



DUPONT CIRCLE VILLAGE

SHATTERING THE STEREOTYPE

ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

“Without rain, nothing grows. Learn to embrace the storms of your life.”

—Paulo Coelho



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Welcome New Members!

Paul Argabright
Suzanne Charlick
Naomi Salus and
Robert Benson
Sara Steinmetz

Enjoy Endless Opportunities to Explore the Great Outdoors

As the weather gets warmer and the days get longer, it is the perfect time to plan a trip and explore our beautiful national parks. You don't even have to go far afield—there are 55 national park sites in the DMV.

By Eva M. Lucero,
Executive Director

In 1916, President Woodrow Wilson signed into law the creation of the National Park Service (NPS), leaving our natural and historic treasures “unimpaired for the enjoyment of future generations.” Since then, our national parks have welcomed visitors from around the world to experience breathtaking beauty and showcase the country's natural and cultural heritage. Today, the country's national parks contain more than 75,000 archaeological sites and 18,000 miles of trails. They are also home to at least 247 species of endangered or threatened plants and animals, making them an important refuge for more than human visitors.

The NPS and its collaborators make it easy to plan and get the most out of any trip. Park Finder, a collaboration between the National Park Foundation and the NPS, is a wonderful and user-friendly website designed to encourage people to find their personal connections to our national parks.

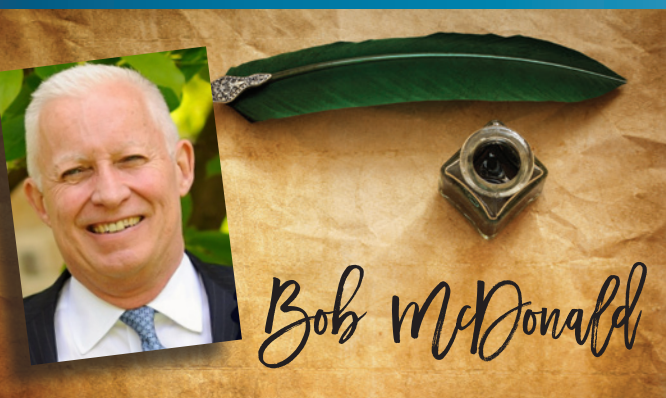
In addition to this informative website, the NPS is staying on top of new ways to communicate with



fans. The national communications team is made up of digital specialists and strategists that handle everything from maintaining the website, social media accounts, and developing the NPS app. The NPS Twitter account @NatlParkService uses humor to

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President's Notes



This really hit home for me because the Village is an organization that not only affirms but celebrates this art of dependence. The Village responds to a continuum of needs that we experience. Our

volunteers are ready to assist with everything from simple tasks to more involved projects. Do you need a ride? Call the Village. Do you need help installing a new printer? Call the Village. Do you need help with grocery shopping? Call the Village. Do you just want to have someone to talk to occasionally with a friendly call? Call the Village.

There are times when our needs may be more pronounced, like when we experience a health issue, either expected or out of the blue. By letting the Village know, we can help by setting up a care group for you—Village staff and volunteers who join with your family members and friends to set up a care system specifically for you. We have recently set up a number of care groups for members who were hospitalized for various reasons. Barbara Scott, our case manager and social worker, is also ready to assist in screening and recommending facilities and social services for you.

In her article, Alissa Quart referred to the time and effort it takes to manage the complexity of our healthcare system. How do we go about demanding the quality of care that we deserve? We must express our needs and ask questions. Showing this kind of vulnerability takes courage. I am so glad to welcome Lelia Reed, RN as our recently hired Health Care Navigator. Lee will be here to help you as you deal with the healthcare system. You can read more about Lee in another part of this newsletter.

In so many ways, the Village helps us recognize our need for one another. Often, I have heard members say that through the Village they have found community. Through volunteer services, through educational programs, through social events, we know one another and share our journeys together.

This month, I hope you will join us at our first in-person Gala in four years: "AT LAST!" on Friday, April 21 at the American Geophysical Union on Florida Avenue. It's a perfect time to come together for great food, drink, music, and fun. It will be a night to bestow the Linda Harsh Distinguished Service Award, to honor the volunteer contributions of DC members who have gone the extra mile to support the Village's mission. Once again, the DCV Silent Auction has a great lineup of international destinations, favorite restaurants and theatres, personal services, and gift items waiting for your bids!

