online Meditation

Mondays and Thursdays, 9:00–9:30 am

Location: Virtual

RSVP: Register online or contact DCV Office

Chair Yoga

Tuesdays, 10:30–11:30 am

Location: Virtual

RSVP: Register online or contact DCV Office

Accessible Mat Yoga

Mondays, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

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Monthly Calendar

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Coffee and Conversation

Thursdays, 10:00–11:00 am

Location: Kramers

1517 Connecticut Ave NW

RSVP: Register online or contact DCV Office

Bridge Group

Thursdays, 1:30–3:30 pm

Location: DCV Office—enter at 2111 Decatur Pl NW

RSVP: Register online or contact DCV Office

Join other Villagers who like to play bridge.

Mahjongg

Thursdays, 2:00–4:00 pm

Location: hosted live by Margot Polivy

RSVP: Bobbi Milman, rmilman@comcast.net

or (202) 667-0245

Knitting Group

Every Thursday, 4:00 pm

Location: Usually DCV Office

RSVP: Sheila Lopez at sheilablopez@gmail.com



Dupont Circle Walking Group

Every Monday, Wednesday, Friday at 8:00 am

Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am

Meet at northwest corner of Kalorama and Columbia Road bordering Kalorama Park

15-Minute Meal

Salmon & Creamy Orzo with Spinach & Mushrooms

Ingredients

- 1 $\frac{3}{4}$ cups low-sodium chicken broth
- $\frac{1}{4}$ cup heavy cream
- 1 teaspoon garlic powder
- $\frac{1}{2}$ teaspoon salt, divided
- $\frac{1}{8}$ teaspoon ground pepper plus $\frac{1}{4}$ teaspoon, divided
- 1 $\frac{1}{2}$ cups sliced mushrooms.
- 1 cup whole-wheat orzo
- 4 cups lightly packed baby spinach
- 2 teaspoons extra-virgin olive oil
- 1 $\frac{1}{4}$ pounds center-cut salmon, cut into 4 portions.

Directions

- Preheat oven to 450°F.
- Stir broth, cream, garlic powder, $\frac{1}{4}$ teaspoon salt and $\frac{1}{8}$ teaspoon pepper together in a large skillet. Add mushrooms and orzo, cover and bring to a boil over high heat. Stir in spinach, reduce heat to maintain a lively simmer, cover and cook until the orzo is tender, and the sauce has reduced and thickened, 10 to 12 minutes.
- Meanwhile, brush oil on both sides of salmon pieces. Sprinkle with the remaining $\frac{1}{4}$ teaspoon each salt and pepper. Place on a baking sheet and roast until just cooked through, 8 to 10 minutes. Serve the salmon with the orzo.



A Matter of Balance

A **Matter of Balance** is an eight-week series of workshops addressing the concerns of older adults about falling. It is an award-winning program designed to help us manage our falls and increase

By Ellen Brody

our activity levels. The training teaches us to view falls as controllable, set goals for increasing our activity, make changes at home to reduce our risk of falling, and it covers a series of exercises that increase our strength and balance. We also learned how to change our mindset about participating in activities from "I cannot attend because I may slip and fall" to "I will ask my friend to attend with me so I can take advantage of this opportunity to go outside, walk and/or socialize."

In December of last year, **Eva M. Lucero** suggested I call Lucia Edmonds to take the Matter of Balance Training together. I had no idea what I was getting involved in, although Lucia had previously conducted Falls Prevention workshops for DCV several years ago.

Lucia and I met for the first time in January, we attended the first of a two-day training session on how to lead the Matter of Balance classes. In March, we compared our schedules (with the availability of the DCV conference room) and determined we would conduct the workshops every Tuesday, from 1 PM to 3 PM between April 11 and May 30 (my birthday). We were able to accommodate eight participants and were delighted that eight villagers made the commitment to join us every week for eight weeks to complete the training.

