



DUPONT CIRCLE VILLAGE

SHATTERING THE STEREOTYPE

ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

“We spend January 1st walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives . . . not looking for flaws but for potential.”

—Ellen Goodman

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Welcome New Members!

Christopher N. Frantz MD
Kathleen McDonald
Audrey & Robert Nevitt

It's Cool to be Kind

It's that time of year again— time to come up with your New Year's resolution. What's yours? Is it the same every year? I'm sure they are always set with the best of intentions.

By Eva M. Lucero,
Executive Director

You're not alone if you typically fail to achieve your New Year's resolution. It's been reported that a whopping 80% of resolutions are unsuccessful by mid-February. I'm sure there are hundreds of reasons but in short, resolutions don't work.

Why don't we simply resolve to do something different this year? Let's incorporate *kindness* into our resolutions. Being kind has a ripple effect; it starts with you, and you never know where it ends.

Kindness is defined as the quality of being friendly, generous, and considerate (yes, even when people don't deserve it). It is doing thoughtful things without an agenda or expectation for something in return. It's not transactional. It creates connection and builds healthy communities. As we know, there are many kind people in our Village community.

Acts of kindness can turn a bad day into a good one, not only for the recipient but also for the one giving. Once someone has received kindness, they are more likely to share it with someone else and keep the ripple going. Think about a time someone has gone out of their way to help you out. Doesn't it inspire you to pay it forward

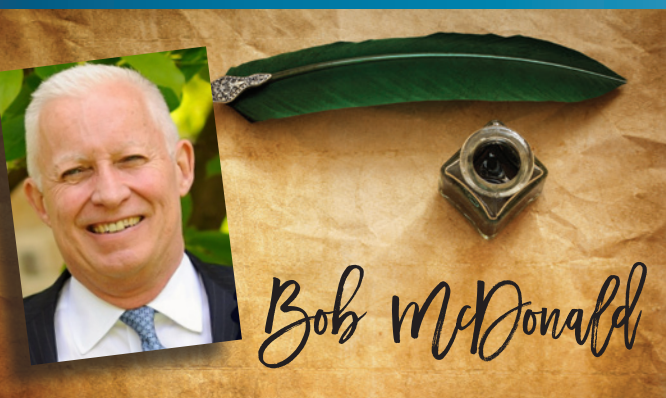


and help others? So go ahead, set a resolution to do more acts of kindness:

- Call or text friends and family members you haven't talked to in a while.
- Give an unexpected compliment.
- Smile at the dog walker.
- Put coins in expired parking meter.
- Buy a meal for someone in need.
- Greet and hold the door open for the person behind you.
- Bring your doorman a cup of coffee or a snack
- Ask about a neighbor's well-being.
- Show up on time with a smile.

Jump on the kindness bandwagon! Through small acts of kindness, you can positively affect yourself, your friends, your community, and in fact, the world.

President's Notes



Both Sides Now

Wikipedia tells us: "In ancient Roman religion and myth, Janus is the god of beginnings, gates, transitions, time, duality, doorways, passages, frames, and endings. He is usually depicted as having two faces. The month of January is named for Janus (Ianuarius)." Scholars have debated the fundamental nature of Janus, but most have agreed that this god's functions focus on his presiding over beginnings and transitions. The depiction of his having two faces indicates that he is both looking back and forward at the same time.



So, here we are in January. It is a time of beginnings, of transitions, of moving through a doorway into something uncertain but simultaneously familiar. I find myself looking back and forward at the same time.

Coming to the end of a year as President of the Village, I am grateful

for all that we have accomplished together. We have helped each other through another year dominated by COVID, assisting with the distribution of N95 masks and the vaccination clinics designed to protect us. We cautiously ventured out of virtual meetings into more programs and opportunities

to be with one another face-to-face. Our care groups have become more organized in responding to the needs of our members facing health challenges. Together we experienced the grief of losing members who graced us with their lives.

We have grown by (at last count) 45 new members in the Village. We moved into new offices to accommodate our growing staff and to have adequate space for meetings and programs. We welcomed **Ellen Brody** as our Volunteer Coordinator and trained new volunteers to serve our community.

Our board of directors has demonstrated their commitment to the growth and the sustainability of the Village. We initiated a Diversity Task Force to help us do more self-evaluation of how open and welcoming the Village is to our diverse community. The board delved into a greater understanding of our finances and our investment funds. We met to evaluate our programming and brainstormed new ideas.

