



DUPONT CIRCLE VILLAGE

SHATTERING THE STEREOTYPE

ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

“Come with me into the woods. Where spring is advancing, as it does, no matter what, not being singular or particular, but one of the forever gifts, and certainly visible.”

—Mary Oliver

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Welcome New Members!

David Levin
Sandra Mabry

DCV Gala—An Evening to Remember!

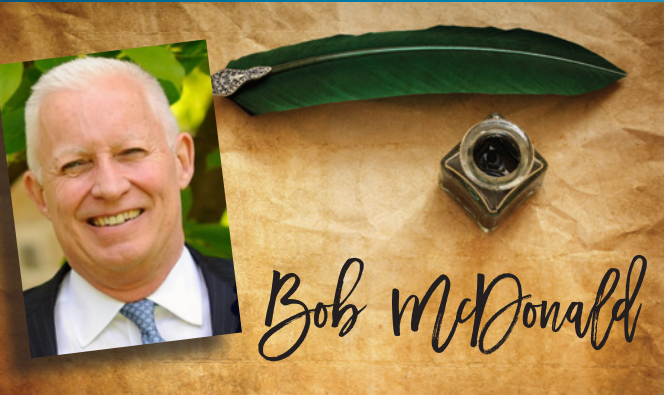
Nearly 100 DCV members and friends gathered at the American Geophysical Union in April for DCV's 14th Annual Spring

Gala. The Gala theme, At Last!, was a play on Etta James' famous song. The event was a joyful celebration of the Village's return to in-person



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President's Notes



Filled with Gratitude

Lately, I have been doing some reading on the practice of gratitude. Psychologists tell us about the common experience of feeling low, “down in the dumps,” or being in a funk. They recommend a strategy which is powerful, free, and healthy: practicing gratitude. One article talked about gratitude this way:

Gratitude turns what little you have into abundance.

Gratitude is so much more than saying thank you.

Gratitude changes your perspective of your world.

I have been feeling very grateful recently. And the Village is a big part of that.

I am filled with gratitude for the experience of the Dupont Circle Village Gala we recently celebrated. After the past three years of not being able to gather in-person for a gala, “At Last” brought us together. So many of us members and our friends gathered in the beautiful space of the American Geophysical Union for an evening of food and drink, camaraderie and conversation, music and dancing. I have gratitude for the Gala Committee that made it happen, under the leadership of **Lois Berlin**. The Committee members included: **Michaela Buhler, Sarah Burger, Gretchen Ellsworth, Barbara Friday, Leslie Sawin**, and staff members **Ann Talty** and **Eva M. Lucero**. They worked on the theme, the table

decorations, the caterer, the music, the ticket sales, the auction items, the technology, and countless logistical challenges. An amazing job resulted in a fabulous and memorable evening!

At the Gala, I was filled with gratitude for the contributions of those receiving the Linda Harsh Distinguished Service Award. This award recognizes those who have gone the extra mile to support the Village’s mission. The recipients of this award stand out for the longevity and the intensity of their work on behalf of our Village. This year’s awards went to **Ann McFarren, Mike Gould, and Ann Talty**.

Ann McFarren, our past President, was recognized for her many years of service, especially for her work on organizing the COVID vaccine clinics, establishing care groups for Village members, setting up tracking systems for the care we provide our members, and providing health care navigation services for those facing health challenges.

Mike Gould wanted to be a volunteer when he joined the Village. He went far beyond that when he stepped up to organize and manage the volunteer services the Village provides our members. Mike worked tirelessly in setting up our procedures, recruiting and training volunteers, triaging volunteer requests, and setting up our care groups.

Ann Talty has for many years been our Office Manager. When people tell me how well the Village runs, I let them know about the work that Ann has done behind the scenes to make that happen. Managing our calendar, our registration processes, our membership dues, our website, and our office has been the magic that

Ann has done. As Ann retires in June, we wish her all the happiness that her retirement can bring.

I am also filled with gratitude for our board members. They are a conscientious, hard-working, and dedicated group of individuals committed to giving their time and talent to the welfare of the Village and our members. I have previously mentioned the work of the 13 DC Villages in planning for a greater collaboration. This past week, there was a virtual meeting for the board members of all the DC Villages. I am proud to report on the representation of our board members, their thoughtful contributions, and participation. It makes me proud of them and their commitment. When you think of it, please express your gratitude to them.