Let's celebrate needing each other!

The Art of Dependence

Last week I read a thought-provoking article in the *New York Times* entitled, "Can We Put an End to America's Most Dangerous Myth?" written by Alissa Quart. The myth that she describes is the belief that we must go it alone. Independence is extolled as a virtue and the proof of maturity is being able to do things on your own. She asserts that this is deeply ingrained in our culture and that this myth is damaging to our well-being.

Ms. Quart talks about the experience of being ill, of taking care of children, of paying for education on our own. "But because Americans are taught that we must go it alone, we often force ourselves to slog through these—and other crucial human experiences—in solitude. And when we do get assistance, we may feel we must play down the help we receive from our government, our families or our neighbors."

It is time to value another facet of life: the power and the skill of being dependent. She calls it "the art of dependence." We need to ask for and accept aid with grace. In doing so we recognize the importance of others in our lives. By being dependent on others, we form connections and benefit from a social cohesion with one another. By acknowledging the art of dependence, we release people from shame about expressing their needs.

IN THE NEWS

A wonderful article in the *Washingtonian* on older adults aging in place shows a great sense of community. [**More Older People Are Opting to Age in Their Homes and Here's How They're Doing It. They're creating support systems via groups, roommates, and family.**](#)

Eva M. Lucero, DCV executive director and **Pender McCarter**, DCV member, were interviewed for the article.

Monthly Calendar

Currently, most activities are being offered online, by way of Zoom, although some are now being held face-to-face. Anyone attending an indoor event must be masked, whether or not they are fully vaccinated.

We do ask you to register online at www.dupontcirclevillage.net and select "Calendar," find the event, and register. If you can't join an online event or figure out how to register, please email or call Ann Talty at admin@dupontcirclevillage.net or (202) 436-5252.

Home Social Hours

Tuesday, April 4, 5:00–6:30 pm, hosted by Joan Treichel

Tuesday, April 4, 5:30–7:00 pm, hosted by Barbara Friday

Thursday, April 27, 5:00–6:30 pm, hosted by Lucia Edmonds

Thursday, April 27, 5:00–6:30 pm, hosted by Jeanne Downing

RSVP: Register online or contact DCV Office

Join fellow Villagers for a social hour at a member's home. Details on website.

A Matter of Balance: Managing Concerns about Falls

Series of 8 classes. Tuesdays, 1:00–3:00 pm, April 11–May 30

Location: DCV Office—enter at 2111 Decatur Pl NW

RSVP: Register online or contact DCV Office

Participants will learn to reduce their fear of falling and will learn fall prevention strategies. They will join in mild exercise (sitting in a chair or standing) which will enhance their activity level. This series will be led by Lucia Edmonds (member) and Ellen Brody (Volunteer Manager). NOTE: This is an 8-part series.

Navigating the Path Forward

Tuesday, Tuesday, April 11, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Our lives are a journey. As we make our way on our path, we find others to walk with us. As they share our journey, they support and challenge us. At times, some leave us. And then, others join us. We learn from them and share our experiences. Over time, this new monthly Village discussion group will be covering topics such as: living alone; receiving a new diagnosis; wondering what's next; do I need to make accommodations in my home; dealing with loss; where can I find new experiences; what can bring me joy; how can I reignite the passion in my life.



CELEBSALON: Nathaniel Keohane, Climate & Energy Specialist

Wednesday, April 12, 6:00–7:00 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Come to this CelebSalon to discuss some of the exciting political and technological changes with promise for strengthening our global climate resilience. Nathaniel Keohane's life work is addressing the world's energy and climate challenges. His love for the environment began at an early age, nurtured by his grandmother, Mary Pieters, a docent at her local state park. His professional path began at the Environmental Defense Fund, where "I was totally won over to environmental advocacy and to the vision of using economic incentives to help solve environmental problems." See online for more information

DINNER SHOW: 17th Street Restaurants and Keegan Theatre

Wednesday, April 12, 6:00–9:00

register by noon on March 29

Location: 1 of 4 restaurants, then Keegan Theatre

Limit: 8 at each restaurant; 4 for theatre only

Join fellow Villagers for dinner and a show at Keegan Theatre, which offers free tickets to the preview performance of each of their shows this season. The next show in the season is the world premiere of *The Wilting Point* by Graziella Jackson. This is a new play about climate and culture, about conflict and connectedness. The restaurant choices are Agora, Annie's, Dupont Italian Kitchen, and Trio Bistro. There are also a limited number of tickets available for theatre only.