Looking back, I am so appreciative of the contributions of three retiring members of our board. I want to highlight just a few of the ways they have served the Village. **Mike Higgins** led us on a review of our personnel policies resulting in a new employee handbook. He also served on a task force reviewing our portfolio and another that reviewed the dues structures of villages nationwide, leading to the restructuring of DCV membership fees. **Michael Kain** has led our Finance Committee and has

given us a connection to the business community in Dupont Circle. His wisdom and business acumen have contributed so much to our board discussions and the operations of the Village. **Ann McFarren**, as our previous President, guided us through the valley of COVID darkness. She took on the immense task of getting our members and others in the community vaccinated. She developed our care group platform and provided so many hours of service as a health care navigator for our members. All of this in addition to the other responsibilities that go with being President of the Board.

Looking forward, I am happy to announce that we have three outstanding new board members who begin their terms this month: **Jeanne Downing**, **Jim Hambuechen**, and **Bill O'Brien**. Each of them will bring their unique talents and commitment to the ongoing success of the Village. You can read more about them in another part of this newsletter.

Looking back with gratitude and forward with a commitment to the challenge—that's the moment we're in together.

Happy and Healthy New Year to you!

Members in the News

Congratulations to **Mike Silverstein**. December 15 is Mike Silverstein Day in Washington. A [proclamation](#) by Mayor Bowser recognizes Mike's long time work as a Ward 2 ANC commissioner. Additionally, **Myrna Peralta** has agreed to serve on the newly elected Governor of Maryland, Wes Moore's transition team. Myrna will be on the Education transition team and its subcommittee on the early childhood agenda for the new Governor. Myrna is the executive director of Centro Nia in DC.

Meet Member Myrna Peralta

For over 12 years, Myrna has been the President and CEO of CentroNía, an educational organization headquartered on Columbia Road NW. CentroNía operates three daycare center locations—Upshur Street NW, Cardozo and Takoma Park in Maryland. Serving more than 2,400 low-income children and families. CentroNía focuses on providing affordable education services primarily to the local immigrant community. Prior to joining CentroNía, she consulted on organizational leadership, development, program and policy strategies in the education, health, and housing arenas and held leadership positions for the DC Children and Youth Investment Trust, the Center for Community Change, the National Association of Social Workers, and the American Red Cross.



DCV Member Profile

Myrna received her Master's in Social Work from the University of Tennessee-Knoxville and her law degree from Georgetown University Law Center.

Myrna's personal and professional goals are driven by her inherent

desire to make a lasting impact in the lives of others. She is all about community service. Myrna deeply credits her mother with instilling the values that led to her work. Her mother was born in Puerto Rico, dropped out of

high school, married at the age of 15, moved to the Bronx, and by the age of 19, she had three children and was divorced by 21. By 38 and still a single mom, all of her children were in college. Myrna has no doubt that the common thread of whatever successes she and her siblings have had can be traced to the resilience, spirit, strength and deep faith of her mother. These are the same traits she observes in many of the families that attend the CentroNía programs.

Myrna was born in New York, raised in Puerto Rico, but after 40 years of living in the District of Columbia (Dupont Circle), she definitely calls DC her home. She enjoys sports, crossword and jigsaw puzzles and loves to travel. She is co-chair of the DCV Diversity Task Force.

DCV Welcomes Three New Board Members

Jeanne Downing moved to D.C. after finishing a degree in economic geography and then quitting a tenure-track teaching job to pursue a passion for economic development work in Africa. Despite no overseas experience or language fluency and bolstered only by enthusiasm, she found consulting work, initially writing books for USAID on the African drought of the 1980s. She was then offered a job at an NGO as their director for Africa Programs—work that allowed for travel into remote rural villages in somewhat unstable African countries. From NGO work, she began a 15-year career with USAID leading a 10-year research effort to inform market-led



agricultural development and President Obama's Global Feed the Future Initiative. She retired from USAID in 2014 but continues to work as a consultant. In 2017, Jeanne joined the Dupont Circle Village, with the desire to engage in volunteer services. From the beginning, she was drawn to work with DCV care groups.



serving as a law clerk for Judge John Sirica, Bill practiced law with an international law firm for over 30 years, concentrating on antitrust and commercial litigation and professional responsibility

A native of Providence RI, **Bill O'Brien** moved to the Washington area in 1966 to attend Georgetown Law School. After

and legal ethics issues. Bill and his wife, Joyce, have lived in Sheridan Kalorama since 2004 and Bill has been active in local organizations, including DCV and serving as a Board Member and Secretary of the Friends of Mitchell Park.