Sometimes, practicing gratitude can be easy. I feel very fortunate that this is one of those times for us.

DCV Gala—An Evening to Remember *Continued from page 1*

gatherings after a two-year lapse because of the pandemic.

Our Gala Chair, **Lois Berlin**, warmly welcomed guests and shared our gratitude for the generosity of the many sponsors who contributed more than \$20,000 to underwrite the gala expenses. The evening’s festivities included a silent auction, the Linda Harsh Distinguished Service award ceremony, a bounty of food and drink, spirited camaraderie, and dancing! Fun was had by all! Thank you to everyone who shared in the festivities and for those who couldn’t make it, rest assured, this gala won’t be our last!

Monthly Calendar

Currently, most activities are being offered online, by way of Zoom, although some are now being held face-to-face. Anyone attending an indoor event must be masked, whether or not they are fully vaccinated.

We do ask you to register online at www.dupontcirclevillage.net and select "Calendar," find the event, and register. If you can't join an online event or figure out how to register, please email or call Ann Talty at admin@dupontcirclevillage.net or (202) 436-5252.

SUNDAY SOUP SALON:

When Breath Becomes Air

Sunday, May 7, 5:00–6:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

"Engaging in the full range of experience...living and dying, love and loss...is what we get to do," says Lucy Kalanithi in her TEDTalk, "What makes life worth living in the face of death." She adds, "Being human doesn't happen despite suffering...it happens within it." Kalanithi, Stanford internist and widow of neurosurgeon and writer Paul Kalanithi (author of "When Death Becomes Air") is dedicated to helping others choose the health care and end-of-life experiences that best align with their values. We will air her talk, along with that of Jason B. Rosenthal, advocate, artist, attorney and nonprofit executive. His TEDTalk, "The journey through loss and grief," will close our last Soup Salon of the spring season. When Rosenthal's wife died, he said, "as cliched as it sounds, I started working on living each day as it comes, to get through the complexities of life." In this inspirational presentation, he shares a few life lessons. As he has said, "My future is a blank space waiting to be filled." We hope you will join us for a few hours in what's bound to be a thoughtful journey.

Home Social Hours

RSVP: Register online or contact DCV Office

Join fellow Villagers for a social hour at a member's home. Watch for details in Friday e-blasts.

A Matter of Balance: Managing Concerns about Falls

Series of 8 classes.

Tuesdays, 1:00–3:00 pm, April 11–May 30

Location: DCV Office, enter at 2111 Decatur Pl NW

Participants will learn to reduce their fear of falling and will learn fall prevention strategies. They will join in mild exercise (sitting in a chair or standing) which will enhance their activity level. This series will be led by Lucia Edmonds (member) and Ellen Brody (Volunteer Manager).

NOTE: This is an 8-part series. No new sign-ups, please.



Group Tour of Congressional Cemetery

Tuesday, May 9, 10:00–12:30 pm

Location: Congressional Cemetery Main Gate, 1801 E St SE

Limit: 25

RSVP: Register online or contact DCV Office

Members of the Dupont Circle Village are invited to a free tour of Congressional Cemetery in Southeast Washington on Tuesday May 9, starting at 10 a.m. and lasting until noon. Our guide will be DCV's own Craig Howell, who led us on a tour of Georgetown's Oak Hill Cemetery last fall. Founded in 1807, Congressional Cemetery is one of the oldest in the District of Columbia. Despite its name, it is not the official graveyard of Senators and Representatives and receives no regular Congressional appropriation, but instead remains an entirely private institution. It honors the memory of thousands of Washingtonians both famous and obscure, and remains open and active (you might even call it lively) to this day.

Navigating the Path Forward

Tuesday, Tuesday, May 9, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Our lives are a journey. As we make our way on our path, we find others to walk with us. As they share our journey, they support and challenge us. At times, some leave us. And then, others join us. We learn from them and share our experiences. Over time, this new monthly Village discussion group will be covering topics such as: living alone; receiving a new diagnosis; wondering what's next; do I need to make accommodations in my home; dealing with loss; where can I find new experiences; what can bring me joy; how can I reignite the passion in my life.

