April, 2011 Volume 3 No. 4



# **Dupont Circle Village**

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# Volunteering Can Mean Many Different Things : Ingrid Peterson

When Ingrid Peterson and her husband, Mark Risser, moved to Swann Street four and a half years ago, they looked forward to becoming involved in neighborhood activities. What Ingrid couldn't have known is that Swann Street is also home to Peggy Simpson, DCV president, who is volunteer recruiter extraordinaire.

The two women met while serving as house monitors for the annual DCCA House Tour. Peggy described the Village and what we do to Ingrid, who immediately agreed to serve as a volunteer. Ingrid, a willing recruit, also is involved in numerous other local civic organizations.

Ingrid's volunteering experiences with the Village have turned out to be slightly different from the usual



Ingrid painting a call box last spring.

pattern. Because she is still working fulltime, it is difficult for her to respond to weekday requests and so she has become involved in a variety of other types of Village projects: painting call boxes last spring and serving on the calendar committee. She also is part of the "Girl Friday" team that has been created to assist a sight-impaired member. Her latest Village-related project involves yoga. She and a friend. Sarah Mashburn. who works professionally with seniors, decided to become certified as yoga instructors. They enrolled in a 200-hour training course at Yoga District, which requires them to undertake five hours of teacher training in a community setting. Ingrid knew about the Village's senior yoga class and thought that some Villagers might be willing to participate in their training course. She guessed right and she and Sarah have taught three classes to enthusiastic Villagers.

"I learned a great deal from the first class," Ingrid says. It has helped her to think about balance issues and also to look for ways to modify some classic continued page 2

# We Are Almost There— Sizzling Sidewalk Sale Is April 30

The Sizzling Sidewalk Sale is upon us!

With April 30 around the corner, volunteers are hard at work sorting the many boxes and bags of donations. Heaps of thanks for all who have generously given us housewares, games and books, jewelry and seasonal



clothing, videos, CD's, pet supplies and toys. We also welcome plants. There are always great surprises. So far, it's been the elegant silver that will definitely catch the eyes of discerning buyers.

In case you're not on board yet, it's not too late. Here's what you can do:

◆Spread the word about donating: **April 27 is the deadline and 1916 S Street is the drop-off point.** *continued page 3* 

Dupont Circle Page 2

### **Volunteering: Ingrid Peterson**

continued from page 1 yoga poses. She and Sarah soon will be teaching a class on Tuesday evenings from 7 to 8 pm as part of the Cleveland Park Library volunteer program. Villagers interested in learning more about the class can contact Ingrid at ingrid.r.peterson @gmail.com.

She also has served on the DCCA board and will shortly be stepping down as president of the DC Club, a member unit of the General Federation of Women's Clubs. Under her leadership this past year, the DC Club worked on promoting domestic violence awareness.

Ingrid is a graduate of the Naval Academy and flew on EP3 reconnaissance missions as a navigator. For those unfamiliar with the navy EP3 plane, it is the plane involved in the April 2001 aerial collision with a Chinese aircraft that resulted in an international incident between the United States and China. Ingrid and her husband, who is a helicopter pilot, met as students at the Naval Academy.

She currently is employed at Touchstone Consulting Group and is working on a Base Closure and Realignment Commission (BRAC) project at Fort Belvoir. It's a huge undertaking, involving among other issues, traffic patterns and personnel assignments for 85,000 people who have to be moved by summer.

Although it might seem that Ingrid wouldn't have time to do anything else, she enjoys traveling and recently returned from a week in Mexico. She also is a marathon runner, a hold-over from her days as a cross-country runner, indoors and out, at the Academy.

We are quite fortunate to have such a caring, enthusiastic and talented volunteer as part of our Village.

## **A Village Note Of Appreciation**

Early in the formation of Dupont Circle Village, **Sam Alward** put board members together with Iona Senior Services. It was a great connection. Sam has continued to be an informal adviser and we appreciate our occasional brainstorming sessions with him. Alward is on Iona's advisory board today and, in that capacity, was asked to nominate a volunteer for special recognition at Iona's Gala on May 4. Instead, he decided he wanted to nominate the Dupont Circle Village!

Many thanks, Sam!

# **Monthly Calendar**

#### Monday, April 25

3:30-5 pm: Live & Learn Series: "Don't Be A Victim." Detective First Grade Vincent Tucci will explain how to guard against criminal exploitation. Free to members; \$10 fee for others. Contact Linda Harsh, 202-234-2567 or <a href="mailto:lindajkh@mac.com">lindajkh@mac.com</a> for reservations. (see story page 5).