James Hambuechen was born in St. Louis, Missouri in 1953. He lived in St. Louis until college. He graduated

from the University of Colorado in 1975 and graduated magna cum laude from George Washington University Law School in 1984. He worked as a lawyer for private firms and the US Department of Justice. He retired several years ago. He enjoys traveling, reading, theater, movies, and fine dining.

Monthly Calendar



Currently, most activities are being offered online, by way of Zoom, although some are now being held face-to-face. Anyone attending an indoor event must be masked, whether or not they are fully vaccinated.

We do ask you to register online at www.dupontcirclevillage.net and select "Calendar," find the event, and register. If you can't join an online event or figure out how to register, please email or call Ann Talty at admin@dupontcirclevillage.net or (202) 436-5252.

Navigating the Path Ahead

Tuesday, Tuesday, January 10, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Our lives are a journey. As we make our way on our path, we find others to walk with us. As they share our journey, they support and challenge us. At times, some leave us. And then, others join us. We learn from them and share our experiences. Over time, this new monthly Village discussion group will be covering topics such as: living alone; receiving a new diagnosis; wondering what's next; do I need to make accommodations in my home; dealing with loss; where can I find new experiences; what can bring me joy; how can I reignite the passion in my life.

CELEBSALON:

H.H. Leonards, author, and founder of O Museum in the Mansion

Wednesday, January 11, 6:00–7:00 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Rosa Parks and her friends and business associates lived with H.H. Leonards, at no cost, from 1994 to 2004, at the Mansion on O Street as part of the the Mansion's Heroes-in-Residence program.

Ms. Leonards is the founder of this museum, which has been designated a Historic 20th Century Civil Rights site on the African American Heritage Trail. She was invited by Mrs. Parks to be a founding member of the Rosa Parks Museum in Montgomery, Alabama.

Ms. Leonards has recently written *Rosa Parks Beyond the Bus: Life, Lessons, and Leadership*, an inspiring book about having faith in yourself to do the hard work to change hearts and minds. It is a collection of personal stories compiled from the decade that Mrs. Parks lived and traveled with the author.

Men's Book Group

Tuesday, January 17, 11:00 am

Location: DCV Office—enter at 2111 Decatur Pl NW

RSVP: Contact Bob Hirsch at (703) 994-5205 or rmhirsch49@yahoo.com

The book for January is *The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics* by Daniel James Brown. It will be the subject of a feature film coming out in 2023, directed by George Clooney.

We found a good choice for indoor lunch (after several nice months of outdoor lunches). Hope you can join us for the meeting and for lunch afterwards.

Tour of Rubell Museum DC, followed by optional lunch

Thursday, January 26, 11:30 am–2:30 pm

Rubell Museum DC, 65 I St SW

Details will be announced soon in Friday e-blasts.

Mystery Book Group

Friday, January 27, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

The book for discussion: *The Word is Murder* by Anthony Horowitz.

DINNER & SHOW: 17th Street Restaurants & Keegan Theatre

Friday, January 27, 6:00–9:30 pm

Location: 1 of 4 restaurants, then Keegan Theatre at 1742 Church S NW

Cost: Theater is free; members pay their own charges at the restaurants.

RSVP: Registration closes at noon on January 13. Register online or contact Office

Join fellow Villagers for dinner and a show at Keegan Theatre, which offers free tickets to the preview performance of each of their shows this season. The next show in the season is the DC premier of *The Lifespan of a Fact*, written by playwrights Jeremy Karaken,

Continued on page 5

Monthly Calendar



Continued from page 4

David Murrell, and Gordon Farrell.

Small groups of up to 8 persons will meet for dinner at 6:00 pm at one of four restaurants on 17th Street: Dupont Italian Kitchen, Annie's Paramount Steakhouse, Trio Bistro, or Agora. Each person will pay for their own meal. Restaurants will not provide separate checks, so please be ready with cash for your payment.

After dinner, the groups will go to Keegan Theatre for the performance of *The Lifespan of a Fact* beginning at 8:00 pm. The Village will arrange for your ticket and will provide you with ticket information prior to the event. The performance has an estimated run time of 90 minutes with no intermission.

In-Home Chamber Music Concert

Sunday, January 29, 1:00–2:30 pm

Hosted by Sarah Burger—

2301 Connecticut Ave NW # 7-A

Details will be announced soon in Friday e-blasts.