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Monthly Calendar

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Group Outing to Glenstone Museum— DCV Members ONLY

Friday, May 12, 9:00 am – 3:00 pm

Location: 12100 Glen Road, Potomac, MD

Getting there: let the host know if you need a ride –
carpools available

Limit: 15 people

Cost: Museum is free, but bring money for
refreshments/lunch

RSVP: Register online or contact DCV Office

Join other Villagers for a visit to Glenstone, a contemporary art museum with several gallery buildings and extensive grounds containing a variety of sculptures in Potomac, MD, on Friday, May 12 at 9:00 AM. Our reservation with Glenstone is at 10:00 AM but it will take approximately an hour to get there by car. The Pavilions, one of the buildings at Glenstone, will have an exhibit of work by Ellsworth Kelly, a well-known American abstract painter and sculptor, which will open there on May 4 (the Museum of Modern Art is also currently showing an exhibit of some of his work). The Gallery, a small museum building not far from the Pavilions, contains painted and silk screened images by the artist R.H. Quayman, a contemporary American artist. In addition, Glenstone's grounds have many large sculptures including two by Richard Serra. Another large sculpture set of Richard Serra's was installed last year and is contained in a large building away from the main buildings in a lovely setting near a stream, woods, and a pond. More details on the DCV website.

DCV Members Picnic

Thursday, May 18, 11:30–1:30 pm

Garden of Heurich House Museum

RSVP: Register online or contact DCV Office

Join us for our picnic in the garden of the Brewmaster's Castle, Heurich House Museum at New Hampshire and Sunderland. Enter on Sunderland. Fried Chicken, drinks, and cookies provided. Bring whatever else you want to have. Note: there are some tables and seating in the garden. Rest rooms will be available.

Dana Tai Soon Burgess Dance Company

Thursday, May 18, 6:30–8:00 pm

A talk and a performance

Location: Friends Meeting, 2111 Decatur Pl NW

RSVP: Register online or contact DCV Office

Known around the world for personal and culturally inspired choreography, Dana Tai Soon Burgess has been named the Smithsonian's first choreographer-in-residence at the National Portrait Gallery. For the next



three years, Burgess will create new works inspired by museum exhibitions and participate in public discussions about dance and art.

D.C.'s foremost modern dance choreographer and a State Department cultural ambassador for nearly two decades, Burgess continues to build upon a critically acclaimed body of work that explores identity and cross-cultural perspectives. Now in its 24th season, the Dana Tai Soon Burgess Dance Company—which from the start has been made up of dancers of diverse backgrounds—has toured to more than 30 countries, presenting entirely original choreography. The company has also performed across the U.S. including, in 2013, at the White House at the request of President and Mrs. Obama.

Men's Book Group

Monday, May 22, 11:00 am

Location: DCV Office, enter at 2111 Decatur Pl NW

RSVP: Contact Bob Hirsch at (703) 994-5205 or
rmhirsch49@yahoo.com

Book for Discussion: *Catcher in the Rye* by J.D. Salinger. New members are always welcome, and members of the group often have lunch together afterwards.

LIVE AND LEARN:

How to Get the Most out of Your Doctor Visit

Monday, May 22, 3:30–5:00 pm

Location: DCV Office, enter at 2111 Decatur Pl NW

RSVP: Register online or contact DCV Office

How do I make the most of my doctor visit? Being able to talk with your doctor is important, especially if you have health problems or concerns. Steve Lorberbaum will provide some tips to make the most of your doctor visit.

Steve Lorberbaum is the owner of Assisting Hands Home Care, which provides families with caregiving services and support. "We get calls from families looking for information and education. We're there when family can't be." Steve's experience is based on the challenges he and his wife faced addressing care needs for their parents. He has 25 years of experience practicing law in both private practices and as General Corporate Counsel. In 2014,

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Monthly Calendar

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he became a Certified Senior Advisor and serves on the Board of the Potomac Community Village. He also serves on the Montgomery County's Age-Friendly Home and Community-Based Services Workgroup.

Mystery Book Group

Friday, May 26, 3:30-4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

More details will be in upcoming Friday e-blasts

Online Meditation

Mondays & Thursdays, 9:00-9:30 am

Location: Virtual

RSVP: Register online or contact DCV Office

Accessible Mat Yoga

Mondays, 3:30-4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Chair Yoga

Tuesdays, 10:30-11:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Feldenkrais Method—Awareness Through Movement—Chair Lessons

Wednesdays, 11:00-noon

Location: In Person—DCV Office,
enter at 2111 Decatur PI NW

By Zoom if you have mobility issues requiring you
to do this remotely

RSVP: Register online or contact DCV Office

Feldenkrais classes—Awareness Through Movement (ATM)—use verbally guided movement explorations comprised of novel combinations of movements and awareness that improve your overall abilities. These classes use slow, mindful movements to achieve powerful effects in terms of strength, flexibility, and holistic integration of body and mind. Unique to the Feldenkrais Method is that these lessons tie directly into functional movements of daily life, such as walking efficiently, safely lifting objects and improving one's dynamic posture and comfort while sitting or standing.