DCV Happy Hour

Thursday, April 13, 5:00–7:00 pm

Location: Dawson's Market, 2001 S St NW

RSVP: Register online or contact DCV Office

Those of you who like craft beer—this is your event! Join other Villagers for a special happy hour at Dawson's Market (formerly Glen's). On the menu: \$5 local craft draft beer; \$7 specialty wine by the glass. Try a sampling of Dawson's prepared foods. NOTE: the Outside Grill Area should be open.

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Monthly Calendar

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SUNDAY SOUP SALON:

Eye-Opening Investigative Journalism

Sunday, April 16, 5:00–6:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Data-driven journalism can help pinpoint truths and expose corruption, even without physical access to where it's happening. Using satellite imagery and architectural analysis to expose a network of detention camps in Xinjiang, China, Pulitzer Prize-winning journalist **Alison Killing** shines a light on the world's darkest places, as well as on broader issues of surveillance and migration. Her talk, "How data-driven journalism illuminates patterns of injustice." **Next up: Andrew Marantz**, who writes narrative journalism about politics, the Internet and the way we understand our world. Marantz focuses on how people form beliefs, and under what circumstances those beliefs can change for the better. For a recent book, he embedded with some of the conspiracists, white supremacists and nihilist trolls expert at using social media to advance their corrosive agendas. His timely talk, "Inside the bizarre world of internet trolls and propagandists."

Tour of Library of Congress

Wednesday, April 19, 9:45–1:00 am

Location: Library of Congress, 10 First St SE

RSVP: Register online or contact DCV Office

Join other Villagers on April 19th for a 10:00 am hour-long tour of the Library of Congress. We have arranged for a current docent (a former DC tour guide) to walk us through the 125-year-old Jefferson building to discuss the history of the Library as well as see its amazing murals, mosaics, statuary and architecture. You will get to see the Main Reading Room, the beautiful Great Hall, the Gutenberg Bible and Thomas Jefferson's personal library of nearly 6,500 books. After the tour, you might want to linger to see exhibits dedicated to the Gershwin brothers, photography, U.S. maps and several more. Meet outside the Library entrance no later than 9:45 am for entry. DCV has arranged for timed-entry passes for the group.

DCV Annual Gala

Friday, April 21, 6:00–8:30 pm

Location: American Geophysical Union (AGU), 2000 Florida Ave NW

Cost: tickets are \$125 each (\$75 tax deductible)

RSVP: Register online or contact DCV Office

As we come together for great food, beverages and fun, we hope you experience a feeling of camaraderie and community with fellow DCV and community members



AT LAST. In addition to seats and tables in the main room, there will also be some small tables and some chairs scattered in the lobby and welcome area for those who want to take extra care in masking and social distancing. Masks are suggested for all, and some will be available at check-in.

We will have an online silent auction of destinations for travel, eating, shopping, and more, for your bidding enjoyment. Previews of any objects from the auction will be available at the Gala.

Men's Book Group

Monday, April 24, 11:00 am

Location: DCV Office—enter at 2111 Decatur Pl NW

RSVP: Contact Bob Hirsch at (703) 994-5205 or rmhirsch49@yahoo.com

More info in upcoming Friday e-blasts.

New members are always welcome, and members of the group often have lunch together afterwards.

LIVE AND LEARN:

Decluttering and Downsizing

Monday, April 24, 3:30–5:00 pm

Location: DCV Office and by Zoom

RSVP: Register online or contact DCV Office

Discover what you can do with a lighter living space and a lighter life. DCV's own Joan Rogliano, real estate advisor, speaker, and author; will do an interactive presentation:

The power of Decluttering and Downsizing. This presentation will explore: 5 Tips to Success; How to share, donate or sell your stuff; How to customize your downsizing plan; Life changing actions; and Generational dynamics. Bring your questions to this fun and informative conversation.