#### Monday, April 25:

6:30-9 pm. **DCV New Member Dinner:** A get-acquainted dinner for new members at the home of Iris and Irv Molotsky, 1735 T Street, NW.

#### Sunday, April 30 (rain date May 1):

9:30 am-3:30 pm: **Sizzling Sidewalk Sale**, S Street between Connecticut Avenue and 20th Street, NW. (*see story page 1*)

#### Tuesday, May 3:

11am-noon: Docent tour of **History In The Making**: **Renwick Craft Invitational 2011**. The show features the art of four extraordinary artists, ceramicist Cliff Lee, furniture maker Matthias Pliessnig, glass artist Judith Schaechter and silversmith Ubaldo Vitali, who create works of superior craftsmanship with a contemporary aesthetic. RSVP to Judith Neibrief by Friday, April 29 at <a href="mailto:jneibrief@aol.com">jneibrief@aol.com</a>. Put "RENWICK" in the subject line.

#### Thursday, May 5:

6:30-8:30 pm. **Book party for Jane Gross**, author of *A Bittersweet Season: Caring For Your Parents-- And Yourself.* The Mansion on O Street, NW, 2020 O Street, NW. Handicapped accessible. (see story page 7)

#### Wednesday, May 11:

6:30-8:30 pm: **Village mixer** for members and potential members at Peggy Simpson's home, 1719 Swann Street, NW. RSVP to Bernice Hutchinson at bernice@dupontcirclevillage.org.

#### Thursday, May 12:

8-9:15 am. **Join fellow Villager and birder Marcy Logan for a walk** through Montrose Park and behind Dumbarton Oaks, down to Rock Creek Park. RSVP by May 7 to <a href="mailto:jneibrief@aol.com">jneibrief@aol.com</a>. Put "BIRD WALK" in the subject line.

#### Tuesday, May 17: (rain date May 24)

Noon-c.2:30 pm: **Abigail Wiebenson is host to a Village picnic lunch on Sycamore Island**. Fee: \$6 per person. RSVP by May 13 to <a href="mailto:jneibrief@aol.com">jneibrief@aol.com</a>. Put "SYCAMORE" in the subject line.

#### Tuesday, June 7:

11:30 am-12:30 pm: Calder's Portraits: A New Language. Guided tour at the National Portrait Gallery, 8th and G Streets, NW. Tour limited to 20 people. RSVP by June 2 to <a href="mailto:ineibrief@aol.com">ineibrief@aol.com</a>. Put "CALDER" in the subject line.

#### **Sizzling Sidewalk Sale**

continued from page 1

Call <u>202-332-6857</u> to arrange drop-offs or pick-ups if needed. We also have plenty of boxes to distribute to those who need them.

- •Scour your home for donatable items. Almost everyone has "like new" items that are going unused and need a new home.
- ◆Encourage people to mark their calendars for 9:30 am-3:30pm on Saturday, April 30.
- •Volunteer to help: sorting, polishing, putting up signs, selling for a couple of hours on "the day of"; call Judy duBerrier if you can help—202-328-9123.
- \*Consider being a sponsor; these are individuals or businesses that will donate \$100 or \$200 to help defray the costs of the sale; contact Iris Molotsky, 202-328-1121 or <a href="mailto:iris.molotsky@gmail.com">iris.molotsky@gmail.com</a>, who has sponsor contracts. We have three sponsors—including TD Bank on whose sidewalk the sale will be—and would love to get ten.
- ◆Lend us a folding table; contact Judy duBerrier if you can do this.

Above all, pray to the rain gods to give us a golden day on April 30. Just in case, the rain date is May 1. See you at Connecticut and S. It's the place to be!

Abigail Wiebenson, co-chair

#### **Mara's Blog: A Last Tribute**

Many Villagers are familiar with the story of our colleague Carol Galaty's daughter Mara, who died of breast cancer four years ago.

In celebration of Mara's 42nd birthday, Carol is publishing *Mara's Blog* as a fundraiser through the Susan G. Komen For The Cure—Mara Fund.

The publication will be a quality, bound book entitled *Rallying "Round Mara: An Inspirational Blog on Fun, Friendship and Cancer.* If you want a peek beforehand, go to http://maragalaty.blogspot.com.