Coffee and Conversation

Thursdays, 10:00-11:00

Location: Emissary Café, 2032 P St NW

RSVP: Register online or contact DCV Office



Mahjogg

Thursdays, 2:00-4:00 pm

Location: hosted live by Margot Polivy

RSVP: Bobbi Milman, rmilman@comcast.net or
(202) 667-0245

Knitting Group

Every Thursday, 4:00 pm

Location: DCV Office

RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday at 8:30 am

Location: Meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am

Location: Meet at northwest corner of Kalorama &
Columbia that borders Kalorama Park

NEW: Genealogy Group

Thursday, June 1, 2:00-3:30 pm

Location: Virtual

RSVP: Register Online or contact DCV Office at
(202) 436-5252 or

admin@dupontcirclevillage.net

Have you researched your ancestors but ran into a stone wall or just wondered who they might be but did not know where to start to identify them? If so, join Ken Shuck, with over 30 years of genealogical research experience and others, at 2:00-3:30 pm on June 1, 2023, for a Zoom meeting to learn about family tree research tools, techniques, and databases of information. The focus initially will be on those that are free. Time will also be allocated to discuss individual-specific family tree research needs as time allows. If interested, contact Ken (kenneth19442000@yahoo.com) to let him know about your family tree research experience and why and what you are interested in learning about your ancestors. This will help Ken structure the meeting to meet your interests. Registration is required through the DCV website.

Reflections and Plans

PART 1



Ask Ann

What do aviation insurance claims, church governance, and office manager at the Village have in common? More than you would think.

My first job was at an aviation insurance company. *By Ann Talty* Not what you would call a good fit, but I was desperate for a job. I applied just to do typing, and ended up learning about databases, then more about insurance, claims work, and got my paralegal certificate. I stayed 11 years.

Next, I signed on as a temp at the Episcopal Diocese of Washington, and was then hired permanently. Thus started my 28-year career in church governance, again working my way up through the ranks. The legal and database background were very useful, and had prepared me in ways I had not anticipated.

When at age 62 I was let go, I knew I would have to battle ageism, and was really concerned that church governance was not exactly a selling point. Luckily, part of my departure package was to work with a company that helped me to examine my interests, strengths, hard and soft skills, create and polish my resume to highlight those skills. I still didn't know what I wanted to do when I grew up.

During my 19-month hunt for a new job, I was focused on getting a full-time job and getting paid enough to add to my retirement funds. I ruled out some areas, identified some new ones, managed to get in-person interviews (twice managed a 2nd interview). Something I kept coming back to was an interest in seniors, and along the way, some contacts had suggested checking out Villages. As money and time ran out, I decided I had to look for a part-time job. I saw the posting for the job at DCV, applied, and the rest you already know.

This was definitely the right job at the right time, both for me and for the Village.

I did not expect to use all of my skills, but I found that I needed every single one of them, and Eva and Steve were happy to discover and make use of them, and we made quite a team. Those first three years were quite a challenge, and I loved it. For the first time I felt whole, and developed a confidence that was lacking earlier in life.

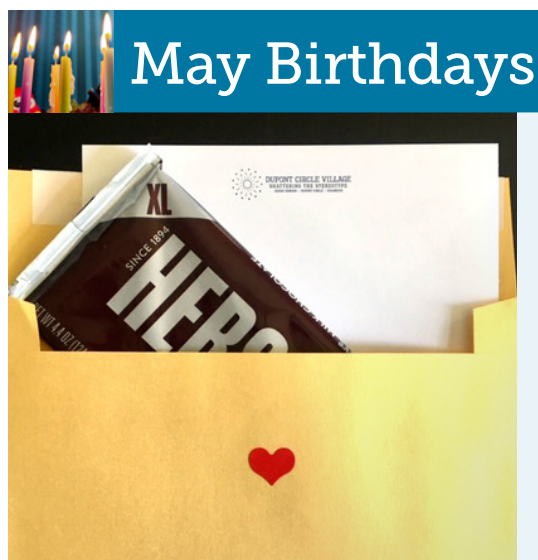
When I first started at DCV, **Linda Harsh** was the treasurer, and was intricately involved in just about everything. At one point, she stopped by and told me how proud she was of me and all that I had brought to the job, and that I had way surpassed her with my knowledge of ClubExpress, and how that took pressure off of her. Not long after that, her illness became evident. I will never forget visiting her in the hospital toward



Ann Talty receives the Linda Harsh Award.

the end, and she beckoned to me to come closer. She told me that she felt great relief knowing that I would carry on with so many of her responsibilities. I took great comfort in that.