Tour of the Italian-American Museum

Tuesday, April 25, 2:00 pm

RSVP: Register online or contact DCV Office

More details will be in upcoming Friday e-blasts

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Monthly Calendar

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Mystery Book Group

Friday, April 28, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

More details will be in upcoming Friday e-blasts

Online Meditation

Mondays & Thursdays, 9:00–9:30 am

Location: Virtual

RSVP: Register online or contact DCV Office

Accessible Mat Yoga

Mondays, 3:30–4:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Chair Yoga

Tuesdays, 10:30–11:30 pm

Location: Virtual

RSVP: Register online or contact DCV Office

Feldenkrais Method—Awareness Through Movement—Chair Lessons

Wednesdays, 11:00–noon

Location: In Person—DCV Office,

enter at 2111 Decatur PI NW

By Zoom if you have mobility issues
requiring you do this remotely

RSVP: Register online or contact DCV Office

Feldenkrais classes—Awareness Through Movement (ATM)—use verbally guided movement explorations comprised of novel combinations of movements and awareness that improve your overall abilities. These classes use slow, mindful movements to achieve powerful effects in terms of strength, flexibility, and holistic integration of body and mind. Unique to the Feldenkrais Method is that these lessons tie directly into functional movements of daily life, such as walking efficiently, safely lifting objects and improving one's dynamic posture and comfort while sitting or standing.

Coffee and Conversation

Thursdays, 10:00–11:00

Location: Emissary Café, 2032 P St NW

RSVP: Register online or contact DCV Office



Mahjongg

Thursdays, 2:00–4:00 pm

Location: hosted live by Margot Polivy

RSVP: Bobbi Milman, rmilman@comcast.net or
(202) 667-0245

Knitting Group

Every Thursday, 4:00 pm

Location: Virtual

RSVP: Sheila Lopez at sheilablopez@gmail.com

Dupont Circle Walking Group

Every Monday, Wednesday, Friday at 8:30 am

Location: meet at the fountain in Dupont Circle

Adams Morgan Walking Group

Every Tuesday, Thursday at 8:00 am

Meet at northwest corner of Kalorama & Columbia that
borders Kalorama Park

Tips & Tricks for the DCV Website

PART 2



Ask Ann

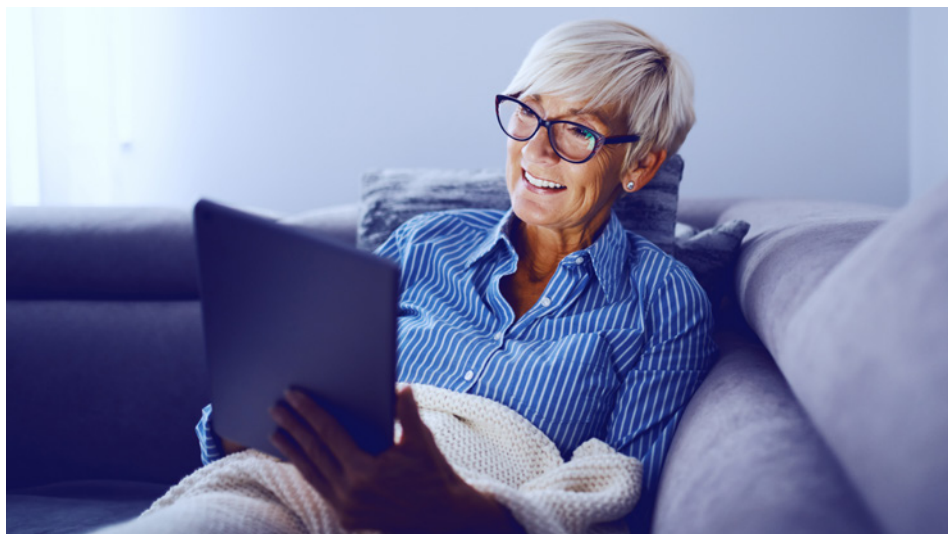
Are you ready to learn how to use another part of our website? What about looking up another member? There are various ways to do that, requiring that you log in, then see the *By Ann Talty* “Members Only” tab on the menu.