Our first session on April 11 was an introduction to the program and focused on concerns about falling versus fear. This was an opportunity for our members to get to know each other and vocalize our falling fears and experiences. In the second session, we learned the importance

of recognizing our core beliefs about falls so we would be able to change them. Session three taught us the Matter of Balance exercises, which are suited for fall prevention. Session four identified three important physical risk factors which cause falls, low blood pressure (which can cause dizziness), leg weakness and poor flexibility and balance. We also learned to be assertive and not be afraid to ASK FOR HELP! In Session 5 we learned how to plan and start an exercise program and how to shift from self-defeating to self-motivating thoughts. Session 6 taught us to recognize which activities are fall-risking behaviors (not having a well-lit path from your bed to the bathroom in the middle of the night), and how to change these behaviors (install a night light, keep a lamp next to your bed or bring a flashlight with you, when you are traveling and sleeping in unfamiliar surroundings). Session Seven taught us to recognize fall hazards at home and in our community (bricks are slippery when wet, so slow down your pace when it is rainy or icy outside). We learned the relationship between assertive behavior and fall prevention and



most importantly, all of us got on the floor and learned how to get up safely! Session 8 was a review of the 8 sessions and my birthday party!

Not only did all of us get stronger from the exercises, but we also changed our mindsets and made new friends. Participants asked if there will be a Part 2. There is not, but you can enroll in silver sneakers or attend Village activities which include morning walking groups, Feldenkrais, chair yoga, mat yoga or Tai Chi for Arthritis (which will start in September).



September Birthdays

Happy Birthday to Villagers celebrating September birthdays!

Helen Walsh, Lynn Lewis, David Stevens, Sarah Burger, Astride Klick, Raquel Sussler, Sandra Mabry, Joe Auslander, Suman Sorg, Nancy LaVerda, Peter Bloom, Karen StJohn, Robert Benson, Dorothy Marschak, Dianne Laughlin, Claire Wagner, Pender McCarter, Shirley Campbell and Fred Michaud.

Three Buddies and a Promise

The dusty khaki military bus wheezed and spluttered as it came to a halt, relieved that it had finally reached its destination, Summit Point Raceway. It unloaded its cargo in front of the "Winners' Circle", a befitting place for its contents, twenty military veterans. "A Day at the Race Track" had been arranged by The Ferrari Club for these heroes who survived the horrors of war, hoping perhaps they would forget what they had endured, at least for this one day.

By Miriam Schottland

Ex lieutenant Marco Giopardo was going for a ride with me in my race car. He could not contain his excitement and apprehension as he was helped over my roll-cage then dropped himself in the passenger seat in my very small gray 911 Porsche. He had never been in a race car before and nervously fumbled with the harness, an intricate puzzle of straps challenging the most intelligent of IQs!

"Uhh, how fast are we going to go?" Marco asked tentatively, already gripping the door handle.

"Well, this car is relatively slow compared to some of the other cars out there. We should reach maybe 133 mph, but it depends."

Silence from Marco.

"Uhh, how long have you been doing this?" Marco asked, still gripping the door handle, but now a little tighter than before, hoping for an answer that would appease his trepidation.

"Well, today is my first day," I answered, knowing the reason for his question.

Silence from Marco.

Today was not my first day, it was probably something like my 4,000th day and yet, away from the track, I would count the days, no, the hours when my fellow track junkies and I would thunder onto the shimmering asphalt again to satisfy our addiction to speed. The heat, the dust, the



smell and the sounds are the Elixir of the Gods to my fellow risk takers and me.

As we sat there, helmets on and harnesses tight, I had such a strange thought...I wondered if Marco and all the other vets had similar thoughts going into combat, heart beating faster, wanting to scratch that salacious itch of needing something physical and barely containing all that energy boiling inside of us. Was it also a high of some sort? One could get killed doing this, but we do it anyway.