So, you see, the Linda Harsh Distinguished Service Award has even greater meaning to me than the fact I was being recognized for all my work. Everyone wants to make a difference with their life. Retiring now, under my own terms, and having created and refined so many systems that are now in place, I know that I have made a difference not only to Linda, but the whole Village.



May Birthdays

A big Happy Birthday to our May celebrants! **Laurie Coburn, Nancy Gamber, Anna Greenberg, Mike Higgins, Pete Klempay, Donald Krumm, Louise Krumm, Peggy Long, Marcia McDonell, Barbara Meeker, Beth Merricks, Yvonne Mishler, Jean Mudrick, Kenlee Ray, Massimo Righini, Joy Rodman, Leslie Sawin, Ken Shuck, Peggy Siegel, Gail Snider, Charles Timbrell, Joan Treichel and Holly Van Fleet**

Meet Volunteer Tom Spinelli

Tom did not know about the village until he met Frank Walter (our friendly calls and visits volunteer coordinator). He and Frank knew of each other socially, but became friends at the gym, where they met frequently as they both used the same trainer, the same time of day.

Born in Erie, PA, Tom was the eighth of eleven children (seven boys and four girls). His grandparents emigrated to Punxsutawney, PA from Sicily. A high-grade coal was mined nearby and eventually mining was supplanted by factories which included brickworks, glassworks, tanneries, foundries, ironworks, machine shops. At that time, US companies solicited immigrants from all over Europe to come to America and work for them.

Subsequently, Punxsutawney became a melting pot via the intermarriage of Irish, Italian and Hungarian immigrants.

Tom moved to DC in 1982, after having received his BA degree in Hospital Administration from Penn State. He had read an article about the Navy hiring hospital administrators as they were refurbishing old ships into floating hospitals. Tom became active-duty Navy at that time and worked at the National Naval Medical Hospital at Bethesda, now called Walter Reed. His active-duty status took him to both Boston and San Diego. His tour of duty ended four years later and he was hired by George Washington University to work for the GW Health Plan, a local HMO, no longer in existence. While

he worked in their contracting office, he was able to pursue his Masters in Hospital Administration at GW. He was recalled to serve during the Persian Gulf War and was on a commission investigating Gulf War Syndrome. He redacted and digitized records for the Congressional investigation on the topic. He was an active reservist for the Navy for twenty-two years.

Tom has lived in DC since 1994 on U Street (the outer reaches of the Dupont Circle neighborhood). He retired on Memorial Day 2022 and has traveled to California, Seattle, Washington and Italy. His upbringing in Punxsutawney, heavily influenced his interest in genealogy. He visited the town in Sicily where his grandfather was born (San Pier Niceto)

and decided to take Italian language lessons for four weeks in the seaside town of Milazzo, Sicily.

In addition to studying his family history, Tom's hobbies include swimming and working out. A news junkie, Tom reads the *Washington Post*, *New York Times* and *Wall Street Journal*. He has become addicted to wordle and is unable to leave the house until he has completed the crossword, which surprised him, as he did not do crosswords before retirement. His vacation in Italy created an interest in café culture and an appreciation for Nespresso. He is confident recommending DC's finest coffee bars. He is currently planning his family reunion in Punxsutawney on Memorial Day of this year.



15-Minute Meal

Caprese Salad



Fresh, thick-sliced tomatoes, equally thick slices of mozzarella cheese, and fresh basil. That's it! There's nothing complicated about it. A drizzle of olive oil, some of that balsamic reduction, and a sprinkle of salt and pepper and you're set.