Anyone who makes a donation of \$50 or more to Susan G. Komen for the Cure—Mara Fund before October 15, 2011 will receive a copy of the blog shipped at no cost as a thank-you from Carol Galaty through Amazon. Send the check to Carol Galaty, 1910 S Street, NW, Washington, DC 20009 and include the address to which it should be mailed. The value of Carol's shipping gift for tax purposes is \$10.

Carol sends thanks to all for celebrating Mara's life and for supporting the fight against breast cancer.

# Paul Williams: Dupont Circle's Chronicler and Community Advocate

by Iris Molotsky
Can you imagine giving
your first walking tour of
Dupont Circle and having
300 people show up?

This happened to Paul Williams, executive director of Historic Dupont Circle Main Streets (HDCMS), when he offered to conduct a tour for Cultural Tours some years ago. "I expected about twenty people," he says, "instead about 300 people showed up and 220 of them stuck with me to the end." He laughs as he thinks about what it must have looked like with all these people crowded onto tiny Corcoran Street.

He currently conducts a tour entitled, "Scandals of DC," in which he covers historic scandals like murders, gunfights, burglaries and explosives. "People think violence is a recent phenomenon," Paul says, "but it goes way back in city history."

Paul, a well-known and respected leader in the Dupont Circle community, wears many hats. In addition to his HDCMS position, Paul founded Kelsey & Associates in 1992, which researches homes and businesses in Washington. Although Paul fell into this business by accident—he lost his job in Frederick and needed to find a way to pay his mortgage — he is wellprepared for it. He has a B.A. in historic preservation from Roger Williams University in Rhode Island and did graduate work in historic

planning at Cornell University.

Much of the research involves houses, but the neighborhoods aren't always what one might expect. For example, many Georgetown homeowners know about their homes, because that area's history is well documented. These days Paul says he is getting many



Paul Williams as historic sleuth requests from Bloomington and LeDroit Park homeowners. Washington is home to many valuable research venues: Washington Archives, the Library of Congress and the Washingtoniana sections of the DC Public Library, to name a few, but sometimes it can be difficult to dig out the information needed.

He is also a prolific author. Images of American: Dupont Circle was written in 2000 and is the first of seven books he penned for a series entitled Neighborhoods of Washington, DC. He hopes to do an additional book on the Kalorama Triangle neighborhood. He also has written books on Washington during the World War II years and Then And Now: continued, page 4

#### **Monthly Feature**

# Village Cooks Want To Know



This month we have a guest columnist, Irv Molotsky, who has some valuable tips about dealing with moldy food.

Green powdery stuff had formed on half a loaf of week-old bread that we hadn't finished. I took that as proof that the Harris-Teeter bakery does not use preservatives, and I also wondered if I could cut off the green and use what remained of the bread.

Or, conversely, was there any value to the green stuff? After all, isn't that how Alexander Fleming discovered penicillin? So I did what I usually do to solve scientific questions: I asked C. Claiborne Ray, who conducts the marvelous Q. & A. column in the science section of *The New York Times* every Tuesday on Page 2.

I wrote:

Dear Answer Lady, Is it safe to eat that green stuff on old bread? Isn't it just penicillin?

Loyal Reader She answered:

I did this years ago, focusing on fruit: Not so safe. Some of it may be penicillin; other kinds may be toxic or allergenic. And the tendrils go through the bread invisibly, so cutting off the green patches isn't enough. Just spring for some new bread....

Possibly worried about my welfare, she

followed that shortly with another note:

The word from USDA: <a href="http://www.fsis.usda.gov//factsheets/molds\_on\_food/">http://www.fsis.usda.gov//factsheets/molds\_on\_food/</a>

Bottom line: hard cheese may be okay, but throw out the bread.

That website is really good. You learn, for example:

# Are Molds Only on the Surface of Food?

No, you only see part of the mold on the surface of food -- gray fur on forgotten bologna, fuzzy green dots on bread, white dust on Cheddar, coin-size velvety circles on fruits, and furry growth on the surface of jellies. When a food shows heavy mold growth, "root" threads have invaded it deeply. In dangerous molds, poisonous substances are often contained in and around these threads. In some cases, toxins may have spread throughout the food.

# Are Any Food Molds Beneficial?

Yes, molds are used to make certain kinds of cheeses and can be on the surface of cheese or be developed internally. Blue-veined cheese such as Roquefort, blue, Gorgonzola and Stilton are created by the introduction of *P. roqueforti* or Penicillium roqueforti spores. Cheeses such as Brie and Camembert have white surface molds. Other cheeses have both an internal and a surface mold. The molds used to manufacture these cheeses are safe to eat.