- To look up an individual, the fastest way is to select Membership Directory on the drop-down menu. Type in the first name or last name or nickname, and it will show you the profiles of any members who meet that criteria. If you can’t remember the name, but do remember the street, try typing that into the box labelled Address 1.
- If you can’t remember the name or address, make sure the data boxes are clear, and simply click on Search. This will bring up everyone’s profile, and if they have uploaded a photo of themselves, you may be able to find them in this way.
- Note that this data is always up to date, so it’s probably the best way to look up someone who is quite new.

Would you like a complete membership roster? You can see that too, or even print it. One caution: the list is compiled the first of the month, although occasionally a newer version is created mid-month.

- So for a complete list, log in and go to the Members Only tab. Select the first item on the drop-down menu, called “How do I...” The second item on it’s drop-down menu is How to Print a Membership Directory. If you click on that, you will find a PDF file of the full roster—the date it was created is at the top. You can just look at it, or you can then print it (I recommend printing two-sided since it is 15 pages).

Do you want to update your



information, add a photo, see upcoming events for which you are registered, past payments and more? You can always contact the office, or you can explore doing it yourself.

- Log in. Hover over your name in the upper right corner of the site and click on Profile. Guess what? There is even a tutorial on how to use this section! Just click on the icon and watch the video.

Do you and a spouse/partner use the same computer, and have different emails?

- Log in. Hover over your name in the upper right corner—there is an option to Log in as a Different User. This way, you can each have a log-in.

How about looking up an old newsletter? You can get all of them online, and you don’t even have to log in. All you have to do is click on the Library tab, click on Library, you will see a link to a listing of all newsletters, then click on the one you want.

Stay tuned for more hints next month. I will even take requests!



April Birthdays



Happy Birthday to all members celebrating birthdays in April!
Ed Elmendorf, Bob Spiegel, Angela Elkins, Janet McMahon, Audrey Nevitt, David Schwarz, Jane Pierson, Suzanne Charlick, Alice Tetelman, Duffy Campbell, Joele Michaud, Charlotte Holloman Anita Gottlieb, Jan Vandevanter, Barbara Friday, Rose Darby, Dan Leathers, Margot Polivy, Mike Silverstein, Mirella Shannon, Jeanette Barker and Bob Meehan

Lelia (Lee) M. Reed, RN, BSN, MS Gerontologist

Dupont Circle Village is delighted to welcome Lee Reed to our staff. Lee is the new Health Care Navigator. As you can see from her bio, she has the experience and expertise to help our members navigate and interpret health care issues that they are facing. She will be working in coordination with **Barbara Scott**, DCV's social worker, to enhance the health and wellness services DCV offers its members.

Lee is a Registered Nurse with over 40 years of nursing experience. As far back as a young Candy Striper at Freedmen's Hospital in Washington, D.C., she knew she wanted to become a nurse. "When the nurse's entrusted me to pass ice water on my own, I knew then that I could be just as responsible for patients' lives as the wonderful role models that were before me".



Born and raised as a native Washingtonian, Lee developed a passion for working with Older

Adults after completing her Bachelor of Science degree in Nursing from Georgetown University.

Her background includes working in Acute Care (Hospitals) Long-Term Care (Nursing Homes), Assisted Living Communities, Home Health, Adult Day Care, and Hospice. "I wanted to get as much experience as possible working with this very special population".

After receiving a Certificate in Aging from the Odyssey Program at Johns Hopkins University, Lee completed a Master's Degree in Aging and Health from Georgetown University. Over the years, Lee has developed a special interest in studying the relationship between the paid caregiver, and the older adults assigned to their care. In her free time, Lee enjoys reading, gardening, and spending time with true and trusted friends.

Meet Volunteer Kari Cunningham

Originally from Rochester, New York, Kari attended graduate school at the State University of New York at Binghamton, where

she earned a master's degree in political communications. She worked for a communications firm, where she lobbied for non-profit clients to receive funding from the New York State senate. Her employer moved Kari to its DC office, and she has been here since.

Her first decade in DC, she worked on national issues with an emphasis on fundraising and communications. Kari worked with Dupont Circle

Village member, Mike Silverstein, on neighborhood issues through the ANCs. She is currently working on a master's degree in social work with a concentration in gerontology.

Kari met her husband, Sean in DC during a snowstorm! She and a group of girlfriends decided to go out and appreciate the snow (or was Kari really missing the massive snowfalls of Rochester)? They ran into Sean and a group of his friends, and two years later they were married. They lived in Logan Circle, Chinatown, Georgetown, and Shaw, before moving to their current home on 17th and P. They love Dupont Circle



because it is a neighborhood with long-term residents, has a family vibe and people of all ages congregate there.