Maybe the thrill of taming that snorting, automotive horsepower gives us a sense of control in our mundane lives, or do we enjoy cheating death by driving just on the edge of Doom?

"So, what brought you and the other veterans out here to Summit Point, Marco?" He hesitated for a moment, bowed his head slightly, then looked upwards, "Hey we are doing it," he muttered mysteriously, "We are doing it!" Then he bowed his head again.

Silence from Marco

"Hey Marco, doing what?" I asked cautiously.

He was clutching a worn, folded piece of paper and again he muttered, "We are doing it!" Then...

He began softly, "When I was in Afghanistan, my two buddies and I promised ourselves we were going to build a race car and learn to race it when we came home but getting blown to bits got in the way of our plans." Marco slowly shook his head almost in disbelief, almost in defiance of that reality. He continued, "I was lucky, I survived, so now it is up to me to complete our dream."

The green flag suddenly exploded into the air, whipped furiously by the wind, helped by a human hand, beckoning us to an unknown adventure. Greedy for speed, we roared onto the track surrounded by other drivers also craving to satisfy their addiction to an adrenaline high.

These two and a half miles of track is our magic yellow brick road testing

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our skill and concentration!

I could hear Marco breathing heavily through our communicator as we accelerated down the straightaway into Turn One, braking hard, our tires screeching, holding us onto the road, telling us they were almost at their limits of adhesion, but giving us their best.

"Hey Marco, are you OK? There are more turns waiting for us!" I teased, though I was hoping my virginal passenger was not about to pass out or throw up. Most people do not comprehend what speed really is and when experiencing it for the first time have had various reactions, from

achieving Nirvana to thinking they are descending into the Ninth Circle of Hell.

Our session lasted the usual twenty minutes, Marco never said a word. Finally, the checkered flag displayed its purpose, come on in speed addicts, back to reality, the party is over!

As we pulled into the pits, Marco's white knuckled Gordian grip on the door handle relaxed and his breathing slowed down. "Wow," he exclaimed, "Wow." "Welcome to the brotherhood of adrenaline junkies." I answered.

As he relaxed, the curious piece of paper clenched in his left hand throughout our track session, fell to

the floor near my foot. "Damn" he uttered as he tried to rescue it, restrained by all the straps holding him to the car. "I'll get it Marco", quickly undoing my harness, wondering why that piece of paper seemed so important.

I handed it back to him, he carefully unfolded it, then returned it to me. Scrawled in pencil were three faded signatures; Walt Lessinger, Barry Boranski and Marco Giopardo...I understood.

"Wow", again, "I sure have to learn how to do this," he breathed excitedly as he was lifted out of my car...Marco had no legs.

**Miriam is part of the DCV memoir writing group.*

Meet Volunteer Samantha Suplee

Samantha was born at Columbia Hospital for Women in Washington, DC. Her family moved to Silver Spring, Maryland when she was an infant. She attended the University of Maryland at College Park where she received three bachelor's degrees in Spanish, History and Economics. Her first job out of college was working at the University of Maryland in College Park as an administrative assistant organizing the procurement for a professor's Physics laboratory.

During COVID, Samantha was employed by a legal firm in their Securities and Fraud department. Her role was to calculate a client's financial losses and then determine if the amount of money lost warranted the firm's pursuit of a fraud case. From her calculations, she was able to observe the legal strategies put together to create a case, watch it go to court and then see the outcome on the news. Notable achievements by others in Samantha's practice group were utilized for the Google sexual harassment law suit ([Google](#)

[Ends Mandatory Arbitration in \\$310M Sexual Harassment Settlement | The Recorder \(law.com\)](#)) and the Sutter Health Antitrust Settlement ("[Sutter Health's \\$575M Antitrust Settlement Is Final: 4 Things to Know, Becker's Hospital Review | Cohen Milstein](#)").