# **Yoga Tip Of The Month: Good Exercise**

from Judy Silberman, DCV Yoga Master

#### Lesser-Known Benefits Of Exercise



- Exercise triggers immune cells to temporarily circulate and fight infection
- Moderate aerobic exercise like walking can help reduce belly fat, which is linked to diabetes, heart disease and some cancers. (Crunches are less likely to reduce belly fat)
- Stretching has shown to keep limbs flexible and also slow arterial stiffening
- Lack of trunk flexibility may mean rigid arteries, which may be a precursor of heart disease.

#### **Paul Williams**

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Washington DC as well as books on New York State.
Currently, Paul is working on a book on researching house histories.

In 1995 he combined his historic preservation research skills with his writing ability and began writing articles for the *InTowner*. In 2001 he started the feature "Scenes From The Past," for the paper, which looks at buildings and people from the past and today.

Paul, who has been with HDCMS since 2008, notes there have been a number of changes in the Circle during this time. The 17th and 18th Street projects have brought more greenery to this area because of the increase in tree boxes, he says.

#### Did You Know...

There's a new museum in the neighborhood? It's the **Laogai Museum** at 2000 S Street, NW and it's open and welcoming visitors. "Laogai" is a system of forced labor prisons in China and this museum is dedicated to exposing the abuses of that system, both historically and currently. Check out the website: <a href="http://laogaimuseum.org/">http://laogaimuseum.org/</a>



Dupont Circle has a new nonprofit booster?
Spearheaded by ANC
Commissioner Mike
Feldstein, a group of people formed Dupont
Festival for the purposes of organizing and implementing a wide range of outdoor and indoor activities in the greater Dupont Circle area throughout the year.
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#### Live And Learn Series

"Don't Be a Victim," is the subject of the April 25 Live and Learn Seminar.

**Detective First Grade** Vincent Tucci will explain how to guard against criminal expoitation. Detective Tucci is a member of the Metropolitan Police Department and has been assigned to the Criminal **Investigation Department** since 1998. He will be accompanied by Anita LaRue, Assistant United States Attorney, **Community Prosecutor,** Second District.

Scammers like to target seniors. Learn how to avoid being "taken in" at this month's session. Scams against older adults are on the rise and they are accomplished through telephone, electronic means, postal mail and door-to-door contact by savvy professional scam artists. Come and learn how to spot, prevent and report scams. This is an opportunity to build an ongoing dialogue with our guests to help them effectively address your public safety concerns and build community trust.

We will meet at **Bistro Bistro Restaurant**, 1727 Connecticut Avenue, NW from 3:30-5:00 pm. For reservations contact Linda Harsh, 202-234-2567 or <a href="mailto:lindajkh@mac.com">lindajkh@mac.com</a>. No fee for members; \$10 for others.

## Live & Learn Series Calendar

The last Monday of the month from 3:30-5:00 pm.

**April 25**: Don't Be A Victim—Bistro Bistro Restaurant

May 23: Daily Money Management

June 27: End of Life Planning

**July 25:** Women and Heart Disease

Last month's Live and Learn Seminar, **Rightsizing: Dealing With The Clutter In Your Life,** was led by **Flavia Clampos** of Soothing Spaces.

"Dealing with clutter is just a matter of organization," Clampos told the 13 Villagers and eight visitors assembled to learn how to manage their environment.

Here are her five steps to organizing a room:

- Sort things by category. Label boxes: to recycle, to sell, to donate, to trash and to take to another space.
- *Purge*. Do you really need it? Don't live in the past. Save only the best.
- ◆ *Plan the space*. Do you need to add shelving, furniture?
- ◆ *Proper containers*. Measure the space and get the right containers.
- ◆ *Maintenance*. Organization is a life-long program.

Marilyn Newton reports that she and Linda Harsch went home and started cleaning out their cupboards.



# From The President

**Peggy Simpson** 

I get a lot of questions from other villages about how we get members. Some of these people are from startup villages and want to get it right. Others are from villages where they're struggling to recruit people and they want to know how we do it.

By April 11, we had 111 members, up 40 percent from a year ago. Cause for celebration, and good progress toward our 2009 startup goal of 150 for financial stability.