Live and Learn: Fall Risk Management and Home Accessibility

Monday, January 30, 3:30–5:00 pm

Location: DCV Office—enter at 2111 Decatur PI NW (also available on Zoom)

RSVP: Register online or contact DCV Office

Tori Goldhammer will review with our members, home modification planning for fall risk management and home accessibility. Some of us are aware of the modifications we will need to have in our homes, to safely age in place. This session will remind us of the construction projects we have to undertake (installation of crash bars, widening doorway entries to accommodate a wheelchair, etc.) in addition to simple ways we can make our homes safer (taping rugs down or simply removing them). Tori has created and managed fall prevention, home modification and advocacy programming for non-profit organizations.

Online Meditation with Christina

Mondays & Thursdays, 9:00–9:30 am

Location: Virtual

RSVP: Register online or contact DCV Office

Accessible Mat Yoga

Mondays, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Chair Yoga

Tuesdays, 10:30–11:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Feldenkrais Method—Awareness Through Movement—Chair Lessons

Wednesdays, 11:15–12:15 pm

Location: In Person—DCV Office, enter at 2111 Decatur PI NW

By Zoom if you have mobility issues requiring you do this remotely

RSVP: Register online or contact DCV Office

Feldenkrais classes—Awareness Through Movement (ATM)—use verbally guided movement explorations comprised of novel combinations of movements and awareness that improve your overall abilities. These classes use slow, mindful movements to achieve powerful effects in terms of strength, flexibility, and holistic integration of body and mind. Unique to the Feldenkrais Method is that these lessons tie directly into functional movements of daily life, such as walking efficiently, safely lifting objects and improving one's dynamic posture and comfort while sitting or standing.

Coffee and Conversation

Thursdays, 10:00–11:00

Location: Emissary Café, 2032 P St NW

RSVP: Register online or contact DCV Office

Mahjongg

Thursdays, 2:00–4:00 pm

Location: hosted live by Margot Polivy

RSVP: Bobbi Milman, rmilman@comcast.net or (202) 667-0245

Knitting Group

Every other Thursday, 4:00 pm

Location: Virtual

RSVP: Sheila Lopez at sheilablopez@gmail.com

Adventures in Annapolis



Ask Ann

My friend Donna and I love going to Annapolis for holiday weekends, and we never know what kind of adventure we might have. Sometimes it's an unexpected, wonderful experience. Sometimes it goes in the category of "they should pay us not to come to Annapolis."

By Ann Talty

For many years, we spent Thanksgiving in a charming B&B about a block from the city dock. Our first year of staying there, we walked to a restaurant up Main Street to get some hot soup for supper. A couple of hours later, having just finished our supper of cream of crab soup, we started to exit the restaurant, and realized there was a huge ruckus going on outside—one of the buildings just down the street was actively burning, and fire engines and firemen were everywhere. After watching them fight the fire for a while, Donna made me go with her down the hill for safety. She was right, but oh how fascinating it was to watch.

Another year, about a week after we had been there, another fire had broken out—obviously prompted by our visit at that year's Thanksgiving!

For a positive adventure, one year we emerged from the B&B, heading to the city dock, when we noticed a very tall mast. It turned out to be the *Pride of Baltimore II*, a replica tall ship! We investigated and got great news—they were doing two sailing tours that afternoon, and they still had some spots open. The weather was quite balmy for that time of year, the sun was shining, and Donna and I looked at each other, figured we could toss our plans for the afternoon, and we seized the moment. Wonderful, unforgettable trip!

One year we stayed at the waterfront Marriott, this time for Christmas. We woke up the first morning to a flooded Annapolis, and were trapped



at the hotel all morning. It was entertaining, though, to watch trucks with snow blades plowing the water in the parking lots at the city dock.

This year, we were finally able to go back to Annapolis, so on Christmas Day, I picked up Donna and we drove straight to the Chart House for a seafood Christmas dinner. We then drove around, and went up Main Street to see what shops and restaurants were still there, or moved, or been replaced. Enough to give us

a good flavor of Annapolis today. We checked in at the hotel, went to our room and took a long nap.

This year's adventure? We were woken from our naps by the very strident fire alarm and strobes. I muttered something about paying us not to come to Annapolis, but we obediently put on our coats and shoes and trudged down six flights of stairs. There was no fire, but there was a broken pipe (probably frozen) that had already flooded most of the lobby. We got to watch firemen again, but this time it was a matter of pulling down the ceiling, not fighting a fire.