Samantha is currently working at WMATA in their "Bus Priority Office," in a role to better serve residents using the bus. She enjoys being a stakeholder who has an interest in a positive outcome from her office's efforts.

Samantha decided she wanted to add volunteering to her activities in 2020. She was pleased to discover Dupont Circle Village was one of the few organizations accepting volunteers during COVID. She was glad she could find a way to contribute to her community in a way which would make the lives of her neighbors better than when she arrived. Samantha loves living in the Dupont Circle neighborhood and has witnessed the love and joy of the people who live here whenever she leaves her apartment. Be it a resident joyfully walking



their dog, dogs greeting each other on the street, a couple holding hands or residents enjoying each other's company on the front porch, she is touched by the love and warmth her neighbors exhibit on a daily basis.

Out and About



◀ In the neighborhood with **Jim Chamberlin**. New hijinks at the Barbie Pond, as they get ready for their movie premiere.



Matt Abrams hosted a DCV social hour in July. Villagers who attended include **Olga Hudacek, Nance LaVerda, Karen St John, Greg Bolton, Dwaine Rieves, Matt Abrams, Ken Shuck, and Anita Gottlieb.**

Out and About



▲ **Kathy Price** spent part of August with her son, Jason, and his wife and 8-month-old Attilio (grandson) in Sardinia, where her son owns a home at the southern tip of the island in the town of Carloforte. She was met at the ferry first by seven caring EMT's who initially assumed she was lost! Then along came baby Attie! The family centered nature of this picturesque town filled mainly by Italians, famous for tuna fishing, the food, the markets, and swimming in the sea warmed her heart and soul and will beckon her for many summers.



▲ **Steve Kittrell** and **Susan Hattan** enjoy a visit with **Sarah Burger** at her Vermont farm, en route to a hiking trip in Nova Scotia.

Out and About



◀ **Deb Mendelson** was in New York City in August and visited the Yayoi Kusama exhibit, a new installation on the Highline and snapped a photo of the mirror building view in Midtown.



▲ DCV member and Smithsonian docent, **Walter Albano** led a tour of the National Portrait Gallery in August. Members who attended included **Kathy Cardille, Jeanne Downing, David Insinga, Lisa Lider, Marie Matthews, Beth Merricks, Kathy Price, Barbara Sloan, Karen StJohn, Ann Talty** and **Abigail Wiebensohn**

▶ August 9 was a big day for **Gretchen Ellsworth** and her family. Gretchen's son, Brian Ellsworth, has spent more than two decades living and working as a journalist for Reuters in South America, mostly in Caracas, Venezuela. There, he and his wife Isabel, took in a foster son, named Jesús when he was 4 years old. They have worked diligently for 8 years to adopt him, and miraculously they finally succeeded. Brian and Jesús are now living here in DC and Jesús will start school as a 7th grader at Oyster/Adams bilingual school (Brian and his two brothers all graduated from Oyster). This picture shows them and the extended-family greeting party at National Airport on August 9. In the picture, Jesús is standing next to Gretchen and holding some DC United swag and Brian is the tall guy, second from the right in back.



Out and About



◀ DCV member and Martin Luther King Jr. Library docent, **Barbara Sloan** led a tour of the newly renovated library. Highlights included the roof garden, the magnificent staircases, reading nooks, the special facilities for kids, teens, people with disabilities, and adult learners, artwork, a 3-D printer, and other advanced technology. Members attending **Charlotte Holloman, Anita Gottlieb, Monic Heppel, Pender McCarter, Albert Alban, Marie Matthews, Peggy Long, Beth Merricks, Jeanette Barker, Barbara Sloan, Jeanne Downing, and Mary Wheeler.**



▲ **Judith Neibrief** and a friend had a fine time touring the northern Rockies in July with the Smithsonian Associates. They started with a day exploring Calgary—focusing on its outdoor sculpture, including “Women are Persons” (two of The Famous Five who fought for and won this recognition.) Then they headed south to Montana (Glacier Waterton International Peace Park) and back north to Lake Louise, Jasper National Park (including the Athabasca Glacier and Maligne Lake), and Banff National Park.