We don't have any single magic bullet, however. We do a lot of things to make this happen. And all of you villagers have helped us.

We've created a vibrant new community within the Dupont Circle neighborhood. More nonprofit groups and business owners know who we are. Villagers who have lived here for decades meet interesting new people. We offer a rich mix of programs and villagers pick and choose among monthly lunches and dinners to museum tours to Live & Learn seminars and the newly minted Sunday Soup Salons.

Part of the connecting comes from small groups. This includes talking to people at one-time social events but also from regularly scheduled monthly programs.

We also work together on

fundraisers such as the 2011 calendar, the silent auction and now the Sizzling Sidewalk Sale. I hear that a dozen or more villagers had a riotous time polishing silver and pricing jewelry for the sale recently.

We also help folks with needs large and small, sometimes in finding a feefor-service roofer or electrician, or sometimes in linking members with a Village volunteer to help with computer problems or to drive them to a doctor's appointment.

But really, our secret in getting new members lies in the word-of-mouth promotion by villagers. This includes bringing friends and neighbors with them to events. At our recent Spring Fling, Gary Laden brought two neighbors, John and Deborah Taylor – and they joined two days later. Gene Calvert invited Barbara Reck to Carol Galaty's seder and she, too joined.

Our April 4 Spring Fling was not just a mixer. Board members wore those crazy bunny ears for a reason! We wanted members to be able to identify us, to learn what their committees do and to know what's needed now. The goal is to get more members involved in running this village! And it worked. We got 10 new volunteers to help with specific programs like becoming part of our medical-advocacy team and the "friendly visit" task force.

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## **New DCV Volunteer Program**

As the Village matures, we pass many milestones that mark change. The new volunteer program, to be unveiled shortly, is one of these. It comes at a time when Village membership is growing steadily and requests for volunteer assistance are up signifycantly. Volunteer requests are coming in at a rate of five to ten percent more than last year at this time.

The Dupont Circle Village Board of Directors is making great strides to move the Village to new heights with more standardized practices, routines and structure. "It's time to initiate a new volunteer program that is responsive to increasing member needs," said Peggy Simpson, DCV president. "Fulfilling volunteer requests is an important role of the Village," she added. DCV executive director Bernice Hutchinson has logged in quality time researching state of the art Village

volunteer programs across the nation and reviewing literature to create the new system. "I think our members will be excited and pleased to use the new process and benefit from getting immediate results," said Simpson, adding "an efficient and effective system is what every member deserves."

Look for a fresh face, as well as a new infrastructure for the volunteer program. Members will have a new and easy process to make requests and monitor the status of requests. Volunteers will take part in a new educational training series. Efforts are currently underway to recruit a part-time Volunteer Program Assistant to support the operations and management of the program. Look for a summer launch. In the meantime. please continue to make your requests for a volunteer to bernice@ dupontcirclevillage.org

The board recently agreed to restructure our recruitment and new-member events. We'll hold membership recruitment events every other month, providing a sit-down opportunity for potential members to ask questions and to meet executive director **Bernice Hutchinson.** Our next recruitment event will be Wednesday, May 11 at my house.

We'll welcome new members with a dinner every other month, giving them a chance to meet each other as well as board members and Bernice and to learn ways they can get involved. **Iris and Irv Molotsky** will host the next one on Monday, April 25

Peggy Simpson, DCV president

**Dupont Circle Village** 9 Dupont Circle Washington, DC 20036

Web:

www.dupontcirclevillage.org
Email: contact@
dupontcirclevillage.org
202-436-5252

**Executive Board** 

Peg Simpson, president Nancy Hartsock, vice president Abigail Wiebenson, secretary Alaire Rieffel, treasurer Brad Edwards Curtis Farrar Iris Molotsky Marilyn Newton Judith Neibrief

Executive Director
Bernice Hutchinson

# AARP Magazine Features Villages

The May-June issue of AARP's *The Magazine* has a lengthy article on the village movement. It's the most comprehensive explanation yet and the title says it all: "The Real Social Network: It's Not Only a Neighborhood—It's a Village." Our own Bernice Hutchinson is quoted in it, noting that living in an intergenerational community with disparate incomes brings bonuses and "at the end of the day, what everyone wants is connectedness." Exactly. Here's the link: http://pubs.aarp.org/aarptm/ 20110506 PR?Folio=60# article id=62065

# From The President

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Another part of our success is to value our members. That's why we restrict some events to members only.