The next day we found that Main Street had also had a flood from a broken water main at the top of the, so there was slush and huge salt crystals everywhere. We were able to make it to lunch at Café Normandie, which has the best cream of crab soup I've had anywhere. We went to a couple of our favorite shops and then headed back to DC.

Life is never boring when the two of us go to Annapolis! And with two people, it always makes it an adventure, even if it's fire or flood.



January Birthdays



Happy Birthday to members born in January! **Susan Elmendorf, Harriet Fields, Annie Groer, Chris Hannah, Susan Hattan, Mike Hoffman, David Insinga, Michael Kain, Jim Klick, Marcy Logan, Mary Lopez, Bob McDonald, Katie McDonald, Mary McIntosh, Frances Oakley, Tony Phelps, Bella Rosenberg, Kathy Spiegel, Linda Suggs, Bob von der Lippe, Michael Whelan and Penny Williams**

Air Raid

The dank smells of the Brooklyn summer rain drifted through the open windows as we finished dinner. My father wiped his mouth with the snowy white napkin, got up slowly and tuned the squawking radio to find the urgent sound of the clicking of a telegraph, and then, "Good evening Mr. and Mrs. North America and all the ships at sea." Walter Winchell, his staccato voice relaying the grim news of the day.



I grabbed my favorite spot, on the floor leaning on the huge Stromberg Carlson radio to listen to something I did not understand. Then.....

The shrill wailing warnings of the Civil Defense sirens pierced the damp air, the portent of an impending air raid drill. My parents glanced at each other, shrugged and resignedly got up from the comfort of the sofa, "Well, here we go again." they softly sighed to one another, "Here we go again."

But their outside words belied their inside thoughts, "Is this the real one?"

Pop reached for his helmet and arm band, the accoutrements of a true volunteer air raid warden, as the fathers in the neighboring apartments spilled out into the hallway, burping their dinners while mumbling their greetings to one another. The



echoes of their voices growing softer, they stomped down the flights of stairs to each descending floor, and the mother's waved to one another, then disappeared into their domiciles.

My mother and I had jobs to do too. We systematically scoured the apartment for potential clues that would set the enemy's bombs hurling down upon us.....

light!

Ne'er one stray photon shall escape from Apartment 5 E to give away our position.

We pulled down our every window's black out shades that stood guard faithfully, never allowing a sliver of light to peek through.

We turned off the crackling radio,

lest the ghoulish, glowing green strip of light with the stations enumerated on it would give our position to the Messerschmidts that wanted to annihilate us.

The pilot light on the stove had to be extinguished, and I wondered if the enemy could really see such a tiny flame. Would apartment 5E be the cause of our nation's ultimate destruction?

Even lighting a match for a smoke brought some official to the offender's doorstep.

My not-yet-one-year-old brother was CRUSHED between us as we huddled underneath the massive mahogany dining room table, still laden with half eaten Brussel sprouts and shepherd's pie, our hearts pounding, and afraid to even breathe lest the enemy hear us.

There we were, the three of us in the eerie quiet waiting, waiting, waiting.

And.....after an infinity of time, the comforting all clear siren sounded, reverberating through the night mist to assure us all is well.

The blackout shades were snapped back to their coiled defaults, the pilot light was relit, and Walter Winchell's familiar voice was reunited with our radio's loudspeakers.

The Brussel sprouts remained as we crawled into the welcoming comfort of our beds to live for another day.



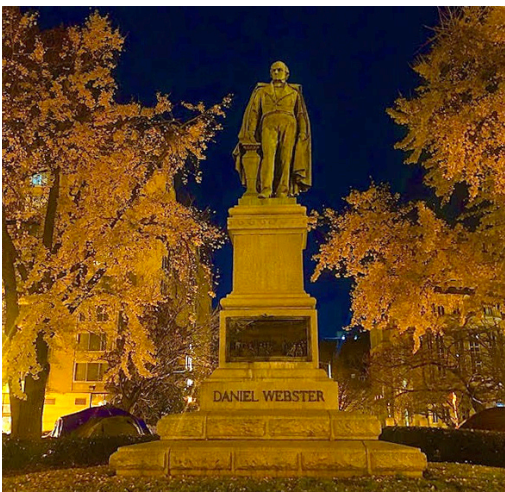
Out and About



▲ DCV held its biannual new member gathering in December. Both members and mentors were invited. Attendees included **Joan Rogliano**, **Lisa Leder**, **Abigail Wiebenson**, **Sheila Lopez**, **Don Krumm**, **Louise Krumm** and **Wes Rivel**.