- 2 cups balsamic vinegar
- 3 whole ripe tomatoes, sliced thick
- 12 oz. mozzarella cheese, sliced thick
- fresh basil leaves
- olive oil, for drizzling
- kosher salt and freshly ground black pepper

Bring the balsamic vinegar to a boil over medium-low heat in a small saucepan. Cook for 10 to 20 minutes, or until the balsamic has reduced to a thicker glaze. Remove it from the heat and transfer to a bowl or cruet. Allow it to cool.

When you're ready to serve, arrange tomato and mozzarella slices on a platter. Arrange basil leaves between the slices. Drizzle olive oil over the top of the salad, putting a little bit on each slice. Do the same with the balsamic reduction, making designs if you want. Store extra balsamic reduction in fridge for a later use.

End with a sprinkling of kosher salt and black pepper. Serve as a lunch, with crusty bread, or serve alongside a beef main course for dinner.

Out and About



▲ Shirley Campbell, Shubh Schiesser, Diane Laughlin and Charlie Ellis participating in the exercise portion of the Matter of Balance class. Lucia Edmonds and Ellen Brody are the instructors. A Matter of Balance is designed to reduce the fear of falling and increase activity levels among older adults. Participants learn to set realistic goals to increase activity, change their environment to reduce fall risk factors, and learn simple exercises to increase strength and balance.



▲ Dennis Houlihan of the Monday/Wednesday/Friday walking group fame, enjoys alternative means of locomotion.

April Birthdays



April birthday celebrants include David Schwarz, Bob Meehan, Jane Pierson, Joele Michaud, Mirella Shannon, Charlotte Holloman, Anita Gottlieb and Jeanette Barker.



▲ Ken Shuck and Carol Galaty got on the flight heading to Morocco with a large group of DCVers. They parted ways in Paris for different flights. Carol and Ken climbed hundreds of steps as they wandered through ancient Médinas in numerous cities like the high mountain the Blue City of Chefchoun, ate in cozy restaurants nestled in narrow Alleys and well as in the home of Moroccan farmers and businessmen, slept in tents in the desert where they rode camels, had tea with nomads and drank wine on the top of a sand dune watching the sunset.

Downsizing in DC: E-Waste and Textile Recovery

No matter how well loved it is, sometimes there isn't a second life for old clothing or household items. Non-working or out of date electronics, worn or stained clothing, broken furniture and other items, unfortunately, may not be accepted by charities. In these instances, the District's [Zero Waste DC](#) website can help.

The site outlines [what can be recycled](#) as part of your weekly recycling pickup, [what can be disposed of as regular trash](#), and [what must be disposed of in another manner](#).

For example, old electronics can leach dangerous materials into the environment if they are landfilled. They also may contain valuable metals that can be reclaimed. In the District, many old electronics can be recycled at city [eCYCLE](#) events. But they also can be dropped off at the [Benning Road Transfer Station](#) every Saturday from 7 a.m. to 2 p.m. If you are disposing of items like old phones or computers that likely contain personal information, it is a good idea to factory reset or otherwise wipe data from the device

before it is disposed of. In some cases, you may wish to remove computer hard drives and drill through them to ensure the data is not recoverable.

Other materials that cannot be simply thrown away include batteries, old cans of paint and house chemicals, and fluorescent bulbs, including compact fluorescents. All these materials are accepted at the [Fort Totten Transfer Station](#)* every Saturday from 7 a.m. to 2 p.m.

Material dropped off at the city's transfer stations must come from residential addresses in the District. Commercial materials will not be accepted, and proof of District residency must be provided. [There are additional rules and limitations](#).

Clothing that is torn, stained, or otherwise not suitable for donation, along with other textiles, may be able to be repurposed through a store. H+M has a ["close the loop"](#) program where you drop off old clothing for recycling and get a store coupon in return. Anthropologie and American Eagle have similar programs for [recycling denim fabric](#). The online retailer For Days has a ["take back bag"](#) program. It costs \$20 to get a bag you

can fill with old fabrics, but you get a \$20 credit on future purchases once it's returned. The District's [ReThread DC](#) program has additional ideas about how to keep old textiles out of the waste stream.

While not hazardous, you may still want to be careful about how you dispose of old records. Some records should be retained permanently, but many can be disposed of after a few years. Colorado State University [has an extensive guide](#) to retaining personal documents, and the IRS also provides [guidelines for retaining tax records](#). The best way to dispose of documents that have personal or financial information on them is through shredding. DC residents can have [up to five medium-size boxes](#) of personal documents shredded for free at the Fort Totten Transfer Station* on the first Saturday of each month from 8 a.m. to 3 p.m.