Sean and Kari have an eleven-year-old

daughter, Aileen and an Australian Labradoodle named Bear. They are currently hosting an exchange student from France.

Explore the Great Outdoors

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educate audiences. For example, one comical post delivered wisdom about encountering bears:

"If you come across a bear, never push a slower friend down...even if you feel the friendship has run its course," the NPS tweeted, following up with a link to bear safety tips.

"What if you're the slower friend?" asked one user.

"Check in on the friendship before you head to the woods," National Park Service quipped back.

The NPS follow up tweet relayed "Seeing a bear in the wild is a special treat for any visitor to a national park. While it is an exciting moment, it is important to remember that bears in national parks are wild and can be dangerous." The NPS shared a link to its page of bear encounter advice, which includes hiking in groups, picking up small children and keeping food away from the animals.

Another reason to follow NPS on Twitter is for their "color forecasting," where they predict the best times to see the colorful foliage and share



other seasonal park palettes.

If you are unable to visit a national park anytime soon but want to see others from around the world, Netflix is presenting a beautiful new five-part series, *Our Great National Parks*, premiering April 13th. This docuseries is narrated and produced by Barack Obama, who has

protected more public lands and water than any other U.S. president. If you've been longing to savor travel sights and sounds in exceptional wild yonder (particularly after two years of pandemic lockdown), then view this inviting unveiling of ravishingly varied landscapes, seascapes, and surprising animal escapades. Enjoy!

DCV Board Adopts Diversity Statement

*By Myrna Peralta,
co-chair,
DCV Diversity Task Force*

Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender

expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.

Over the last year the DCV Board of Directors, working with the DCV Diversity Task Force, embraced the challenge of developing a diversity statement. The statement is our commitment to putting into action our vision of who we want to be as a community. It is our hope and expectation that articulating and

putting into practice this diversity statement will serve us well.

Our diversity statement is the culmination of much discussion and the realization that there is no perfect statement. We listened to each other, we reflected on the import and impact behind the words, engaged in multiple weeks as we sought to capture and reflect members' feedback, and we sought guidance from multiple sources. Moving forward, the statement is both a call-to-action (to be inclusive) and a reminder that respecting the diversity in our community promotes equity and advances social justice.

I Wanted to Eat a Lobster

It's really a raw bar. Oysters and shellfish are their specialty. Brine is among only a few restaurants in Washington that serve whole Maine Lobster. I'm at the point now where cooking them myself is an unbearable process that pulls too hard on my social conscience. I may resolve in the future to forego eating them altogether. I've been eating lobster broiled or steamed since I was a child. I even declared once that lobster was my favorite food. My parents owned a home directly across from the Massachusetts State Lobster Hatchery. I know how to cook live lobster. So when I read that a seafood restaurant specializing in shellfish was opening in the neighborhood, I was ecstatic.

I strolled into Brine-Dupont, the second outpost of a restaurant located in the H Street corridor, alone at 4:15 pm on Thursday afternoon during the first week of their debut in February. They open their door at 4

pm Tuesday through Thursday, and at 5 pm on the weekend. They're closed on Sundays and Mondays. I didn't have a reservation which I don't advise in a place this small. But I've seen that they happily accommodate walk-ins if they're not booked. Timing is key. The place was empty when I arrived, except for one couple and a small cadre of friendly, smiling, and accommodating staffers. The food and beverage service at Brine-Dupont is outstanding.

Judita Doliveira, the very high-energy, experienced and efficient general manager, greeted me like I was a member of her own family. She walked me to a seat in one of their two small dining rooms. The clean, well-lit, uncluttered decor gives the intended impression of being at the seashore. Soft blue green walls are adorned with large water-themed murals, framed photos of fishing schooners, a few painted dinner plates, a net and a buoy. The soft gray floors add to the brightness of

the sea coast atmosphere.