Only Villagers can request services from our volunteers or from **Bernice Hutchinson**. And, of course, we encourage members to bring their friends and neighbors to our mixers, to see why we're a vibrant village!

#### Did You Know...

continued from page 4 Dupont Festival's first event took place on April 17, when it ushered in spring with an official turning on of the Dupont Circle Fountain. Visit the website for more events: www.dupontfestival.org/

After you've dropped by our Sizzling Sidewalk Sale, stroll over to Logan Circle for a "Stoop Sale" on the 1300 block of Vermont Avenue, NW., which runs from 10 am to 2 pm. Donors bring your for-sale items, your own table and a chair if you wish to sit, and some cash to help defray the cost of publicity (\$15 suggested). No need for reservations, just show up, rain or shine. The sale is sponsored by the Logan Circle Citizens Association: contact Frank Mobilio.

frank.mobilio@verizon.net

# **Book Party For Author Jane Gross**A Look At Caring For An Aging Parent and Our National Health Care System

Jane Gross, the *New York Times* reporter who wrote the 2007 front-page story that put the village movement on the map, is coming to Washington to address a joint gathering of three local villages.

Dupont Circle Village, Palisades Village and Northwest Neighbors Village are co-sponsoring a "Village" book party for Gross on Thursday, May 5 at the Mansion on O Street.

Gross' latest book, A
Bittersweet Season:
Caring For Our Aging
Parents—And Ourselves,
is the intimate story of

The nation's growing aging population has pushed these issues to the forefront of the national debate and is a prime motivator for the upsurge in Village formation.

Her astute assessment of the national health care system is particularly timely in light of current budget battles.

Gross will answer questions following her presentation and will sign copies of her book, which will be available at the meeting.

The mansion on O Street is an American luxury boutique hotel in the

Join Us Thursday, May 5

Time: 6:30 to 8:30 pm

Place: The Mansion on O Street: 2020 O Street, NW

The Mansion is handicapped accessible

Food: Nibbles and soft-drinks; cash bar

RSVP Requested: bernice@dupontcirclevillage.org

how she cared for her aged and ailing mother and offers practical, essential advice on virtually every aspect of elder care.

Drawing on her own experiences, she provides down-to-earth tips on handling common but perplexing situations faced by many children and aging parents. She give precise recommendations about how to deal with Medicare and what questions to ask if considering a move to an assisted-living facility.

Dupont Circle historic district. The building was designed in 1892 by Architect of the Capitol, Edward Clark, as a cluster of three row houses for himself and his family.

We would like to thank H.H. Leonards-Spero, founder of The Mansion on O Street, for generously providing the space and snacks for the evening. We also thank HouseWorks, which is a sponsor for the event.

# **Tech Topics: Changes Underway**

Expanding News of Events
Table chatter at last
month's Village lunch
about how some people
know of interesting events
in our neighborhood led to
a notion: Why not provide
a page of links on DCV's
website that would help
spread the word?

The DCV website now includes an initial stab at providing such a source. To find it click on "links" in the home page heading; then scroll down to the bottom, where you will find "What Else Is Going On In DC? And a "Sources of Information" link. We would like to upgrade this page and seek your help.

Please review the existing webpage and give us suggestions for additional items by sending the information to Judith Neibrief at <a href="mailto:jneibrief@aol.com">jneibrief@aol.com</a>. Please include the source and a one-liner description as well as the category into

which it falls. The focus will be on organizations other than museums in the greater Dupont Circle area. DCV plans to update the listing periodically.



Pardon The Inconvenience
You might not know it, but
a team of eager technowizards is currently
working behind the scenes
designing a dynamic new
website for the Village. The
new DCV website will be
worth the wait! Here's what
you can expect:

- View and Manage your own individual membership profiles, including changing your email address and other personal information at your convenience.
- follow our *Live and Learn Series* with uploaded articles and handouts from events
- Use the all new and easy to read interactive calendar of events.



Our Passover Seder was wonderful for many reasons, but if I had to choose one reason, it has to be the celebrating of Freedom as something profound and

sacred with others. I don't think I've ever celebrated freedom this way before: this harking back, not simply to "remember," but to "join the multitude" and maintain the energy, going forward. We surged inside something special together. So I didn't just "learn about a ritual" I'd never done before, I experienced it. In truth, I feel the energy now. I had no idea. . . . I want to do it again. *Kirk Perrow on attending the Village Seder at the Galaty-Hill home*.