▲ The DCV Board members enjoyed an end of the year dinner after their last board meeting of 2022. It was in honor of **Mike Kain**, **Mike Higgins** and **Ann McFarren** whose Board terms have ended. The delicious home-made meal was prepared by **Abigail Wiebenson**. The dinner theme was **Santa Fe** and the meal was a salad, Green Chile Rellenos, refried beans and flan with fruit. Delicioso!



▲ **Jim Chamberlin** snapping photos around the Dupont Circle neighborhood including a close up with a Santa that he resembles.



Out and About



▲ **Ken Shuck** and **Carol Galaty** were in Antigua in the Caribbean to meet their granddaughter, Anna, who had just arrived after spending three months at sea with 25 students and 5 teachers crewing a sailing ship called the Vela. They sailed around the Mediterranean taking courses in navigating, marine biology, and cultural history. They periodically got off the ship to visit historic and scenic places as they mastered skills from cleaning the ship's toilets, hauling sail, and cooking to radar, diving, depth sounding and steering the ship by compass and stars. After two months they were skillful enough to sail across the Atlantic Ocean.



▲ Villagers enjoyed a Happy Hour hosted by Dawson's Market. DCV is proud to support small, family owned businesses in the neighborhood.

Out and About



▲ **Jeanette Barker** and friends received a tour of old City Hall and attended a press conference on Eating Vegan introduced by New York City Mayor Eric Adams..



▲ **Karen St. John** was recently in New York City and enjoyed the Edward Hopper exhibit at the Whitney.



▲ **Carole Galaty and Ken Shuck** were recently in St Lucia on a spectacular isolated and beautiful setting at a resort in the rainforest called Anse Châtenet. Ironically, although weather reports tell us that many of you are on a deep freeze, to me and Ken cold sounds good to right now. It is too hot AND HUMID for Ken to sit on the beach and for me to play tennis. Just sitting down WITH 5 fans going in our beautiful room.



Out and About



▲ Gathering for Chanukah, the Festival of Lights, Villagers **Joelle Michaud** (and sister Diane Quinn), plus **Lucia Edmonds** hear the story from **Caroline Mindel**. A lively betting game of dreidel spinning for Chanukah "gelt" followed a traditional feast: matzah ball soup and potato lakes. Shalom to all!



▲ **Kathy Price** with her grandsons, Steel and Wylie in Charlotte, North Carolina and with Jock in Mexico City, Teotihuacan for a family wedding.



▲ **Mike Silverstein** enjoying coffee and conversation with Senator Tammy Baldwin (D-WI) at the Victory Fund Leadership Conference, two days after she led Senate passage of the Respect for Marriage Act.



▶ Closing another chapter, the **DCV Mystery Book Group** has wrapped up its third year and is looking forward to tackling another round of intriguing and thrilling reads in 2023.



▲ **Elaine Reuben** celebrating Chanukah with friends in neighboring Mt. Pleasant. Where she was the oldest—here with the youngest (in his holiday pajamas!).

15-Minute Meal

Eggs make a satisfying 15-minute meal any time of day. There's a nothing as simple and tasty to prepare as eggs, handy comfort food. It seems fitting as we begin the new year to have eggs, which symbolize—depending on your culture—hope, purity and the circle of life. Baked eggs take less than 5 minutes to prepare and 10 minutes in the oven. Enjoy this recipe that friends and family request repeatedly.

Baked eggs

- Set the oven to 425.
- Butter a small oven-proof dish like a glass or pottery ramakin. Don't hesitate to be creative; a soup bowl also works as does a lipped small plate.
- Line the dish with a handful of fresh or thawed spinach; in a pinch, shredded lettuce or chopped kale are fine alternatives.
- Cut up a tomato in small pieces and scatter on top of the greens. Make an indentation in the middle of the assemblage with your finger; crack an egg (or two) and carefully plop in that indentation. If the yolk breaks, it's not a deal breaker. It just changes the consistency of the outcome.
- Grace the dish with some grated cheese—parmesan, cheddar, jack—all work. Then sprinkle with salt and pepper and any herb that appeals: basil, herbes de Provence, oregano.
- Bake for 10 minutes. When done, the eggs are set but not solid. While you're waiting, toast an English muffin or your favorite bread.



Let us know variations you create. Eggs are about the most versatile food there is. Bon appétit!

The Dupont Circle Village is a non-profit volunteer organization that connects neighbors to services and educational, cultural/social and health and wellness activities. Please consider a donation now or remember us in your will.



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