Each dining room has nine two-seater wooden tables, comfortably spaced apart, which can easily be pushed together to accommodate larger groups. It's a totally casual come-as-you-are vibe. In the dimly lit middle area, between the two dining rooms, is a cozy bar that seats three people. It's a dark green marbled space in a walkthrough area that also has three two-seater bar tables with high chairs which sit off discreet entrances to both the restrooms and kitchen. Ernesto, the bartender, is personable and engaging. He told me he had worked at Cafe Milano in Georgetown.

Because it was early I was able to chat with staff who weren't yet too busy.

It was obvious Judita had selected them because they are experienced and adept at dealing with people. On this day, Sergio who appears to do a bit of everything and Carolina my

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RESTAURANT REVIEW

Restaurant Review

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waitress made sure that all my needs were met. Judita, who once worked for Regine at the late Pesce, oversees everything. If it doesn't quite suit you she's prone to making the quick adjustment herself. She's definitely a hostess with the mostess.

The menu is extensive. I already knew what I was having, and I had perused the menu online before I got there. To start, I ate a half dozen oysters on the half shell. A separate menu tells you which East and West coast varieties are available on any given day. My market-priced lobster—the cost varies—was a select size, perfectly steamed, sweet and not too tough or chewy. It was exactly what my taste buds were craving. Small sides of fries and coleslaw accompanied the platter as did the melted butter and lemon.

I always seem to get a drop of

butter on the front of my blouse so I requested a bib. No plastic bib to tie around my neck but they gave me several cloth napkins which worked just as well. Better anyway for the finger food and the environment.

As I was finishing my lobster, I looked up and saw two other Villagers who had stuck their heads in to look around. **Abigail Wiebenson** and **Michaela Buhler** were also curious about this new neighborhood eating establishment. They saw me and decided to sit down with me and have a meal themselves. Both ordered the Low Country, which is a large bowl of assorted steamed shellfish in a very flavorful broth that is served with crusty bread. I wanted to stay and chat, so I opted to cap off my meal with some dessert.

The only offering they had—and the only one they need in my opinion—was a key lime parfait which turned out to be a portion of delicious key lime pie with graham

cracker crust at the bottom served in a parfait glass. I made a mental note that the parfait dessert and a glass of the house champagne by themselves would be reason enough to come back. A happy hour, perhaps.

Abigail and Michaela both seemed to enjoy their shellfish selection. So I ordered a bowl myself the following week. Yum! Around 6 pm, diners started to come in and the sound level in the room we were in went way up. It was not so easy for us to hear one another speak as it had been. We talked briefly about what could be done to reduce the noise, as if the owners would want to modify an already near-perfect setting.

Brine is located on the west side of Connecticut Avenue at the junction of Florida Ave and S Street. It's on the first floor level of the building formerly occupied by the Russia House. Judita told me the upstairs part of the building is now an Air BnB.

Out and About



▲ **Frank Walter** coordinates the DCV friendly caller program. As a thank you for the volunteer callers, Frank held a lovely Wine & Cheese celebration in his condo. Since it was close to St. Paddy's Day, he even provided delicious, home-made Irish soda bread for the occasion.

Out and About



▲ Villagers enjoyed the lovely company, views, and delicious smoked salmon at the social hour hosted by **Lois Berlin** and **Larry Steubing**.



▲ The DCV walking group celebrates Abigail's birthday at Tryst. **Pat Black**, **Nancy Turnbull**, **Abigail Wiebenson**, **Marie Lovenheim**, **Judi Lambart**, **Peggy Long**



▲ The DC Villages were invited to meet with at-large Council Member Anita Bonds recently. CM Bonds is the chairperson of the Committee on Executive Administration and Labor. One of the agencies under her Committee is the Department of Aging and Community Living (DACL), a DC Villages partner/funder. Back row, **John Fanning** (CM Bonds staff), **Eva M. Lucero** (Dupont Circle Village), **Nadia Mercer** (Greater Brookland Intergenerational Village) **Bill Emmet** (Mt. Pleasant Village), **Kathy Pointer** (Kingdom Care Senior Village), **Erica Blanton** (Palisades Village), **Len Bechtel**, (Waterside Village); front row, **Lynn Golub-Rofrano** (Georgetown Village), **Judy Berman** (Capitol Hill Village), **Frank Finamore** (Cleveland Woodley Park Village), **CM Bonds**, **Patricia Clark** (Glover Park Village) and **Brenda Mejia** (East Rock Creek Village).