***NOTE:** From April to June 2023, the Fort Totten Transfer Station is closed to drop offs; documents for shredding will be accepted at the Benning Road Transfer Station.

Out and About



◀ Villagers were treated to a tour of the Italian American Museum of D.C. on April 25. The museum traces the history and contributions of Italians and Italian American immigrants to the US, in addition to displaying the works of contemporary local Italian Americans. Pictured on the left is an exhibit of stone masonry tools used in the construction of the U.S. Capitol and a photo of the Capitol dome fresco painted by Constantino Brumidi. The photo on the right displays the sculpture of Villager Massimo Righini.

Out and About



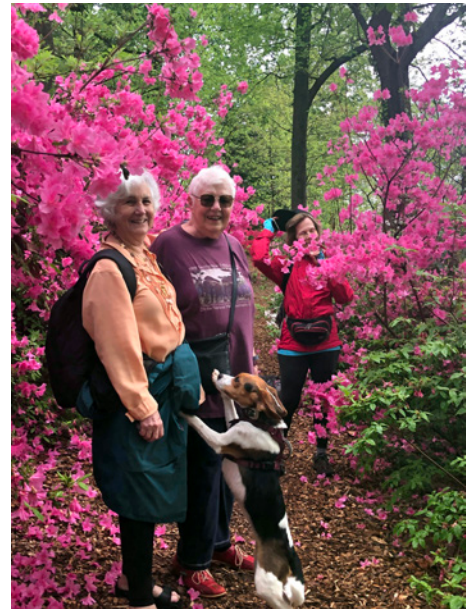
Howard University College of Nursing and Allied Health Sciences Partners with NYU Meyers College of Nursing

By Sarah Burger

Lee Reed, Dupont Circle Village Health Care Navigator, and health equity advocate **Sarah Burger** attended the first joint annual Howard University College of Nursing and Allied Health Sciences and New York University Rory Meyers College of Nursing Summit, "Promoting Health Equity through Nursing Science: Pathways and Partnerships". More than 100 attendees enjoyed the two-day event, which opened with a dinner keynote from Dr. Stephanie Ferguson, director of the Harvard Global Nursing Leadership Program, who challenged nursing students and leaders to celebrate partnerships that strengthen equity. These ideals were the dream of the late Dr. Bernadine Mays Lacey, founding dean of Western Michigan State School of Nursing. Dr. Macey also helped found Federal City Shelter, one of the first nurse-managed health clinics for the unhoused here in Washington, DC. Dr. Lacey was a passionate advocate for diversity and inclusion and sowed the seeds of the HU/ NYU partnership.

Two dedicated and energetic deans, Dr. Gina Spivey-Brown of Howard University and Dr. Eileen Sullivan-Marx of New York University, are leading the way and challenging academic traditions so that their faculty have appointments in both institutions. Nurse scientists from across the region presented peer-reviewed posters, with Howard University's team winning first place. Afternoon concurrent sessions included an in-depth exploration of issues, such as Maternal and Child Health, Vaccine Hesitancy, and Addressing Health Disparities. Lee and Sarah look forward to attending the second Annual Scientific Conference next year in early spring 2023.

▶
Caroline Mindel, Peg Simpson, and Phoebe among the azaleas of the National Arboretum



▶
A docent led a group of Villagers through the Library of Congress. The tour covered the history of the Library as well as viewing its amazing murals, mosaics, statuary and architecture.



Out and About



▲ **Pender McCarter** shared some photos from the National Press Club event celebrating Marvin Kalb. **Sarah Burger** and **Pender McCarter** and National Press Club presidents including Dupont Circle Villager **Peggy Simpson** (second from left)

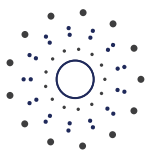


▲ **Jim Chamberlin** shares the latest in the neighborhood Barbie Pond at 15th & Q. Barbies celebrate Jimmy and Rosalynn Carter and Habitat for Humanity.



▲ Villagers go to Morocco! **Nancy Turnbull** and **Judi Lambart** taking a break during the camel caravan ride.

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



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Dupont Circle Village
2121 Decatur Place NW
Washington, DC 20008

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admin@dupontcirclevillage.net

202-436-5252

Board of Directors

Bob McDonald, *president*
David Schwarz, *vice president*
Steve Kittrell, *treasurer*
Abigail Wiebensohn, *secretary*
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