Out and About



◀ An intimate group, **David Schwarz, Ken Shuck, Rob Finkel, Frances Oakley, and Charlotte Holloman**, gathered on the lovely Galaty/Shuck deck for an all-American meal of hamburgers, hot dogs, corn on the cob, chips, three bean salad, potato salad, green salad, and watermelon! However, it was a welcome change to go into the air-conditioned house to watch the fireworks and listen to the concert.



▲ **Mary Wheeler** treated other Villagers, from the Adams Morgan walking group, to the Grill from Ipanema for happy hour. Mary won the certificate at the DCV Gala. L-R **Kathy Spiegel, Rebecca Martin, Louise Krumm, Katie McDonald, Mary Wheeler** and **Anna Greenberg**.



▲ Five friends admiring the view from **Pender M. McCarter's** new coop apartment on the Fourth of July. Pender celebrated his first year at The Chastleton on July 31st "aging in place, but not alone," as described in the five-page March 2023 *Washingtonian* article quoting **Eva M. Lucero** and Pender on older adults "creating a support system via groups [such as DCV] that prevent isolation and provide people the support they need to live in their homes longer": [Link to Washingtonian article](#)

Out and About



▲ **Peg Simpson** and **Iris Molotsky** enjoying a visit at the Molotsky home. Both Peg and Iris are founders of Dupont Circle Village.



▲ **Ken Shuck** and **Carol Galaty** took their two Texas grandchildren aged 17 and 19 to Greece taking them on a cruise to Thessaloniki, Ephesus, and four Greek Islands (Heraklion, Santorini, Mykonos and Milo's).



▲ **Shub Schiesser** spent time in Martha's Vineyard with her daughter Era this August.

Out and About



Members **Sam Liberto, Joyce Liberto, David Schwarz, Joan Rogliano, Geri Nielsen, Bob Spiegel, Laurie Calhoun, Anna Greenberg** and **Judith Neibrief** enjoyed an August social hour at the home of **Abigail Wiebenson**.



▲ **Mike Silverstein** was in Palm Desert, CA the week of August 16, enjoying a couple of days of golf with Patrick Kennedy, before Patrick headed off to Milan to pick up a graduate degree. When Mike met Patrick at the airport Wednesday, it was 114 degrees. The next morning, they hit the links at 7 am and it was 85. After nine holes, it had climbed to 98 degrees, and they called it quits. Friday morning, they teed off at dawn's early light, just after 6 am, at 83 degrees. Clouds kept

things comfortable for the first nine, and they finished all 18 holes—and played surprisingly well, though the temperature did reach 98. Surprisingly, Mike relayed that he felt great after the round, and the heat made all his aches and pains go away—at least for a while. Friday night, there was a monsoon storm. The heat lightning was of an intensity he had never seen. The winds and rain hit near a course they were going to play on Saturday. With Hurricane Hilary fast approaching, they decided not to play

golf on Saturday morning, but to rest up, and take one last look at the Coachella Valley before the storm hit. They took a 5 pm Saturday flight out of Palm Springs, one of the last flights to leave, and just a few hours before Hilary hit. Their connecting flight left San Francisco at 8:40 pm and we arrived safe, sound, and exhausted at Dulles at the ungodly hour of 4:32 am Sunday morning. It was a trip he will never forget.

Out and About



▲ **Mark Goldstein and Michael Speer** on Kongens Nytorv, Copenhagen. The city is covered with Pride regalia.



▲ **Mary and David Stevens** hosted a social hour in August. Members who attended include **Pender McCarter, Anna Greenberg, Anita Gottlieb, Chris Frantz, Joan Rogliano, Ceceile Richter, Caroline Mindel, Bob Spiegel** and **Michaela Buhler**.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



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