▲ **Barbara Friday**, **Donna Batcho** and **Karen St John** enjoying a Smithsonian evening at the Dupont Circle Alice Barney Studio, now the embassy of Latvia.



▲ **Donna Batcho** and **Karen St. John** at Across the Pond celebrating St. Paddy's Day.

Out and About



◀ **Jim Chamberlin** sharing photos of the changing seasons throughout the DCV area.



▲ A group of DCVillagers found themselves on the same Air France plane to Paris on their way to Morocco. Despite a massive strike in Paris where 20% of the flights were cancelled, we made it to Charles de Gaulle airport, hoping the baggage handlers aren't on strike and our bags will follow us to Morocco. **Kathy Cardille's** group; **Marie Mathews**, **Peggy Long**, **Nancy Turnbull**, **Chris Hannah**, and **Judi Lambart** headed to Gate K to catch their plane to Marrakesh, and **Carol Galaty** and **Ken Shuck** headed to Gate L on their way to Casablanca.



▲ DCV once again celebrated Pi Day in March. 48 Villagers received a delicious slice of Chocolate Chess Pie, a custard style pie with a crisp browned topping. **Monica Heppel**, once again shared with us her exceptional baking skills (8 pies)!

Out and About



▲ It's always fun to head down to the Tidal Basin at sunrise to view the peaking Cherry Blossoms. Villagers **Charlie Bien, Abigail Wiebenson, Susan Bien, Rebecca Martin, Eva M. Lucero and Sarah Burger** did that on March 23. The next day the Cherry Blossoms had beautifully peaked!



▲ Villagers celebrating St. Paddy's Day at Shenanigans in Adams Morgan. **Joan Treichel, Patricia Black, Karen St. John, Joyce Liberto, Sam Liberto and Olga Hudacek.**



Villagers celebrating their birthdays in March. **Rebecca Martin, Craig Howell, Caroline Mindel, Michael Tanner, Abigail Wiebenson and David DeLeon.**



▲ With 446 acres, 9.5 miles of winding roadways, and numerous walking/hiking trails, the US National Arboretum is a green and grand oasis for escaping the city for a "staycation." Villagers **Caroline Mindel, Lynn Lewis and Lucia Edmonds** every weekend take advantage of this amazing, free treasure, one of DC's largest green spaces.

15-Minute Meal

Minty Fruit Salad

Warm weather is on the way, and with it comes cravings for fresh, bright colors and flavors. This is a very simple, easy, fun, healthy salad.

A pound of fresh fruit (strawberries, blueberries, green and red grapes, Kiwi, mango).

¼ cup fresh orange juice

¼ cup fresh chopped mint leaves

1 tablespoon honey

Chop up the fresh fruit, add orange juice, mint leaves, and honey. Stir and serve.

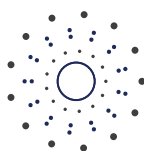
A promotional poster for the Dupont Circle Village In-Person Gala. It features a close-up portrait of a woman with voluminous, curly blonde hair, wearing a dark blue dress and a large earring. The text 'At Last!' is written in a large, white, cursive font across the middle of the image. Below this, the event details are listed in white text on a dark background.

At Last!

DUPONT CIRCLE VILLAGE
In-Person Gala
Escaping the Blues

Friday, April 21 • 6 pm–8:30 pm
AGU—2000 Florida Avenue NW
www.dupontcirclevillage.net

DCV Commitment to Diversity, Equity, and Inclusion: Dupont Circle Village (DCV) is committed to being a diverse, equitable and inclusive organization. We condemn all forms of discrimination in our society. We aim to make our organization one that is open and welcoming to all. We recognize that the human experience comes in all colors, shapes, abilities, economic circumstances, ages, backgrounds, gender expressions and identities, and sexual orientations. We strive to celebrate these differences and recognize how they benefit our community. To this end, we will do what is necessary for us to grow as a community and as individuals who respect and care for one another.



DUPONT CIRCLE VILLAGE
SHATTERING THE STEREOTYPE
ADAMS MORGAN • DUPONT CIRCLE • KALORAMA

Dupont Circle Village
2121 Decatur Place NW
Washington, DC 20008

www.dupontcirclevillage.net
admin@dupontcirclevillage.net

202-436-5252

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